

# the Daglightale

at least it's so cold  
that your tears freeze  
before they hit your  
study notes!

Vol II, Issue VI ~ Feb. 5, 2018



Ceri Hughes/The Daglightale

Despite the cold (and all the stress from another 3-week term), campus has been quite a bumpin' place over the past few weeks. From art displays in the forum to fun event nights to awesome fundraising initiatives, the students, staff and faculty have brought excitement and warmth to a month that is usually dreary and frigid. You go, Augustana! Check out pg. 6 for more details...

## PRIDE for ALL <3 PRIDE Week 2018!

Sammy Lowe  
Co-Editor

Well amigos, it's almost that FABULOUS time of year again! Thanks to the tireless efforts of the ASA, the Camrose Pride Community, and the Augustana Pride Committee, Augustana will be celebrating PRIDE week from February 25 to March 2.

This week will serve as a celebration for everybody (and every body) to come together and rejoice in what makes us all unique, as well as ties that unite us. Whether you are a member of the LGBTQ2S+ community, a dedicated ally, or totally new to PRIDE week, we invite you with open arms!

This week will play host to many exciting and inclusive events, including a keynote speech by NDP MLA Estefania Cortes-Vargas and a visit from Augustana's favourite sex lady! To top it all off, we will be ending the week with the 3rd annual *So You Think You Can Drag* show and competition on Friday Mar 2nd at the Bailey. So, polish those stilettos, slap on the fake beard, and practice your best tucks, and come join us for fun, prizes and more!

If you have any questions about PRIDE week or would like to sign up to perform at SYTYCD, feel free to email me at [salowe@ualberta.ca](mailto:salowe@ualberta.ca). Stay fabulous, amigos!

**Sunday Feb 25**  
**Glam Fun**  
2:00 - 4:00 PM  
House of Hair Design

**Monday Feb 26**  
**KickOff Keynote**  
w/ M.A. Estefania Cortes-Vargas  
7:00 PM  
Augustana Village Reg. Room

**Tuesday Feb 27**  
**2 Truths and a Myth**  
with Tracy Burrell  
& April Stewart Health Consultant  
1:00 PM  
Camrose Public Library

**Wednesday Feb 28**  
**Are you smarter than the Sex Lady?**  
Tracy Burrell  
AHS Sexual Health Consultant  
10:00 - 2:00 PM  
Augustana Forum

**Thursday March 1**  
**espressOUT**  
1900

**Friday March 2**  
**So You Think You Can Drag**  
7:00 PM  
Bailey

Alex Ho/Special to The Daglightale

Come out and celebrate PRIDE week with all of these great events and more, including the *So You Think You Can Drag* show and competition Friday Mar 2 at the Bailey (doors open at 7pm)! Absolutely every body welcome!

### Editorial

An unsatisfied  
Amber takes  
matters into her  
own hands!  
Pg. 2

### Spotlight

Want to enjoy a book but don't feel  
like more reading? No fear! Come to  
the Augustana Human Library and  
check out a human "book".  
Pg. 4

### Familiar Faces

Find out how your  
fellow students are  
doing this term.  
Pg. 5

### Camrose Happenings

Jesus Christ Superstar,  
Date me for a Cause,  
and more!  
Pg. 8

Feb. 5, 2018

## Meet the Team!

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## Overheard in the Newsroom:

"Ah, yes. February. That time of the year when most of our New Year's resolutions have been tossed by the wayside, the weather outside is more frightful than delightful and the idea of Valentine's Day creeping up is more haunting than anything Halloween can offer you."

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provides a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors (be) Stalkin'

## Words of Editorial Wisdom - In Two Parts



**Sammy Lowe**  
Co-Editor

Lately, there seems to be some debate concerning proper techniques for effective hand-washing (e.g. hot versus cold water, types of soaps, etc.). As someone who both loves and fears the myriad of microbes in our environment, I want to scrub away the misconceptions and lather up with some true facts (I'm sorry—I'm trying to be funny, but I'm

still wrecked from the 3-week term...so prepare yourselves, because just like my future, it's only downhill from here).

There has been some debate as to the optimal temperature for hand-washing. Should we be using warm water to clean our hands, or is cold water sufficient?

The short answer is, it really doesn't matter.

Many studies by the CDC suggest no significant difference between scrubbing with cold versus warm water. You would only start to see a difference if you used boiling water, which is hot enough to kill most microbes on your hands.

However, you would also be removing important skin layers courtesy of some nasty second-degree burns (but hey, I'll take any feeling I can get during these cold, dead, barren winter months).

In fact, washing your hands isn't really about killing the germs at all, but rather removing them from your skin. Most hand soaps act mainly to emulsify or "glob up" foreign matter and wash it away. In many ways, soap that doesn't contain antimicrobial agents (triclosan is a big one, right first year bio students?) is preferable, as it won't contribute to the growing threat of antimicrobial

resistance.

Ultimately, it's the intensity with which you scrub that really makes a difference.

So, the next time you wash your hands (which should be soon, considering how many times you touch your face every hour with your disgusting germ hands), a good hearty scrub with some plain soap will get the job done.

Unfortunately, if you happen to be one of the people that poop and then sneak out past me in the washroom without washing your hands, I really don't know how to help you. May the Gods have mercy on your soul.



**Amielle Christopherson**  
Co-Editor

If you ever want to see me go on a long winding tangent where I get overheated about the subject, ask me how I feel about

bilingualism. For an extra half hour of thoughts and feelings, ask me how I feel about learning French in Canada and then be prepared to sit back and listen as I show off the presentation I've perfected over the last few years.

While I'm by no means perfectly fluent in either of the two other languages I speak, there is something very satisfying about being about to speak, understand, read, and

(kind of) write in another language.

These Strong Feelings™ are around all the time, but more so now that I'm currently spending seven hours a week in a French environment. I mean, yes, afterwards I don't do well at communicating in any language, but that feeling of accomplishment and of seeing my understanding and vocabulary (in both languages) grow is mostly worth it.

I've spoken to a lot of people who tend to drop a language class after 101 or 102 and I get it: the workload is a lot and it can be frustrating learning a new vocabulary and grammar rules. However, once you get past that, there's an entire world to discover. And double the number of terrible puns to make, which should be enough to convince anyone to stick it out.

(No? Just me?)

## Ask Amber

### Your sassy, satirical self-help guru



Dear Amber,

So, normally you hear from people who are trying to avoid being pressured for nudes, but I have the opposite problem. I have been taking some fire ass nudes lately because I'm in a new relationship and he doesn't ASK for nudes and I'm not sure if I should just send them or not. Looking for advice.

Signed,  
FireNudes

Dear FireNudes,

If men can send unsolicited dick pics, why can't women? If you're in a relationship he probably digs your naked bod, so I say go for it. If he's gonna be a wuss about it you can send them my way, hmu on snapchat

@askamber69.

But actually, ask him if he wants them first. Rent a hot air balloon and go on a romantic ride and then tell him you have a surprise for him. When you get high enough tell him to turn around, and there in the snow should be written, "Do you want nudes?" Romance.

Love,  
Amber

Dear Amber,  
My sign is Cancer and I am interested in being friends with benefits with someone because I am not ready to be in a committed relationship yet. Is it possible to be FWB without catching feelings?

Signed,  
Cancer

Dear Cancer,

First of all you're a Cancer, so I wouldn't even worry about someone falling for you. Second of all, unless these benefits include monthly deposits in your bank account and pizza on Friday nights, men offer zero benefits outside of a relationship. Third of all, it absolutely is possible not to catch feelings during sex. Start by emotionally distancing yourself from friends and family, allow yourself to let winter depression take over, and start eating too much sugar and really let yourself go. If you hate yourself how can you expect to like anyone else, including FWB?

Love/Hate,  
Amber

# Making the Invisible, Visible - Queer Dating

Natalia McGill  
Sex and Diversity

I noticed something happening at formal this year. Queer single people got excited about these rainbow roses someone was giving out, so that they could make themselves visible in a predominantly straight space.

Now, anyone who came with their partner was already made visible, but being single and being queer is difficult since the presumed sexuality is always straight (not for me, you are assumed queer until proven otherwise friends).

So how do we go about this? Making this invisible visible? So we are obviously talking about some stereotypes, fashion choices, body modification choices, etcetera. Way back at the beginning of the year, there was a large group of us who got together and we ended up discussing some of these things when the topic of "how to tell if someone is queer" came up. Whether we like it or not, some #gayculture b.s. came to the surface about "short nails, undercuts, side shaves, plaid, converse sneakers, short

hair" and a whole list of other things that, if combined in a certain way, meant a woman was definitely gay.

We talked about men and their demeanor, their voice, the cuts of their cardigans, the amount of shoes they own, and so on and so forth. Certain aspects of their appearance meant they were into the same sex.

On one hand, it's so ridiculous that we use these clues to assume someone's sexuality because literally everyone single person is different. On the other hand, it's nice to have indicators to make meeting other queer people easier.

Except if you limit yourself to these "queer identifiers" then you miss, like, half the queer community. Yes, I'm talking about your masculine gay/bi men and your feminine gay/bi women. It's difficult for you, it's just as difficult for them.

Holy dating apps, that's the only clue that can be given to the world without wearing rainbow t-shirts every day and getting gay tattoos (but again, fashion and body modification).

So how can we make the invisible more visible without changing who we are? After perusing the internet including Reddit, YouTube and Tumblr, according to everyone the only way to be visibly gay is to subscribe to queer related fashion and body modification. This included dressing "sporty chic", "getting a symbolic tattoo", "wearing a feather earring", "having a lot queer-related pins on your clothes or bag", "wearing gay clothes (whatever that means) and a variety of other hot tips that included haircuts and hair dye.

So just, like, change exactly who you are, just do it, right? Ugh...

My vote? Do what I do; assume everyone is queer unless they say otherwise. Don't do this in a space where you obviously feel unsafe or unwelcomed, but don't be afraid to flirt with whoever you think is cute, especially at this school. If you get rejected, then so what? You live another day, and chances are you'll make a new friend in the process even if you don't meet a new SO!

## Daaaamn Degree! How to make it Werk!

Amielle Christopherson  
Co-Editor

One of the most difficult questions students often face while they're completing their studies is, "So, what are you going to do after you graduate?" Some students have tentative plans, some have the next 10 years carefully mapped out, and some have no idea where to start.

Luckily, the ASA hosted an AfterU session specifically geared towards helping students figure out what it is they may want to do after they graduate.

**Check out the resources UAlberta offers.** The University of Alberta has several links for information on what to do with any degree. Check out: [www.ualberta.ca/career-centre/resources/](http://www.ualberta.ca/career-centre/resources/) what-can-i-do-with-my-degree for information, links, and options on what may be available to you. They've also got full Google Docs available with a plethora of jobs suited to every kind of

degree, with links and information for ideas about what may interest you if you're not sure where you'd like to go. Check them out: [www.ualberta.ca/career-centre/resources/publications](http://www.ualberta.ca/career-centre/resources/publications)

**Look into U of A's Job Postings.** Check out the U of A's Job Opportunities links to see what positions may be available for part-and-full-time work that applies directly to your degree. It'll help put your degree to work and what opportunities you can look forward to.

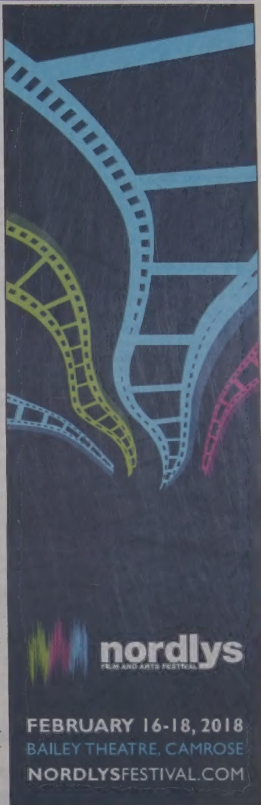
**Look into ALIS.** ALIS Alberta provides a look at what jobs are currently trending, what their salaries are, what benefits are available, etc. It's a good place to get ideas about what might be available to get started. Check it out: [www.alis.alberta.ca](http://www.alis.alberta.ca)

**Talk to people in the field you're interested in.** The suggestion was that you seek out someone in the field or position you have an interest in and ask if they would

be willing to talk to you for half an hour or so. Ask them specific questions about what their job entails, what some of the unexpected aspects were, what a day-in-the-life looks like. Get information you can't readily find on the internet so you can get an accurate feel about if it's something you'd be interested in pursuing.

**Keep your connections.** Once you seek people out and talk to them, don't just forget about them. Find ways to keep connected, whether through social media, connecting on LinkedIn, or the occasional email update. Having people you can reach out to will make moving into a career easier to do.

**Don't sweat it.** If you're actively doing things you enjoy and taking opportunities available to you and you're still a little uncertain, don't forget that life is full of untold opportunities that will be available to you. Sometimes you just have to wait for that, "Aha!" moment.



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## Valentine's Day Tip:

Flowers and chocolates don't last forever. Neither do relationships. Nothing is permanent. Only the void.



# Spotlight



## Check Out That Guy! - The Human Library

Isabell Stamm  
Staff Writer

The Augustana Library is encouraging students to "check out" other people, and it's not even weird! Coming up on February 5, the Augustana Library is hosting their 19th Human Library. Now, you ask, why should you go?

According to Nancy Goebel, head librarian at the Augustana Library, it is a great way to learn from people about very significant life struggles that they have had. They have lived through prejudice and discrimination and we should hear their stories to develop some empathy towards others in our world. We are at a point in society where there is so much conflict due to a lack of human understanding so if we take this opportunity to learn from each other and hear each other's stories without judgement, we would be better for it.

Some books to look forward to this time around include: I was a Hungry Billionaire, Infidel in the Community, Scary on the Outside, and Memoirs of an Emptied Brain, with many others as well.

For the newbie to Human Libraries, here is a breakdown of how it works. There are three times you can "check out" a human book. At 6:00pm, 7:00pm, and 8:00pm, people can gather at the front of the library to check out a book where each "read" lasts 50 minutes.

Writer's Tip: be on time.

Latecomers will not be allowed into the "reads" and people cannot pop back and forth, out of respect for the human books.

You arrange into small groups with the book you want and then are designated to a room in the library. This way multiple people can listen in to hear the stories and be a part of the conversation. Once you check out a human book, you sit and listen to their story, and maybe even ask some questions. Gain some knowledge. Just soak it in and really put yourself in their shoes to let it impact you.

And lastly, please come with an open heart and mind. These human books are real people who just want to tell their story, so your job is to listen and learn from them. If you can't find anything that interests you or you have some ideas, the Library is open to other topics for upcoming Human Libraries so suggest a topic near and dear to you. Whether that is a life experience you or others have had, or just something that interests you, they will take it into consideration and try to find someone to speak to that.

Next fall is the milestone 20th Human Library at Augustana. Planning is already underway for that event, so if you cannot make it to the Human Library this semester, be sure to check it out next time!

### augustana human library

February 5, 2018

at HUMAN LIBRARY

Continued from Wednesday, January 31, 2018 - 9:00 am



Monday, February 5, 2018

Note:  
Each "read" lasts  
50 minutes.  
You may "check  
out" one human  
book per hour.

- 6:00 - 6:50
- I was a hungry billionaire
  - Infidel in the community
  - Memoirs of an emptied brain
  - My child is disabled?!!

- 7:00 - 7:50
- Firefighter/Ballerina
  - Infidel in the community
  - It's fine (it's not)
  - Memoirs of an emptied brain
  - Poor like me

- 8:00 - 8:50
- (1825 days)
  - Like father, like son: Learning to be myself
  - Scary on the outside

Augustana Library/Special to The Daglightale

A list of titles for the variety of human books that can be "checked out" on Monday, Feb 5th. Take an evening to hear some very personal and often moving stories, and connect with your "book" in a way that goes beyond a normal trip to the library. Augustana, its time to get LIT(erary)!

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# Putting Our Heads in the Clouds

Crystal Rosene  
Cosmic Corner

Last semester, fellow physics student Ceri Hughes and myself were able to channel our inner Bill Nye by constructing a table-top size Wilson Cloud Chamber for some at-home (well, in-lab) subatomic particle detection. As part of the additional project for our Particle Physics Directed Reading, we were set with this task of building a working apparatus for our SAC presentation.

The method that we were following was advertised as a really cool science experiment that you could complete in your own living room! How appealing does that sound? One afternoon, and we can leisurely sit and watch atmospheric subatomic particles leave little tracks in an adorable homemade cloud chamber? Yes, please!

However, as Ceri and I

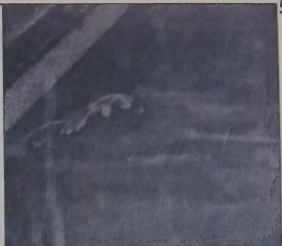
quickly discovered, it really is not a living room-friendly experiment. Nor is it likely to be perfected in an afternoon...

For this experiment to work, we required an air tight clear container (to contain the clouds that form), some ultra-pure isopropyl alcohol (we used 100%, although we speculate a slightly lower percentage would work as well), some dry ice to cool the interior of the container, and a flashlight to view it all. We glued felt to the top of our clear container, and soaked it with alcohol. We then set the entire apparatus on top of a metal base, on top of dry ice, turned off the lights, and waited with our flashlights poised and ready. After several tries, and a marathon worth of troubleshooting, we were finally seeing tracks!

So what is really happening inside this magical

box of mysterious subatomic physics? The fundamental idea behind this cloud chamber is the creation of an intense temperature gradient from the bottom of the container (where the dry ice is) to the top of the container (where the ~ room temperature alcohol is). Alcohol evaporates quickly, and begins to fall towards the container's bottom, but falling through the temperature gradient makes it want to re-condense. As a result, a super-saturated cloud is formed at the very bottom of the container.

Now, enter: particles. When particles from the atmosphere (or elsewhere) zip through the chamber, they encounter molecules in the cloud, and can "knock off" electrons. This leaves a trail of ionized molecules through the cloud wherever the subatomic particles went. The supersaturated cloud



Crystal Rosene/Special to the Dagbladet

The curly line in the left middle of the photo above is the track of an electron or positron. The right half of the photo is the vapour from the cloud.

molecules are attracted to the trail of ions, which leaves a distinct track through the cloud. This is the same idea behind the formation of jet contrails.

The tracks we viewed came in many different varieties: long, thick, straight lines of protons; zig-zagged or curly lines from electrons (being manipulated by Earth's magnetic field);

long, thin, straight lines from muons; potentially even some right-angled tracks that could indicate weak muon decay. These can be hard to distinguish, so it is difficult to identify all tracks with certainty. Despite some setbacks, the experiment was successful. The following picture illustrates what a track looks like in our chamber!



"My last 3-week course was way easier compared to the fall one. I think they should balance them out."

- Philippe Nandon



"I wish they'd make events more accessible the off-campus students. Having stuff for them more visible. I know there are suppers for the students, but I never see or hear about any of them."

- Kylee Brad



"I might be in the minority that actually likes 3/11, probably because I'm a first year. It helped me ease into university."

- Leah Wilkins

## What feedback do you want to give on anything happening at Augustana?

Nathalie Hewa Dewaje  
Staff Writer

"I liked World History as a three week course and I think the other professors should take notes from Daniel Sims on how to run a three week."

- Aurora Tupechka



"I think it's great how they've diversified events around the campus. There are more options around campus and more things to do."

- Liliane Thiessen

# Campus Shenanigans!



Ceri Hughes/The Dagligtale



What a hottie!



			9				
3	1	9		6		8	7
	8			4		1	
		4					2
	9					6	
1					3		
	7		3				9
5	3	1		4		2	8
				5			

Clockwise from top left: Carston Mündel and Randal Nickel serve pancakes during the Blue Monday pancake breakfast in the cafeteria Jan. 15.

Student artwork has been on display periodically in the forum over the semester as the art students complete their portfolios.

The ASA hosted a Casino Night Jan. 25. Students came out to play blackjack, poker, and many other games, listen to music, and eat at the ASA provided buffet.

# Procrastination Station

## ♄ ♃ ♅ ♄ ♅ ♄ ♄ Campus Horoscopes ♄ ♄ ♄ ♄ ♄

In the literary style of a tumblr gothic.

### Aquarius (Jan 21 - Feb 19)

You've cleaned your glasses six times with your shirt and twice with the \$16.00 specialty cleaning cloth your optometrist made you buy and the lenses are still disgusting. Finally you maneuver your fingers in such a way that you can at least see now. It's two minutes later, your glasses are falling down your nose. You push them up. Your finger smudges the glass.

### Pisces (Feb 20 - Mar 20)

You're hungry. You open the cupboard: nothing to eat. You open the fridge: nothing to eat. You open the freezer: nothing to eat. You repeat this process four times before checking your bank account. You have \$4.76. You open your fridge again, suddenly the \$63.29 worth of groceries you bought two days ago appears. You close the fridge and go to bed.

### Aries (Mar 21 - Apr 20)

"New Year, New Me," you finish typing into your instagram caption. You take one last look at the low light selfie you took at the gym and smirk knowingly before reaching over to grab your fifth slice of pizza.

### Taurus (Apr 21 - May 21)

This is ninth time you've checked your phone. Why aren't they texting you? Why do they hate you? Did they

die? It's been 13 minutes, they usually reply in under four minutes. "Breathe," you tell yourself. Your phone buzzes, you nearly throw it across the room picking it up. It's a Words with Friends notification.

### Gemini (May 22 - June 21)

It's the second day of class in the third week, "Yes," you think, "no homework." You blink. It's the next day. You have six assignments due. You did none of them

### Cancer (June 22 - July 23)

You stare blankly at the person talking to you. You have asked "What?" twice already and to do so again would surely cause the roof to cave in resulting in the death of everyone sitting at Monica's Cafe. The destruction would be so hor-oh shoot, why are they looking at me weird?. "Sorry, what?" Ah shit.

### Leo (July 24 - Aug 23)

"I will remember this," you tell yourself. It's six days later. At least you remembered at some point? A new day, a new thing to remember. This time you write it down on a sticky note and put it on your fridge. You forget to eat. Next time you'll put it in your phone, and you'll stare at the notification every time you unlock it

and you will still forget.

### Virgo (Aug 24 - Sep 23)

You're late for class. You're like 15 minutes late so now there's no point in going, plus if you walk in late they'll all judge you. You miss class. It's the next day, you wake up early to get to class. You get to the door and turn around because everyone knows you skipped and you don't want to draw attention to yourself. You miss class again. At this point you're now missing homework and notes and going means you have to deal with the stress of getting notes and figuring out your homework. You miss class again. It's the end of the semester now, and you haven't been to class since the third day. You drop the class.

### Libra (Sep 24 - Oct 23)

"Why does nobody talk to me?" you complain to your empty bedroom. It's 2 a.m., this is the twelfth day in a row you've been home so late, you have to be up at 6 a.m.. You check your phone: 36 unread messages and 7 missed calls. Oh.

### Scorpio (Oct 24 - Nov 22)

It's 2018. You're out shopping, it's night time and the store is quiet. The music over the echoey speaker changes and

as you're about to pick up the carton of eggs that you definitely will not let expire this time, the first note hits you. Suddenly you're 16 and you're in your best friends car and it's raining and you're crying so hard you can't breathe and your face is burning and it stings. You slam yourself back to into reality, you look down at the eggs you dropped. Your face burns.

### Sagittarius (Nov 23 - Dec 21)

You're at the gym. You're finally going to make that new year resolution real. You go put your headphones in, they don't fit. You check, left ear goes to left, right ear goes to right. They stay in for 47 seconds. You check again, they're switched. You turn them the right way, left to left and right to right. They stay in for 24 seconds. Does this count as cardio?

### Capricorn (Dec 22 - Jan 20)

You're going to get stuff done this week. Today. Today is the day. You move from your living room to your room to grab all your homework, but as soon as you enter your room you forget what you went in there for. You see your iPad, you grab it. You open YouTube. Three hours later you remember what you were supposed to do, you go into your room. You forget why you went in there.

Lick Here  
An Original  
"Ayla Is Awesome Cartoon"



Ayla Krangas

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# Camrose Happenings!

**Tuesday, February 6**  
**Date Me for a Cause**  
 6:00 - 7:30 p.m. in the chapel  
 Date Me for a Cause is a fundraiser for the Women's Shelter of Camrose hosted by the ASA.

**Thursday, February 8 -**  
**Sunday, February 18**  
**Jesus Christ Superstar**  
 7:30 p.m. for weeknight shows and 2:00 p.m. Sunday matinees. Tickets for students are \$25 and can be purchased at the Loughheed Box Office or online at [camroselive.ca](http://camroselive.ca).

**Thursday, February 8**  
**The Harpoonist & The Axe Murderer**  
 8:00 p.m. at the Bailey Theatre  
 Tickets are \$15 for students

and can be purchased at the Bailey Box Office or online at [baileytheatre.com](http://baileytheatre.com).

**Friday, February 9**  
**Cultural Littuation**  
 7:00 p.m. at the Wahkotowin Lodge. Tickets for students are \$10 and \$40 for the public. There will be a fashion show hosted by our very own students from around the world, dance performances, door prizes and of course a buffet style of international dishes from around the world.

**Saturday, February 10**  
**Battle River Big Band Latin Jazz Show & Dance**  
 8:00 p.m. at the Bailey Theatre  
 Tickets are \$25 and can be

purchased at the door or online at [baileytheatre.com](http://baileytheatre.com). The Bailey Bar will also be open!

**Friday, February 16 -**  
**Sunday, February 18**  
**Nordlys Film Festival**  
 Weekend pass tickets are available and can be purchased online at [baileytheatre.com](http://baileytheatre.com). More information can be found at [nordlysfestival.com](http://nordlysfestival.com).

**Wednesday, February 21**  
**Augustana Job Fair**  
 11:00 a.m. - 2:00 p.m. in the Forum. For more information, go to: <https://www.ualberta.ca/career-centre/resources/publications>

**Wednesday, February 21**  
**Gord Bamford**  
 8:00 p.m. at the Loughheed Performing Arts Centre. Tickets are \$48 and can be purchased at the Loughheed Box Office or online at [camroselive.ca](http://camroselive.ca).

**Thursday, February 22**  
**Infinite Improv**  
 7:30 p.m. at the Bailey Theatre  
 Tickets are \$5 and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

**Wednesday, February 28**  
**Nominations for Last Lecture Close**  
 Don't forget to nominate a favourite prof for the Last Lecture! Head online and get those nominations in

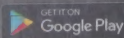
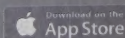
at: <https://news.augustana.ualberta.ca/2018/01/last-lecture-nominations-2/>

**Thursday, February 22**  
**-Saturday, February 24**  
**Women's Volleyball Championships**  
 Augustana is hosting this year's women's volleyball championships and the Vikes Crew needs volunteers! Students who volunteer get to in for free! There are positions in social media, front of house and more! If you're interested, send a schedule of your availability to [arnielle@ualberta.ca](mailto:arnielle@ualberta.ca).

## Welcome Back!

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 that gets you around Camrose!

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 Cell Phone & Computer Repair • Clothing  
 Entertainment • Hair Stylists • Auto Repair  
 Liquor Stores & Dial-A-Bottle



**Camrose**  
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Pick up our Bumper Sticker & Play  
 some of our Great Contests.



## Go VIKINGS!

**Friday,**  
**February 9**

**Vikings Hockey**  
 vs. Briarcrest Clippers  
 7:30 p.m.

**Vikings Basketball**  
 vs. Lakeland Rustlers  
 6:00 p.m. Women's Game  
 8:00 p.m. Men's Game

**Saturday,**  
**February 10**

**Vikings Hockey**  
 vs. Briarcrest Clippers  
 2:00 p.m.

**Vikings Volleyball**  
 vs. Lakeland Rustlers  
 6:00 p.m. Women's Game  
 8:00 p.m. Men's Game

**Friday,**  
**February 16**

**Vikings Basketball**  
 vs. Concordia Thunder  
 6:00 p.m. Women's Game  
 8:00 p.m. Men's Game

**Saturday,**  
**February 17**

**Vikings Hockey**  
 vs. MacEwan Griffins  
 6:00 p.m.

**Vikings Volleyball**  
 vs. Concordia Thunder  
 6:00 p.m. Women's Game  
 8:00 p.m. Men's Game

# the Daglightale

Is anyone else bitter that they didn't get any of the Crush things on Vday?

Vol II, Issue VII ~ Feb. 26, 2018

## Bats and Plants and Katydid's! Oh my!

Nathalie Hewa Dewage  
Staff Writer

Sammy here! Our very own Nathalia had the chance to speak to two students, Garrett Rawleigh and Day Bulger, who recently returned from the rainforests of Costa Rica! They were there on a field course (AUBIO/ENV 459) during the January 3-week term, and here is what they have to say about their experiences...

### Garrett Rawleigh

Q) What piqued your interest in this trip?

A) I have always been interested in the environment and in wildlife, Costa Rica gave me the opportunity to experience a new place and new ecological interactions and species. I heard about this trip in Ecology with Anne McIntosh and was interested immediately. I love science and I love to travel so the Costa Rica trip was perfect for me.

Q) What did you learn from your experience?

A) I learned that field studies are complicated and rarely go as planned, also to always be prepared for unexpected weather (it was the "dry" season but rained every day). I was also amazed at biodiversity found on the Osa Peninsula.

Q) What was your favorite part of the trip?

A) I am an aspiring birder, so the bird watching was pretty amazing. I compiled a list of 34 distinct species that I identified while we were there.

Q) What was the most surprising thing you saw or did?

A) The culture in San Jose was surprising, how poverty and prosperity can be separated by a street or tree line. I knew Costa Rica is a developing country, but I was surprised by the distinct separation of the poor, I have never seen anything to that extent before.

Q) What advice would you give to people taking the same course/trip in the future?

A) Make sure to pack lots of socks and dry shirts, and go in with an open mind, things probably will not be what you expect!

### Day Bulger

Q) What piqued your interest in this trip?

A) The Costa Rica trip served as a wonderful opportunity to combine several of my passions—such as studying ecology, speaking Spanish, traveling the world, and escaping cold weather—into

one unique experience. I have always been fascinated by tropical flora and fauna. Thus, this experience gave me the chance to observe some incredible tropical biodiversity up close and personal.

Q) What did you learn from your experience?

I feel that I gained valuable research skills in conservation biology during my time in Costa Rica. We had the chance to apply theoretical concepts learned in class to a real world experience.

Q) What was your favorite part of the trip?

A) My favorite part was learning how to properly capture bats using mist nets and getting the chance to hold one of our cute little captives.

Q) What was the most surprising thing you saw or did?

A) I was most surprised by the sheer magnitude of tropical biodiversity surrounding us. I observed something new and exciting every time we ventured out into the forest.

Q) What advice would you give to people taking the same course/trip in the future?

A) Bring a raincoat!! ;)



Tucans (top), katydids (below, left), bats (middle), and sea turtles (right) are just some of the gorgeous critters found living in Costa Rica!

### ASO

Learn all about our very own Aboriginal Students' Office! Pg. 3

### Spotlight

PRIDE Week is upon us, and absolutely everyone is welcome to take part in the festivities! Embrace your inner (or outer) rainbow and feel the love! Pg. 4

### Pre\$ Talks

Get the inside scoop on Augustana's budget, straight from the Pres! Pg. 4

### Ayla's Thing

Ayla's back at it with some lifestyle tips for a gourmet cafeteria experience (seriously) Pg. 5

# THE DAGLIGTALE

Feb. 26, 2018

## Meet the Team!

**Amielle Christopherson**

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Co-Editor

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**Ceri Hughes**

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Cosmic Corner Columnist

**Gavin Wilkes**

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## Overheard in the Newsroom:

"Newspapers are basically like mullets: news in the front, party in the back."

"And, just like mullets, growing more irrelevant as time goes on..."

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Comfort

## Inspiration Straight from Our Favourite OR



**Sammy Lowe**  
Co-Editor

Everyone has seemed quite stressed lately, so I prescribe some inspiration straight from Seattle-Grace!

"He is very dreamy but he is not the sun. **You are.**" ~ Dr. Christina Yang

"You know as well as I do it's not about what you look like, or your job, or how successful you are. It's about having people in your life that you love and who love you. That's all that matters." ~ Dr. Miranda Bailey

"We don't get unlimited chances to have the things that we want, and this I know. Nothing is worse than missing an opportunity that could have changed your life."  
~ Dr. Addison Montgomery-Shepherd

"If you love someone, you tell them. Even if you're scared that it's not the right thing. Even if you're scared that it'll cause problems. Even if you're scared that it will burn your life to the ground, you say it, and you say it loud and you go from there."  
~ Dr. Mark Sloan

"If you want crappy things to stop happening to you, then stop accepting crap and start demanding more."  
~ Dr. Christina Yang

## No Waste? No Problem! U of A Keepin' it Green!



**Amielle Christopherson**  
Co-Editor

Unless you've been skipping all your classes since the 11 week started and haven't been around campus, you've probably noticed the fancy, colourful new garbage/recycling/compost here to save our world bins.

Those are part of the new Zero Waste program implemented through Main Campus, with the

hope that the University of Alberta as a whole can divert up to 90% of its waste out of the dump by 2020. Which sounds like it might be an unreachable goal, but! We've actually been doing a pretty good job so far. In 2015, we beat our goal of diverting 50% of our waste by a whole 5% and managed to divert 60% in 2016. During the presentation, we were told that Augustana is actually a role model in terms of waste diversion, so at least we've got that going for us.

The idea is that the new bins will offer more opportunity and options to responsibly get rid of their

waste, especially now with the compost bin available.

The Zero Waste coordinator, Sobia Samad, had a lot to say about what can and can't go into each bin, but for the most part, it's common sense. And y'all are university students so I have all the confidence (or at least mild confidence) that you'll figure it out, but in case you find yourself struggling: most paper (as long as it doesn't have a foil on it) can go in the paper recycling. Pizza boxes and cardboard food containers with minimal grease can also make their way in there. Processed meat can make its way into the compost in small

amounts, but please toss bones in the garbage.

If you're tossing plastic in the recycling, rinse it out because your momma didn't raise a savage and it's polite. Tim Hortons and Starbucks cups are NOT recyclable, so toss those in the garbage, but cups from Monica's Cafe are good to go in the compost.

There are now displays set up on top of several of the bins, so take three seconds before blindly tossing your garbage. Because a 90% diversion of waste might be the highest, easiest mark you receive from Augustana, so might as well put some effort into it.

### Recyclables

- Paper: magazines, posters, fax, copy paper, newspaper, glossed
- Cardboard: boxes, cartons, mailboxes, and
- Plastic: bottles, containers, and
- Other: clean, dry, empty

NO: coffee cups, pizza boxes, or other soiled paper  
(No paper with a plastic liner can be recycled. If the cup is reusable, it's OK)

### Recyclables

- Glass: beer bottles, soda bottles, wine bottles, etc.
- Metal: cans, containers, etc.
- Plastic: bottles, containers, etc.
- Other: clean, dry, empty

NO: Styrofoam, food packing materials, coffee cups, or other

### Landfill

- Food waste: fruit, vegetables, meat, bones, etc.
- Non-recyclable plastics: Styrofoam, etc.
- Other: clean, dry, empty

NO: Styrofoam, food packing materials, coffee cups, or other

### ZERO WASTE

#### More ways to divert waste

- Reusable Dishes: "Borrow dishes for your party/meeting" through Calcutta
- Battery Recycling: "Green/Brown Battery Bin" for all types of batteries
- Ink cartridge, pens, whiteboard markers: Library and Bookstore
- Bins for events: Contact Facilities and Operations Office to arrange for bins for event

Amielle Christopherson/The Daglightale

During the Zero Waste presentation, Sobia Samad presented a list of items that can be recycled in the new four bin set up that are arranged around campus.



# ASA Say Whaaaat? An Update from your Friendly Neighbourhood ASA



*Ceri Hughes/The Daglightle*  
Matthew Caffaro (left) and Sam Kohlmann (right) serve a sumptuous libation at this year's Winter Formal hosted by the ASA. Congrats on a magical Harry Potter themed evening!

Isabell Stamm  
Staff Writer

The Augustana Student Association is working for students to make their University experiences better than ever. Top issues on their agenda lately have been promoting better lifestyles, concerns about the 3-11 schedule, and advocating for students.

"We are constantly working towards promoting a better lifestyle on campus and ensuring that all student groups are being supported in one way or another."  
~Alex Ho, VP Student Life

Ways they have been promoting better lifestyles around campus include organizing events for students to attend or participate in, such as the Staff vs. Student Hockey Game (March 15), Pride Week (Feb. 26-Mar 2) and tons of club events. Events like Cultural Lituation were a big success, raising about \$1300 towards Sahakarini in Camrose, and resurrected events like Date me for a Cause were well received by students. Events like Winter Formal and the Off-Campus Suppers are always a big hit, especially since the organizers put in so much work for them!

"And who doesn't like free food?" ~Alex

The ASA is also looking into how students are feeling about the 3-11 schedule with a survey being sent out to collect all those opinions in order to present them to the Faculty Council, so it has some real potential for change. With other upcoming changes such as budget cuts and international tuition fee increases, the ASA has been looking into how this will be affecting students directly.

Augustana is all about change, and the ASA has also been asking for feedback about campus resources following Wellness Week and how things can be improved.

"We want to get resources to the students that they actually want. Whether that is pet therapy, or Booster Juice, we want it to work for them and get it to them."  
~Hannan Mohamad, VP Communications

There will also be talk about hiring a new dean, as Dean Berger will be ending his term at the end of the 2019 academic year. More info will be coming, but the process of looking for a new dean is beginning.

"There will be equal representation of students and faculty on the hiring committee for the new dean, which is one of those cool things that Augustana does."  
~Taylor Johnson, VP Academic

The ASA is advocating for students all year round, and the time for students to take matters into their own hands is coming up with elections on February 28 and March 1, as well as at the AGM on March 28. The AGM is open to students to attend and listen to their representatives speak about what they have done this year, what has worked and what didn't. So get out and make your voice heard!

Upcoming Events to look out for include:

- Staff vs. Student Hockey Game (March 15)
- Off Campus Supper (March 22)
- Pride Week (Feb. 26- Mar 2)
- World Anti-Racism (March 21)
- Sexual Assault Awareness Week (April 3-6)
- Year End BBQ (last day of classes)



## Getting to Know Your ASO - Who We Are and What We Do!

Gavin Wilkes  
Staff Writer

The ASO - "Aboriginal Students" Office - is located downstairs of the Forum in the Wahohtown Lodge. The ASO is a space for Indigenous (First Nations, Métis, and Inuit) students on campus where they can connect with other Indigenous students, build community, and access various support services.

The ASO is headed by an Indigenous Student Services Coordinator, who provides information and guidance with funding, course navigation, and getting settled on campus. The Indigenous Student Services Coordinator is available to help students and answer questions, and also plans events for Indigenous students and our campus community.

Prior events have been Fry Bread Making for campus student meals, Indigenous Feast Soup Suppers partnered

with Chaplaincy on Tuesdays in Faith and Life, jam competitions, holiday suppers, and movie/board game nights. For the last couple of years now the ASO has also hosted a co-curricular certificate program in Building Capacity for Reconciliation which is not only open to all students and faculty, but also community members. The intended outcome of the co-curricular certificate program is to provide folks who want to work towards Reconciliation in Canada with the tangible skills and understanding necessary to do this work.

The ASO hires a few Indigenous Student Peer Mentors each academic calendar year who help plan, organize, and run programs for first year, and returning, Indigenous students. First year students are encouraged to get to know the mentors through emails sent out bi-weekly containing information on upcoming events on campus; usually ASO related. Whenever a first year

FNMI student wants to meet with their mentor, they receive a FREE coffee/tea from Monica's Cafe in the Forum.

Recently, there was a Treaty Six flag raising event on campus as a visual representation of the acknowledgement of the Augustana Campus being situated on Treaty Six territory, and to promote Augustana as a welcoming space for Indigenous students, staff, and faculty. On March 16 starting with a pipe ceremony at 5pm, Augustana will be hosting a Round Dance which is open to the public; all are invited and volunteers are welcome! The ASO has had drumming circles, elders, and speakers come to campus for storytelling. In the 2017/18 academic year the ASO has also had ribbon shirt and ribbon skirt workshops, as well as drum making workshops. The ASO is always changing and adapting to accommodate for its students; visits and suggestions are always welcome.



*File Archive/The Daglightle*  
The majestic Treaty Bear in the quad is one shining example of Augustana's dedication to showcasing and celebrating our ties to Indigenous culture and heritage!

# Spotlight



## If You're Queer and You Know it, Come on Out!

Natalia "Creative" McGill  
Sex & Diversity

Out to PRIDE WEEK of course. If you're straight you should come out too, and actually everyone should just come out because, well it's important. Here's a big ol' list of WHY you should join us this week for PRIDE!

There's a freaking bake sale. Seriously who doesn't love when the forum is filled with delicious treats to buy for dirty cheap? I personally like surprising my friends who are stressing out about midterms. BUT, not only do you get to have delicious treats, the money goes to Cam-

rose Pride to help them continue the wonderful work they do for our community.

Drag Queens and Kings. I know, normally that should be enough said to convince all you drag lovers. But let me go on, not only will yours truly be performing, you'll get to see Camrose's very own ROBYN BANKS. If you want to perform you can WIN prizes and money! WHAT?! Talk to Sammy Lowe. Come get drunk and watch drag. You know you love it.

Espress-OUT will be even better than usual, because I'm 100% sure there will rainbows everywhere and a fireplace to sit next to. Let's talk PRIDE. The

Harbour will be set up for the duration of the week with baked goods and warm drinks and bright colours, so make sure to stop by and chat!


If you didn't get to meet her at the Queer Conference, you will literally get to meet the first out and gay MLA (who is seriously so amazing you guys), and you can brag about that to all your friends. She's so important to support and listen to, please take the time to hear her speak. It is life altering.

On a more serious note, we have plenty of presentations and talks throughout the week about our diverse sexualities where we will learn and talk about safe and

diverse sex and how to play with our toys safely in the bedroom (or whatever room or non-room you prefer. Little kinksters you.)

On one last serious note, your support and active participation are important to keeping Augustana Pride alive and well. On campus pride celebrations are a vital part of keeping our campus diverse, safe, and welcoming. Pride communities, committees, and events play a lead role in providing queer or questions students with safe spaces where they can access resources and support.

So join us this week and let the rainbow wash over your beautiful queer and ally faces! Hope to see you there, Augustana



**Pride Week!**  
March 2-8, 2018

**Friday, Feb 23**  
Glam Fun  
4:00 PM  
St. John's Church

**Saturday, Feb 24**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Sunday, Feb 25**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Monday, Feb 26**  
Rock Off! Keynote  
10:00 AM  
St. John's Church

**Tuesday, Feb 27**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

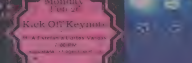
**Wednesday, Feb 28**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Thursday, March 1**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Friday, March 2**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Saturday, March 3**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church

**Sunday, March 4**  
Pride's First of Its Kind Parade  
11:00 AM  
St. John's Church



**Drag Kings & Queens are Invited to Perform!**

**Special Performances by:**  
Robyn Banks and Guest Stars

**SO YOU THINK YOU CAN DRAG**

**March 02, 2018**  
Event opens at 6:00 PM  
Show starts at 7:00 PM  
Ticket Info

**For questions and to learn, visit:**  
www.thecityofstjohnsbortola.ca

## Mo Money Mo Questions - Let's Talk Budget

Ben Curry  
The Pres

On February 12, Dean Allen Berger gave a presentation on the budget changes for Augustana which will take place over the following three years. This is in reference to the structural deficit that the University has been aware of for the last four years and the corrective measures to solve the problem.

The budget, as it currently stands, is an amount of \$22 million for Augustana and will be cut 4% (or roughly \$880,000) at the beginning of next year. As a part of this presentation, certain areas of spending were highlighted to explain the current deficit that Augustana is in. To begin, Universities in the market can see education as a service, and like most service based organizations, the number one expense is always skilled labour. This is why I was not

surprised to hear that roughly 62% or \$13 million of the budget is dedicated to our faculty and sessional staff, and without looking into depth at other campuses, I would expect the same. However, as a part of this budget cut, Augustana will not be able to give raises to faculty members or be able to replace the current faculty members that are retiring.

This worries me. Due to the distance of Edmonton and North Campus, Augustana will have to become valuable to students without the help of a major city or mass funding. Paired with the loss of our long term professors, I fear this will affect Augustana's ability to produce the same level of unique wisdom that we have come to love from our professors and the connection the students have with the faculty.

In light of this, the Dean has committed to ensuring the culture at Augustana does not change because of the budget.

cuts, and while other faculties may have to let go of their professors to make up for this change, Augustana will be holding on to every faculty member possible for the foreseeable future.

The second part of the budget that was discussed at length in the presentation was the Fitness Centre and its annual deficit. Currently the budget for the Fitness Centre is \$400,000 and the expectation was that the Centre would run a balanced budget or potentially create revenue for the Campus.

However, that currently is not the situation, and if anything, it's far from it. Over the last four years, the Fitness Centre over has repeatedly turned a deficit of roughly \$100,000. This is a huge issue for Augustana and with the cut to our budget we will not be able to ensure the continuation of our contract with the Edgeworth Centre. The administration will have to find ways as to fix

use deficit or we will lose the use of the Fitness Centre completely. On the other hand I see this as a possible benefit for our campus. The Fitness Centre as it stands is constantly dealing with a lack of equipment and a lack of space for the mass amount of students that the centre needs to hold. As a result I think that it is time for the administration to look into other areas in Canrose that may better meet the needs of students. In what ways the administration moves forward I don't know but with the new time crunch of a depleted budget we need to start fixing this now.

We have to remember in the years coming to be patient with Augustana. Change will come and it will be better in the future but also that there is no simple answer to our problems. We have to trust the administration and ensure that we as students make efforts to continue to be heard at Augustana.

# The Progressive Revelations and Controversial Conclusions of Galileo

Crystal Rosene  
Cosmic Corner

Despite all of the incredible new advances in technology and amazing new discoveries made about the world in which we live, it is occasionally useful to reflect on how far we have come. So although I typically devote this column to discussing more modern discoveries and current events, I thought I would take a brief dip back in time, to discuss an incredible figure to whom we owe much in the field of astronomy: Galileo Galilei.

This isn't going to be a typical biography and subsequent list of every incredible thing Galileo ever accomplished. For one: that would require much more than 500 words (because he contributed a LOT), and for two: a quick Google search will tell you all you need to know about the chronology

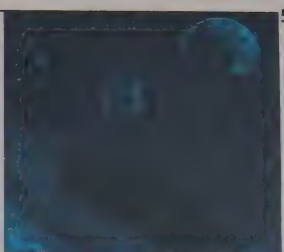
and importance of each of his contributions. Instead, I wish to discuss a bit about HOW his discoveries were paradigm-altering during his time, and how he maintained his position despite intense pressure to conform.

To begin with, let's start by de-bunking this common misconception: Galileo did NOT invent the telescope. The Dutch are credited with this revolutionary invention in 1608 - in particular, one Hans Lippershey. However, the previous use of this device was not astronomical in nature at all - in fact, it was first used to scan the horizon for incoming trading galleys from overseas. Galileo was the first one to point the telescope to the skies and start observing.

A bit of background is needed here: around the time of Galileo, old ideas about the nature of the universe stemming from Aristotelian and Ptolemaic

times were still dominant, and some of those seem...a little 'out there' to us today; nevertheless, they were the norm, and to question them was unheard of. The major underlying theme of old is that the heavens (the sky) are absolute perfection, with the Earth at the centre of this masterpiece. They are unchanging, and the orbs in the skies are static, essentially glued to "crystalline spheres" that encased the Earth in concentric bubbles of varying size.

With this in mind, it is clear then, why Galileo's findings became so controversial. His telescopic observations revealed many things: craters and valleys on the moon, four moons of Jupiter, sunspots, and billions of new stars. However, it was really only one of these discoveries that was ultimately responsible for Galileo's fate.



*Special to the Dagbladet*

The four moons of Jupiter: Io, Europa, Ganymede, and Callisto.

From: stardate.org

The discovery of four moons of Jupiter contradicted everything that everyone at the time thought they knew. The assumed geo-centric model required everything to orbit around the Earth. Yet, here were four small moons that seemed incredibly content to orbit a body other than the Earth. This contradiction saw Galileo labeled a heretic and placed under house arrest for his unwill-

ingness to deny his findings.

To us today, it seems a little crazy that something as seemingly trivial as moons could cause such a stir. But doesn't it really show how far we have come? That we now accept an infinite, accelerating universe with more in it than we could ever hope to discover? To truly appreciate where we are now, sometimes it is necessary to re-examine where we were.



"I'm really proud of how Augustana makes efforts to be eco-friendly and create relationships with the First Nations."  
- Caitlyn Crandell



**Being an Augustana student,  
what are you most proud of?**

Nathalie Hewa Dewage  
Staff Writer

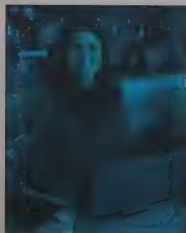
"I'm proud of the professors. The quality of instruction is great."  
- Hannah Seft

"The community! I love that everybody knows everybody, and it feels more like home than home does."  
- Ayla Krangnes



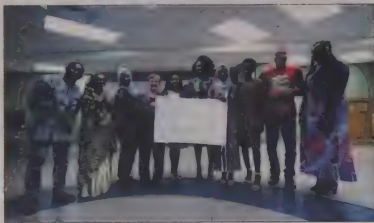
"Our community is just great. I like that it's really close knit and I can always come on-campus and see a face I know!"  
- Aliza Graham

"Being an Augustana student, the proudness comes from everyone having each other's back. Everyone knows each other. The professors understand their students, and everyone supports each other."  
- Jaden De Waal





# Why International Week is Important to the Augustana Community



Hannan Mohamud/Special to The Dagligtale

During International Week, students had the chance to see dancing, enjoy a fashion show, enjoy a dinner in the Wahkohtowin Lodge for Cultural Littiuation Night.

## Hannan Mohamud Special to the Dag

As the chair of the Augustana Diversity and Inclusion committee, I do believe that diversity on campus is something that needs to have more of a presence here at Augustana. International Week was

not only a great way for this committee to contribute to the Augustana students, but a way to engage the Camrose community as well.

The committee teamed up with the International Cultures Club and the Social Awareness Club to create a fun-filled night of

cultures coming together to celebrate the end of the International Week.

As a student that has been at Augustana for three years now, seeing people that care about the same issues that I care about and making a change on campus has not only encouraged me to

take on a leadership role but to also incorporate my own lifestyle in the role to encourage other students like myself to go into leadership positions on campus.

The Cultural Littiuation Planning Committee managed to raise about \$1,300 in fundraising and ticket

sales to be donated to Fishes and Loaves, which is a local charity that has our very own Dean Berger's wife, Becky Berger, as a member.

I do hope that more people do come out to support these student-led initiatives on campus and have fun as well.

## Cafeteria Hacks to Liven Up your Food Experience



Ayla Krangnes  
Dag Lifestyle Expert

**Iced Coffee** -if you're too cool for regular coffee

In a plastic cup (it won't melt), fill with your desired amount of coffee. Leave room for ice—at least half of the cup. Add sugar before the ice, so it can dissolve. Once the sugar is stirred in, add ice, leaving room for milk or cream if desired. Then add milk or cream. Stir. Enjoy!

**Pro Tip:** Microwave the cookies or banana bread for about 20 seconds, and they'll taste like they're fresh from the oven! Butter the banana bread too for a treat you'll really love.

**Another Pro Tip:** Hold the water button for a second before putting your cup under the spout, so you don't get that gross mild iced tea taste in your water.



**Deviled Eggs**—If you're into that sort of thing?

Cut a boiled egg (or more!) in half lengthwise, and scoop the yolk out into a bowl. If there's mayonnaise out, put a little spoonful into the bowl. Mustard too. If the pickles are out, add a little splash of pickle juice. Season with salt and pepper, to taste. Seasoning salt might be good too. Mix it all together and spoon it back into the egg halves. Garnish with whatever looks fancy... maybe a spinach leaf? Consume while maintaining eye contact with the haters judging you for making deviled eggs in the cafeteria.



A lil harder, daddy



9	1	2	7	5		
4					1	
		9				4
8		1			3	
3	9	2	7	5	6	1
	1		6			7
7			4			
	5					6
		4	7	5	3	9



Get ya nerd on!



9	1	2	7	5		
4					1	
		9				4
8		1			3	
3	9	2	7	5	6	1
	1		6			7
7			4			
	5					6
		4	7	5	3	9

# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ Campus Horoscopes ♎ ♏ ♐ ♑ ♒ ♓

In the style of Gossip Girl blasts.

### Aquarius (Jan 21 - Feb 19)

Gossip Girl here. Aquarius is living up to their name. Don't you know that rushing water will and can cut through anything? The storm is coming, take shelter. XOXO. Gossip Girl.

### Pisces (Feb 20 - Mar 20)

Gossip Girl here. Pisces is looking like a fish out of water. Careful P, wouldn't want you to flop this semester. XOXO. Gossip Girl.

### Aries (Mar 21 - Apr 20)

Gossip Girl here. Your horoscope is a secret I'll never tell. You know you love me. XOXO. Gossip Girl.

### Taurus (Apr 21 - May 21)

Gossip Girl here. Word around campus is that Taurus is getting a little head strong. Heads up Augustana, they won't let anyone get in their way. XOXO. Gossip Girl.

### Gemini (May 22 - June 21)

Gossip Girl here. Careful G, the little blast from your past has been put behind you, but I'd watch your back. XOXO. Gossip Girl.

### Cancer (June 22 - July 23)

Gossip Girl here. Looks like Cancer is living up the name of their star sign. Watch out Augustana, there's no mercy in the rumors this star sign is spreading. XOXO. Gossip Girl.

### Leo (July 24 - Aug 23)

Gossip Girl here. You know the saying. "All good things must come to an end". For poor Leo, it looks like it was over before it even began. XOXO. Gossip Girl.

### Virgo (Aug 24 - Sep 23)

Gossip Girl here. For the sign of the virgin you're being a little rebellious. The sun may be shining, but Virgo is burning up if you know what I mean. XOXO. Gossip Girl.

### Libra (Sep 24 - Oct 23)

Gossip Girl here. What sign was seen manipulating their way out of trouble again? Sorry Libra, the walls have eyes in this school. Time to fess up. XOXO. Gossip Girl.

### Scorpio (Oct 24 - Nov 23)

Gossip Girl here. Scorpions may not bite, but they sure do sting. Don't step on Scorpio's tail this month, you'll regret it. XOXO. Gossip Girl.

### Sagittarius (Nov 23 - Dec 21)

Gossip Girl here. Looks like Sagittarius knows where to aim when it comes to targeting what they want. Don't get too cocky, S. XOXO. Gossip Girl.

### Capricorn (Dec 22 - Jan 20)

Gossip Girl here. Spotted. Capricorn looking desperate after a lonely Valentine's day. Poor C. We hope the \$30.00 you spent on chocolate filled some void. XOXO. Gossip Girl.

Sweat It Out  
An Original "Ayla Is Awesome Cartoon"



## Ask Amber

Your sassy, satirical self-help guru

Dear Amber,

I have a summer job lined up already and I had planned coming back to school next year, but I just learned my boyfriend is going away for 9 months to go do co-op work. He is going to be six hours away, and I don't know if I can handle not seeing him as much as I do now. It would be maybe once a month, if that, and he feels the same. There is an opportunity to work with him in this city at a job that I would love and is in my current field, and I can defer a semester if needed, but I am wondering: do you think it's worth it to go be with him if I am not giving anything up?

Signed, DesperateDamsel

Dear Desperate Damsel,

What the actual f\*\*\*. If there's no problem with school or with your job then what's the problem? Besides the fact that you want to FOLLOW A BOY ACROSS THE PROVINCE. Have we learned NOTHING from feminism? Would HE give up his co-op to be with you here?! Doesn't sound like he wants to do that, so why would you follow him? Because you're whipped, that's why. Listen, what you need to do is tell this boy he better marry you if he wants you to give up your life to move with him, and you need to learn to be alone for a change. Don't you dare do this Ms.

Damsel (unless this degree he's getting is gonna earn him a six figure salary).

Signed, Amber

Dear Amber,

I have a substance abuse addiction. It ranges from sugar to pain killers to smoking to food to even using too much lotion. Once I have a little, I need it ALL until I am completely sated. What can I do to mitigate this?

Signed, TooMuchTooHandle

Dear TooMuchTooHandle,

First of all, you can never have too much food so dingdong you are wrong. Secondly, do I look like a psychologist? It sounds maybe like a form of OCD, or you genuinely have an addiction problem, but you need professional help. The only thing I'm going to do in encourage you to treat yourself and live your life to the fullest, because screw it, this life isn't really significant anyways, especially when I'm having my unscheduled existential crisis at 3 a.m. Take care of yourself, TMTH, seriously. Not seriously, order more garlic bread because you deserve it.

Love, Amber

# Camrose Happenings!

## Monday, February 26 ASA Candidates' Forum

6:00 p.m. in the Wahnkohtowin Lodge. Come on out and ask your ASA Candidates about their platforms and how they plan to implement their ideas at Augustana in the coming year.

## Monday, February 26 - Friday, March 2 Augustana Pride Week

See Pg. 2 of this issue of the Dag for a full schedule of Pride events happening at Augustana and around Camrose!

## Wednesday, February 28 PIGS: Canada's Most Authentic Pink Floyd Tribute

7:30 p.m. at the Bailey Theatre  
Tickets are \$39.50 and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

## Friday, March 2 - Wednesday, March 7 Emma, the Musical

7:00 p.m. March 2, 3, 6 & 7 p.m. March 4  
Tickets for students are \$20 and can be purchased at the Loughheed Box Office or online at [camroselive.ca](http://camroselive.ca).

## Saturday, March 3 Joe Nolan and his Dogs

8:00 p.m. at the Bailey

## Theatre

Tickets are \$15 for students and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

## Saturday, March 10 Snowed In Comedy Tour

8:00 p.m. at the Bailey Theatre  
Tickets are \$40 and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

## Wednesday, March 14 Anastasia

7:30 p.m. at the Loughheed Performing Arts Centre.  
Tickets are for students are \$44 and can be purchased at the Loughheed Box Office or online at [camroselive.ca](http://camroselive.ca).

## March 15-17 and March 23-24

### Is He Dead?

by Mark Twain, adapted by David Ives  
Dinner Show

6:30 p.m. dinner  
8:00 p.m. show at the Bailey Theatre. Tickets are \$45 for students and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

## Monday, March 26 Colin James Blues Trio

7:30 p.m. at the Loughheed Performing Arts Centre. Tickets are \$47.50 and can be purchased at the Loughheed Box Office or online at [camroselive.ca](http://camroselive.ca).

## Tuesday, March 27 An Evening with Edward Snowden

6:00 p.m. at the Loughheed Performing Arts Centre.  
The event is free to attend, but attendees must have a ticket to attend. Questions must be submitted before the event starts. See [camroselive.ca](http://camroselive.ca) for more information.

## Wednesday, March 21 A Night of Bowie The Definitive Bowie Experience

7:30 p.m. at the Bailey Theatre. Tickets are \$39.50 and can be purchased at the door or online at [baileytheatre.com](http://baileytheatre.com).

# CamroseDirectory.ca

# Play

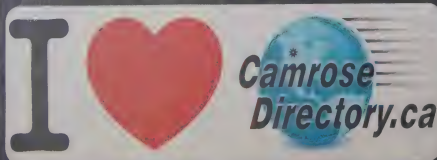
## "The Great Escape Giveaway"

# Over \$100,000 in

# prizes available to be won.

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## Go VIKINGS!

Congrats to the valiant Vikings teams in their efforts this season!

A special congratulations to the women's volleyball team for making the Augustana community proud at the ACAC Women's Volleyball Championships here at Augustana from Feb. 22-24. They put up a heck of a fight during their games, taking it to five sets against the Lethbridge Kodiaks Feb. 23.

Also a big thank you to the Augustana community for showing up and making some incredible noise for your team.

Don't forget to make that same noise for your Vikings hockey team as they start their play off run!





# the Daglightale

I just saw a bunch of glitter and hair buns...its dance season everyone...

Vol II, Issue VIII ~ Mar. 20, 2018

## Material Witness II - Interview with the Man Behind the Art Dirk van Wyk

Natalia McGill  
Staff Writer

Dirk van Wyk, a practicing artist in multiple media since 1970, has taught drawing, visual communication, painting, book-binding and a number of related material at university level for many years. He works both free lance and commissioned. With both a BA and an MA in Fine Art (Drawing) from U of C, he also taught in the United Arab Emirates for 8 years at the American University of Sharjah. He is a member of the Alberta Craft Council and the New Calgary Rug and Textile Club and is actively involved with CBBAG (taken from Bluerock Gallery Blog).

### How long have you been making art? What inspired you to begin making art?

I have always made stuff. Was raised in a Montessori school until grade 9, thought of being an architect but failed the physics and slid into 'Fine' art at U of C. Inspiration comes from never getting it quite right and from resonating exterior sources like books and odd moments of harmony.

### What is Material Witness about, and what inspired this specific exhibit?

Material witness is the title my wife came up with. It is evidence of manipulation of the material



Ceri Hughes/The Daglightale

(mostly paper in this case). A play on words but a meaningful one... I see the exhibit as a collection of stuff (26 pieces). So for inspiration see the answer to your first question - or it might just be obsession.

### How many places has this specific exhibit been featured?

Most of this work has been at Bluerock Gallery in Black Diamond and some of it has been shown at the Alberta Craft Council Gallery in Edmonton.

### What is the process of selecting where your art is exhibited? Do you seek or do people seek you?

I only exhibit where I'm asked to do so. I'm very pleased to have my work at Augustana Campus in the library as much of it is related to reading and the book format. Artwork has a long parallel history with religion which is still tangible on the campus.

I don't enter juried exhibitions nor work with curators because

of the distance created between the maker and the observer. I don't like my food pre-chewed nor my words edited. Do I sound resentful here? My point is that even bad art (whatever that is) never hurt anyone. I'll stop here but you may sense that there's a lot more to say.

### Do you have a favorite quote or art piece that has carried you through your work?

Most of the texts I use have appeared in other works. Hafez is one of my favourites. The translations of Daniel Ladinsky are great.

### How long did it take to build Material Witness into a piece?

The oldest piece in the show "WARTV" is about 10 years old. It is the only piece that no longer belongs to me and I asked the owners if I might include it. The six altarpieces for agnostics are the most recent.

From Dirk van Wyk: "May I add that I encourage everyone to make a response in the comment book supplied by the library or contact me directly. I make the stuff to communicate, awkward as that may be but I am interested in knowing what and how others see the works. Thank you."

Be sure to checkout this exhibit in the Augustana Library as it will be taken down march 25th, and remember that art is in

## Editorial

The Dag responds to Main Campus Student Protests  
Pg. 2

## Round Dance

Augustana recently played host to a traditional round dance filled with plenty of feasting, celebration, dancing, healing, and, of course, community.  
Pg. 4


## Cosmic Corner

In memory, we pay special tribute to Stephen Hawking  
Pg. 5

## Familiar Faces

Students respond to the ASA and how they can improve.  
Pg. 6

**NOW HIRING**




**DAGLIGHTALE EDITORS**

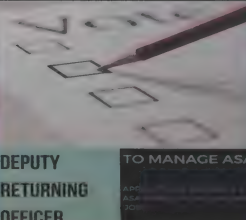
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Applications available at the ASA Office or on our website under 'Jobs'

Deadline: March 23rd 2018

 ASA

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APPLY AT THE ASA OFFICE OR ON OUR WEBSITE UNDER 'JOBS'

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 ASA

Mar. 20, 2018

**Meet the Team!**

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Co-Editor

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**Ceri Hughes**

Photographer

**Crystal Rosene**

Cosmic Corner Columnist

**Gavin Wilkes**

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Overheard in the  
Newsroom:

I don't know...Sammy  
probably said something  
hilarious at one point.  
Does anybody even read  
these? More important-  
ly, does anyone even  
read the Dag? I used  
the Dag once to make a  
papiermâché mask, and it  
worked really well. Solid  
quality paper.

We wish to acknowledge that the  
land on which we gather is Treaty 6  
territory and a traditional meeting  
ground for many Indigenous peoples.  
The territory on which the Augustana  
Campus of the University of Alberta  
is located provided a travelling route  
and home to the Cree, Blackfoot, and  
Métis, as it did for the Nakoda, Tsuu  
T'ina, Chipewyan, and other Indige-  
nous peoples. Their spiritual and prac-  
tical relationships to the land create a  
rich heritage for our learning and our  
life as a community.

# The Editors' Canteen

## Unity, Voice, and the Student Good - a Response to Main Campus Student Protests



**Sammy Lowe**  
Co-Editor



**Amielle  
Christopherson**  
Co-Editor

Hello, fellow over-caf-  
feinated and under-appre-  
ciated comrades-in-arms.  
We sincerely hope that you  
are finding ways to make it  
through this semester that  
don't involve murder or eat-  
ing an entire tub of ice cream  
in one sitting. Keep in mind  
that the sweet, sweet release  
of summer is soon upon us,  
and so you only have a

little time to go!

We wanted to take a  
moment amid the stress to  
discuss some of the major  
decisions affecting students  
that have been announced  
over the past few weeks. As  
you may know, the Alberta  
Provincial Government  
extended their tuition freeze  
for domestic students into  
the 2018/19 academic year.  
While this legislation has a  
myriad of impacts for both  
institutions and students  
alike, recent developments  
at the University of Alberta  
have created a lot of contem-  
pation between administration  
and many students.

At a recent Board of  
Governors' meeting on  
Governors' meeting on  
March 16th, several  
motions were passed that in-  
clude increasing international  
student tuition by 3.14%,  
a 4% hike in rent fees for 21  
residences on main campus,  
and the implementation of  
a more expensive "all you  
can eat" style meal plan for  
Lister residences. Many

students expressed disap-  
proval with these decisions,  
with 93% of SU survey  
respondents stating that they  
did not support the meal  
plan when it was initially  
proposed. Prior to the Friday  
vote, many students attended  
a sit-in protest in the Lister  
cafeteria to convey their  
objections to these proposed  
decisions, and are continuing  
to use the tags #EatYourPlan  
and #NotForPublicGood to  
engage in protest and  
discussion. Despite the  
administration's attempts  
to explain their position,  
such as the need to address  
deficits and meet average  
Canadian tuition prices, the  
seemingly lack of consultation  
and acknowledgement of  
student voices has left many  
feeling that their voices are  
not being heard, or worse,  
that they do not matter.

While this is clearly a  
deep and multifaceted issue,  
it highlights the need for stu-  
dents to inform themselves  
and speak out, even here

at Augustana. Our admin-  
istration has worked quite  
diligently to ensure that we  
do not feel the brunt of many  
recent budget cuts and other  
financial concerns. With  
more cuts and uncertainty  
on the horizon, however,  
we can not assume that the  
University will always make  
decisions that are in the  
best interest of all students.  
That is why it is vital that  
we continually scrutinize  
information as it becomes  
available to us, and engage  
in conversations with each  
other, members of the ASA,  
faculty, and the Augustana  
administration.

As students, we have  
more power than we might  
think. As we venture into an  
uncertain future, we must  
remain united and speak up  
against choices that do not  
prioritize our best interests as  
students.

Ok, now back to  
stress-eating and no sleep!

## ONE WEEKEND ONLY!

DIRECTED BY  
KEVIN SUTLEY

**FEATURING:**

SAMMY LOWE  
GAVIN WILKES  
SHARNELLE UMPHREY  
NATALIA MCGILL  
RAEGAN MINES  
ELYSIA MARCHAND  
KRISTINE ANDRES  
RACQUEL DEVEAU

AUGUSTANA THEATRE CENTRE @ 700 PM

THURS. APRIL 5 - SAT. APRIL 7, 2018

GENERAL ADM. \$10 | STUDENT ADM. \$5

\*MATURE CONTENT\*

UNIVERSITY OF  
ALBERTA  
AUGUSTANA CAMPUS  
AUGUSTANA, ALBERTA

**FUNNY SHORTS**  
By Billy Aronson

# Change is in the Air - ASA 2018/19!

# DRAG - Serving Historical Realness



Isabell Stamm  
Staff Writer

Spring is near and with it comes the growth of new things! Keeping this in mind, the prospect of changes in the ASA has risen with a new set of faces representing our student body. They are all excited to make changes this coming year and have a whole new set of ideas to get there.

Expect to see some changes with life around campus through our new VP Student Life: Jennae Matzner. One of her first steps is to start planning a new event that can act as a fundraiser while also creating awareness for mental health. Lots of ideas are going around of how to do this, including bringing in speakers from around the community, talent show opportunities, and lots of food.

"Just to have a social, fun event for students to destress and learn about mental health."

**Jennae - VP Student Life**

While working to create new events and conversations around campus, she also wants to work on old relationships and make the communication flow more freely between the clubs and how they govern. The new ASA President Taylor Johnson also ran on the platform of strengthening ties with student groups on Campus, as well as with the Student Union. Her plans to do this include hosting more joint events and looking for different ways to use the Student Engagement fund towards students. This includes spending it on programs such as Adopt a Viking or purchasing production tickets for contests and giveaways. In regards to the SU, she plans on meeting more than once a year and really getting the executives to keep in contact with their SU counterparts.

"I have a fairly strong relationship with my counterpart at the SU currently, and I can firsthand see the importance and change this has. I have already reached out to some of the members of the newly elected executive and they are excited to start this."

**Taylor - President**

She is already planning a meeting between the SU and executives to build that solid relationship. Coming into next year she has been sitting on many committees that

will be gearing up for next year on topics such as the Dean search, as well as Curriculum Reform Research Committee. Getting ahead for next year has been a big topic for all of our executives, especially with our new VP Communications: Alex Ho.

"I have started working with groups on campus already and have started the conversation on ways in which I will be able to work with staff and faculty in order to increase volunteer/leadership opportunities for students on campus."

**Alex - VP Communications**

Motivation for these changes come from the apparent need of students to build stronger resumes for grad school or after university. Ideas such as "Volunteer Corps" have come into cognition, where students would be able to sign up and become a part of a range of volunteer opportunities. It is a focus to get input from students and work that into how things are run to make this the best university experience for students.

Our new VP Academic Naomi Mahdere plans to set into motion a new standard of transparency, representation and programming for the upcoming year. She is planning to get this done by providing new platforms of communication between the student body and the ASA, such as through online document space sharing. In addition to this she hopes to enhance engagement of student groups on campus as well as provide appropriate resources and accommodations for student mental health.

"I will be advocating for a more proactive approach to feedback assessments and deadline scattering, including working to provide equal opportunity and accessibility to various academic groups on campus."

**Naomi - VP Academic**

We weren't able to get in touch with Nnenna Achebe, next year's VP Finance, but she's really awesome too! We are excited to see what she has planned for the upcoming year.

With all this work towards promoting conversations and support around campus, we are excited for what the coming year will bring. All of the new and returning executives of the ASA are excited too and cannot wait to be sworn in!

Natalia "Guilty Heart" McGill  
Sex and Diversity

I want to discuss something - specifically drag. As many of you know we recently had a drag show at the Bailey theatre as part of our celebration of pride week! After spending a few hours researching and talking with other people in the queer community, I realize that there is a lot of confusion about what drag is, where it started, and what it means to the community, and ways appropriation can come into play. So let's discuss.

People have been performing in cross-dress since ancient Greece, Rome, and China and probably even before that. So this isn't even a western ideology. Only men were allowed to perform, and so all women characters were played by men because we all know men are better at being women than women are. This continued for centuries, until the Victorian era where the opera also began to use cross dressing in their acts.

Drag didn't become popular until the late 1900's, when a movement of drag began, led largely by people of colour. These queer-coloured communities had a unique drag language (where do you all think YAS came from?) and drag performances became a huge part of their queer community and their queer celebration. But this drag was not merely for gay dudes dressing as women (what it mostly is now); drag was a huge part of the trans community. It opened up a whole

new way of self expression for trans people, specifically again, trans people of colour (google Stonewall if you don't know what that is). This entire community was subjected to sex-work accusation, sexual assault, physical assault and harassment, threats, actual murder, and so much more it's unbelievable.

I spoke to a drag queen from Edmonton who did drag during this time, and the amount of queens he knew (including himself) who were regularly being followed and threatened and assaulted is insane. The queer, trans, and drag communities were unsafe and taking the risk to be in drag in public was huge.

Cue the 90's, RuPaul sashays into our lives and drag becomes more mainstream than ever before, and the rest is as we know it.

So what does drag mean to the community now? It's an amazing way for members of our community to express themselves, bring people together for fun, explore art and gender roles, and basically say "fuck you" to the world. However, I have heard from a lot of people that non-trans persons exploring drag is offensive - as in, men mocking femininity or vice versa. I have heard from others that non-queens or non-p.o.c. using terms like "yas" is cultural appropriation.

I am hoping that you now have a basis for discussion, some questions to ponder, and maybe you'll do some more research...and MAYBE you will get it in your head that you want to perform at SYTYCD next year!



Amielle Christopherson/The Dagblatte

From Camrose to Columbia, Drag Queens like Robyn Bank\$ (above) push norms, stir up controversy, and entertain us all with musical performances, comedy acts, and a whole lotta shade!



# Spotlight



## Augustana Round Dance - Celebration, Healing and Community!

Gavin Wilkes  
Staff Writer

The Augustana Students' Office has been at Augustana offering services, programs, and guidance for ten years; so to celebrate a decade of Indigenous student support Augustana hosted a Round Dance on campus on March 16. The Round Dance was open to everyone: students, faculty, staff, and community members. People from other communities were free to join in this special event. Round Dances began as a healing ceremony for the Nêhiyaw (Plains Cree), transitioning to become a social dance usually held in the winter months.

Round Dances are meant for communities to come together, and celebrate a special occasion; or as a memorial for those lost. The Round Dance Augustana hosted was a time of coming together to enjoy dancing, feasting, and singing through the night.

If you weren't able to attend the Round Dance on March 16, you might be interested to know that a round dance begins with a pipe ceremony, to start the celebration in a good way. The pipe ceremony is followed by a feast shared by all who are there. Snacks and water are usually available since round dances can sometimes go well into the next morning; like 3 or 4am!

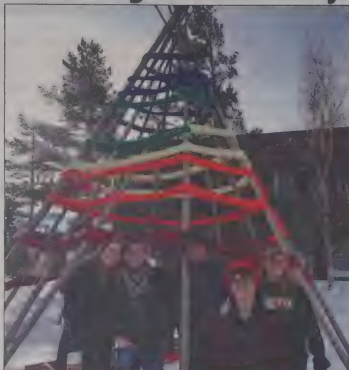
Dancing happens in a circular fashion and each song is accompanied with singing and drumming.

People can dance whenever they want and leave whenever they want. It is encouraged to dance with those you do not know well because a round dance represents a time of coming together, relationships, and healing.

One of the nice things about a round dance is no prior experience is required to attend. It wasn't until recently that I went to my very first round dance. It was an amazing experience to dance with people I didn't know and talk to different people. The socializing aspect of the round dance is fun and a great way to get to know others in the community.

A round dance often ends with a giveaway, where four elders are asked to pray over and bless all the items before they are distributed. The gifts given are meant to thank people for coming to help celebrate or commemorate the occasion the Round Dance is held for. After the giveaway, a thank you song is sung and where everyone stands up and shows off what they were given in thanks to the host. Gifts come in many forms, such as clothes, food, household goods, etc...

Augustana has shown tremendous support through the multiple volunteers who had given their time and effort to make the round dance we put on a success. A huge thank you from the ASO to all those who helped make the round dance a great experience for all involved!



Courtesy - Megan Caldwell/Special to The Dagligtale

From participating in Pride Week to hosting our very own Round Dance, the ASO does fantastic work promoting a sense of inclusion and community on campus and in the community. Here's to another 10 years!

## WellnessWeek SCHEDULE

"Augustana, we can end the stigma on seeking out mental health resources"

- Awareness committee

2018

- Unitea pop up tea party on Tuesday from 9-30

- Cyberbullying Campaign throughout the week

Fruit and granola

everyday

asavpcom@ualberta.ca

### Monday 19th

8.00AM	SNACKS (FORUM)
1.00pm	SALAD BAR (FORUM)
2.00PM	MENTAL HEALTH 101 (LEARNING COMMONS)

### Wednesday 21st

7.00AM	WAFFLE (FORUM)
1.00PM	ICECREAM
2.00PM	WELLNESS WAGON

### Tuesday 20th

1.00PM	BOOSTER JUICE
1.00PM	PET THERAPY (FORUM)
3.00PM	BOOSTER JUICE
6.00PM	THE OFFICE PARTY (LODGE)

### Thursday 22nd

1.00AM	WELLNESS WAGON
3.00PM	KNITTING CLASS
6.00PM	OFF CAMPUS SUPPER

**AUGUSTANA**  
STUDENTS' ASSOCIATION

# Remembering Stephen Hawking

Crystal Rosene  
Cosmic Corner

The world of physics, and indeed, the entire scientific community is in mourning with the loss of Stephen Hawking this past Wednesday. As this is a column devoted to cosmology and astrophysics, it seemed only fitting that this instalment should be entirely devoted to reflecting on (and appreciating) the tremendous contributions made by the English physicist to the fields of cosmology, general relativity, quantum mechanics, and many others.

Few can boast of having such a unique and successful life as Stephen Hawking, but rather than expand on the many extraordinary things that made his life so interesting, his contributions to physics will be examined in greater detail.

Hawking Radiation (also known as Hawking-Bekenstein Radiation) is perhaps one of his most famous theories in the field of cosmology. Here is a Cole's Notes version: a black hole is a place where there is intense gravitational attraction (and is not a giant vacuum cleaner of death, as we learned last year...), and using the classical laws of physics, is so powerful that nothing can escape once past the so-called event horizon, including light and other forms of electromagnetic radiation.

Hawking was able to mathe-

matically show (in 1974) that far enough from the black hole (near the event horizon), some things actually are able to escape. In particular, he calculated (using curved spacetime in quantum field theory) that exact black body radiation is shown to be released.

This may sound like a lot of technical jargon, but it was actually a huge discovery, for up until that point it was believed that nothing could ever escape the clutches of death when a black hole is encountered.

Another idea proposed by Hawk-

-ing concerns the origins of the universe. Cosmological inflation was a recent discovery which suggested that the universe expanded rapidly within the first few seconds, followed by a period of relatively gradual expansion thereafter - the Big Bang. Hawking proposed that the universe had no boundary in space-time, meaning that prior to the Big Bang, time itself did not exist. Hawking was a proponent of the Big Bang Theory, which was received with relative skepticism upon its initial emergence.

Although he was, no doubt,

a remarkably brilliant physicist, Hawking was not always correct. When Peter Higgs first proposed the existence of the Higgs boson in 1964, Hawking animatedly argued against its existence. The Higgs boson is an elementary particle that explains why some fundamental particles have mass when their symmetries say they should be massless. However, years later in 2012, following the construction of the Large Hadron Collider (LHC), the Higgs boson was finally discovered, to which Hawking conceded, and stated that Higgs deserved to win the Nobel Prize. In 2013, Higgs was awarded the prize.

There are many, many other areas to which Hawking contributed, and countless other theorems and ideas that helped advance the field of physics. He has been an inspiration for countless other scientists, and will without a doubt continue to be so. Hawking himself requested that his Bekenstein-Hawking Entropy Equation be used as his epitaph, so that he and his greatest achievements shall forever be immortalized:

$$S_{BH} = \frac{kA}{4\ell_p^2}$$



## Off Campus Student Supper



March 22nd 6:00 pm  
Wahkohtowin Lodge



## CALL FOR SUBMISSIONS!

We want to showcase YOUR creativity the *Day's* last issue of the semester!

We are looking for:

- Art/Drawing/Comics
- Photos
- Poetry and Creative Writing
- Jokes
- Makeup Tips
- Secret Diary Entries
- SoundCloud links to your mix-tapes that are Straight Fire

**SUBMIT TO ASADAG@UALBERTA.CA BY APR 11!**

# Suggestions to make your caf fare a little more exciting

Ayla Krangnes  
Dag Contributor

## Steamed Veggies (if you hate crunchy things)

Put your desired vegetables from the salad bar into a bowl and add a couple tablespoons of water. Put a plate on top of the bowl to trap the steam, then microwave for approximately 3 minutes.

Check tenderness with a fork, and microwave more if needed. Strain excess water, and season to taste with salt, pepper, balsamic vinegar, or whatever you like!



## Apple Crisp (like the peach one, but with apples)

Attempt to slice an apple into bite sized pieces with the dull cafeteria knives. Put the pieces in a cereal bowl and add cinnamon and sugar. In a separate bowl, mix a spoonful of margarine, however much granola you want (I like lots!), more cinnamon, and brown sugar.

Once it's mixed, spread evenly on top of the bowl of apples. Microwave for 2 minutes, or until the apples are tender. Add cream if you want. Or not. Whatever, you're an adult.

**Pro Tip:** There are nuts, raisins, and stuff like that by the jam area.

## What do you think of the ASA and how would you like to see it improve?

Nathalie Hewa Dewage  
Staff Writer



"I like how they plan out events. I was hoping they could come up with new materials, but I guess I like it the way it is."

- Kayden Prevost



"I like the ASA. I think they do a lot for us. I do think they could keep us more informed with things."

- Samantha O'Riley



"I think they're doing a very good job. Just as long as everyone is fully committed to their positions. There's always room for improvement but for now I think everyone is doing their best!"

- Alexa Blizzard



"I think the ASA is in a bit of a rut with students shooting for positive self-image more than critical change. It could be improved with less of an emphasis on 'having fun' and more emphasis on attending faculty and student council meetings and changing the tone of discourse from superficial to nose-to-the-grindstone change where what you're saying is being heard by the people running the school."

- Wesley Cook

"I actually really like the ASA and support a lot of what they do. Initially, when you join school, you really get into the mindset of hating on them. But until you get into a leadership role you don't understand how difficult it is to invoke positive change. I've been in a leadership role on campus and I know how difficult it is to reach and appease everyone so they're doing a good job. Something I want to see them do more of is to reach off campus students, but that would be my only 'complaint'."

- Jennifer Rozema



# Procrastination Station

## ♄ ♃ ♉ ♈ ♇ ♆ Campus Horoscopes ♊ ♋ ♌ ♍ ♎ ♏

Things ya'll need to work on.

### Aquarius (Jan 21 - Feb 19)

Take care of your body, it's the only thing that will ever truly be yours

### Pisces (Feb 20 - Mar 20)

Listen to people when they talk. I know you hear, but listen - you might be surprised.

### Aries (Mar 21 - Apr 20)

Stop treating yourself. You are in debt. You have maxed out credit cards. Please stop.

### Taurus (Apr 21 - May 21)

Stop blaming yourself for things that aren't your fault, and move on. You can't take the heat for everything.

### Gemini (May 22 - June 21)

This person you're so obsessed with, who you know is toxic, needs to GO. Say buh bye.

### Cancer (June 22 - July 23)

Can you go to class? Or at least do your homework well before it's due so that you can be somewhat of a model student?

### Leo (July 24 - Aug 23)

You are fighting a battle, I get that. But you are not fighting to your full potential. Just go a little bit further.

### Virgo (Aug 24 - Sep 23)

Relying on others is great, until you get screwed over. Learn to be a little more self-sufficient.

### Libra (Sep 24 - Oct 23)

Put down your walls pal, nobody is looking to hurt you and keeping people out is just you hurting yourself.

### Scorpio (Oct 24 - Nov 22)

You're an enabler. Knock it off. Don't be afraid to be aggressive, you are human.

### Sagittarius (Nov 23 - Dec 21)

Quit saying you'll do it later, do it NOW. The best time to do something is yesterday and the second best time is today and you can only do one of them. So.

### Capricorn (Dec 22 - Jan 20)

Humble yourself, and stop trying to be so dramatic about everything. Spread joy.

## Ask Amber

Your sassy, satirical self-help guru

**Listen people. How am I supposed to help you navigate your lives if you aren't sending in any questions? Submit at [dagligtale-news.ca/ask-amber/](http://dagligtale-news.ca/ask-amber/)**

Despite your clear lack of interest in my, dare I say, *enlightening* advice, allow me to force it upon you all anyways. Without further ado, let me let you all in on a little secret I like to call "It's Tuesday and I'm drunk and I'm going to give you some of my favorite and best life advice." You're welcome in advance.

1. Seriously, if everyone else in your life doesn't like them then that person is probably trash. Stop trying to convince yourself otherwise because you're wrong. They are trash. There is the 1% chance of you NOT being wrong, but that's usually only if you have limited social circles and everyone is super narcissistic and/or immature. If you're the only one that likes them, dump them.

2. Second seriously, unless you severely unable to move, exercise and physical activity is 100% part of the answer to feeling better. Chronic Pain? Exercise. Hung Over? Exercise. Sad? Exercise. Is this a cure?

No. Will it *help*? Yes.

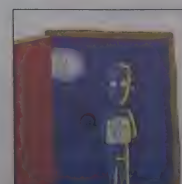
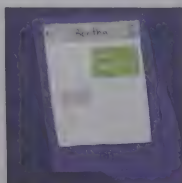
3. Can't sleep? Get up. Change your sheets. Shower. Drink some water. Do some light stretches. Have a conversation with yourself in the mirror. Crawl back into bed. Surround yourself with pillows and blankets. Breathe in for 4 or 8 and out for 4 or 8, variation depends on lung capacity and comfort level.

4. Apart from unsafe circumstances, definitely follow drunk you's heart. Send your drunk text. Go to McDonald's. Let all your friends sleepover in your living room. So what if you have to work at 8 a.m.? Order 10 pizzas. Play

weird games. Pet the cat you just saw. Yes. Do it.

5. Lastly, it takes 0% of effort to NOT BE AN ASSHOLE. All suffering of people at the hands of other people is 100% preventable, no lie. The trick? DON'T F\*\*\*\*\* DO IT. Wow. I know. It's amazing.

Thank you for listening. I know there was no satire but I felt like there had to be some damn realness here today.



Ayla Krangnes

Send Noods  
An Original "Ayla Is Awesome Cartoon"

# Camrose Happenings!

**March 15-17 and March 23-24**

**Is He Dead?**  
by Mark Twain,  
adapted by David Ives  
**Dinner Show**  
6:30 p.m. dinner  
8:00 p.m. show at the Bailey Theatre. Tickets are \$45 for students and can be purchased at the door or online at baileytheatre.com.

**Wednesday, March 21**

**A Night of Bowie**  
**The Definitive Bowie Experience**  
7:30 p.m. at the Bailey Theatre. Tickets are \$39.50 and can be purchased at the door or online at baileytheatre.com.

**Monday, March 26**

**Colin James Blues Trio**  
7:30 p.m. at the Loughheed Performing Arts Centre. Tickets are for students are \$47.50 and can be purchased at the Loughheed Box Office or online at camroselive.ca.

**Tuesday, March 27**

**An Evening with Edward Snowden**  
6:00 p.m. at the Loughheed Performing Arts Centre. The event is free for everyone to attend, however you need a ticket to attend, which can be acquired at the Loughheed Box Office or online at camroselive.ca.

**Tuesday, March 27**

**Wannabe: The Spice Girls Tribute Band**  
7:30 p.m. at the Bailey Theatre. Dancefloor tickets are \$20 for students and \$15 for balcony tickets. Tickets can be purchased at the Bailey Box Office or online at baileytheatre.com.

**Wednesday, March 28**

**Kentucky Headhunters**  
8:00 p.m. at the Loughheed Performing Arts Centre. Tickets are for students are \$54 and can be purchased at the Loughheed Box Office or online at camroselive.ca.

**Thursday, April 5 -**

**Saturday, April 7**  
**Funny Shorts**  
7:00 p.m. in the Theatre Building. Tickets are \$5 for students and can be purchased at the door.

**Friday, April 6**

**Troy Turner with Big Smoke Revival**

8:00 p.m. at the Bailey Theatre. Tickets are for students are \$15 and can be purchased at the Bailey Box Office or online at baileytheatre.com.

**Tuesday, April 10**  
**Requiem for the Living**

8:00 p.m. at the Loughheed Performing Arts Centre. Tickets are for students are \$32 and can be purchased at the Loughheed Box Office or online at camroselive.ca.

## Welcome Back!

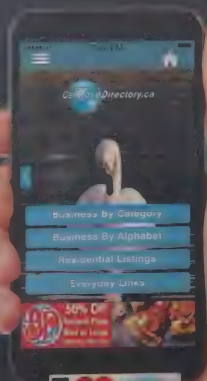
Download the App  
that gets you around Camrose!

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some of our Great Contests.



## Go VIKINGS!

**Vikings Athletics  
Makes Decision to  
Cut Operational  
Funding for Nordic  
Sports**

Due to more budget cuts for the upcoming academic year, the Augusta Athletic Department recently made the decision to cut operational funding for Biathlon and Nordic Skiing. That does not mean the sports will no longer be offered, rather that they will be sustained through the university as club sports or as broader recreational programming. Athletic Director Greg Ryan said the decision was a difficult one, but that cutting the funding for Biathlon and Nordic Skiing would prove to be the "least disruptive" with regard to student participation in athletics, spectator involvement and contributions to campus life.

Anyone with questions or comments can contact Randall Nickel, Executive Director of Student Life at randall.nickel@ualberta.ca or 780-679-1630.

# the Daglightale

maybe there'll  
be parking when  
we're dead.

Vol II, Issue IX ~ April 16, 2018

## Out With the Old, In With the New: Messages from the Presidents

Ben Curry  
Outgoing ASA President

I should start off by thanking everyone for an amazing two years as the President of the Augustana Students' Association (ASA). Right from the start I was amazed by the hard work of this campus and thank both of my executive teams and council members for their dedication.

In my first year as president, the biggest topics were the 3-11 academic schedule change and the creation of a Sexual Assault Awareness committee. These two priorities, I am happy to say, have transferred well into my second year as President. The introduction of the new academic schedule has been rough for students, but working with the administration and finding new ways to tweak the system will ensure that the new system works in favour of the staff and students for the future of Augustana. The creation of surveys and commitment to external committees has helped the ASA to have a more direct point of action on what we need to do as we move forward.

The other area of interest for myself and the ASA over the two years has been the Sexual Assault Awareness committee. At the beginning of last year, the ASA saw the need for a change in the culture at Augustana due to a lack of commitment from external areas on campus. There was also a need for better understanding and education about what sexual assault is and how to react and respond to it. I congratulate the Sexual Assault Committee this year for all their hard work on creating the committee and keeping that goal alive going into next year.

The most difficult thing the student body will have to deal with going into next year is the structural deficit and the reworking of the budget for Augustana. The ASA will have to remain aware



Amielle Christopherson/The Daglightale

Incoming ASA President Taylor Johnson (left) and outgoing President Ben Curry helped with the planning and organizing of Last Class Bash April 13. The two presidents have worked together over the last year on the ASA and look at what they've accomplished and what their goals are heading into the next year.

of what these financial changes are doing to the student body and react accordingly to ensure a full student experience here at Augustana. Already over the past two years we have seen what the cutting of funds has done to Augustana, with one fewer counsellor in the mental health department, and a continuously underfunded athletic department, which has most recently led to the reduction in funds to the Nordic teams. Unfortunately, this looks like it may only be the beginning for Augustana.

Students will need to rely on the ASA to keep them informed and current on what administration is planning on doing in the future and what options students have if they disagree with those decisions. The ASA will also have to continue to work with

administration and keep lines of communication open so that students and administration understand each other. We have to move forward together and I fully trust the new executive team of 2018-19 to be there for the student body.

I have learned a lot in the past two years, and it has been an honour to be your President.

Thank you.

Taylor Johnson  
Incoming ASA President

As President, there are several things I want to accomplish. The biggest thing for me is building a stronger working relationship between us and the Students' Union at North Campus. It is no surprise to anyone that there is a disconnect between us and North Cam-

pus and I don't think it's acceptable for us to continue down the path of meeting with them once and then never seeing them again. This is something that needs to be changed and is going to be one of my main priorities for the year.

I have already reached out to the new SU executive and they are all on board and excited to begin working together in the fall.

I also hope to help strengthen the communication between students and the ASA, especially with more changes on the horizon (a new Dean for the 2019-20 year, curriculum changes, etc.). Students need to be heard during this process and I hope to keep the lines of communication open.

I'm beyond excited and honoured to be serving as President next year and I can't wait to get started!

### Berger Talks

Dean Berger talks about funding cuts, 3-11, and plans for the future.

Pg. 3

### Dolla Bills!

We talk to Awards and Finance about your funding opportunities at Augustana.

Pg. 4

### Spotlight

We talk with graduating students about their time at Augustana and plans for the future.

Pg. 6 & 7

### Funny Bone

To finish off this year, we have not one, but two amusing comics!

Pg. 10

### Picture This!

If you missed the art show or drama production, do we have photos for you!

Pg. 12



# THE DAGLIGTALE

Apr. 16, 2018

## Meet the Team!

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Co-Editor

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## Overheard in the Newsroom:

"Apostrophe 's' has never been used to indicate the plural form. Never! Ugh, I'm so sorry that I'm so riled about this but the apostrophe debate is just a very sensitive one to me."

- Sammy Lowe

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Convocation

## Thanks for the Memories (and the salt!)



**Sammy Lowe**

Co-Editor



**Amielle Christopherson**

Co-Editor

Hello, valued reader.

How's it going? Feeling the ending crunch that always seems to accompany the end of the semester? Rough. Excited that the summer break, which brings the promise of jobs, money, travelling, food trucks, getting a real tan, UV-associated burns, camping, and the like, is just around the corner? Sweet. Realizing that the rampant and unending grayness of

winter is but a reflection of the true internal void of pure dread and numbness that continues to plague your husk of a body and ultimately threatens to consume you in a harsh, yet unceremonious, slow march towards entropy and irrelevance? Sameies!

We want to take this opportunity to thank you for being a part of the Dag this year! Whether you have been loyally reading each and every issue, or if this is the very first copy of the Dag you have ever picked up, or even if you aren't reading this and instead using the Dag to make a paper maché diorama because you opted for the "creative project" assignment instead of writing a final paper, we are happy that the Dag has been a part of your life (however big or small).

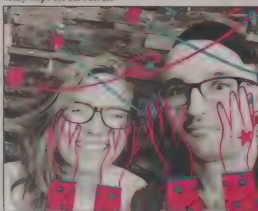
What a year it has been! From the new 3-11 schedule, to rampant budget cuts and protest at main campus, to amazing initiatives like the

Sexual Assault Awareness and International Weeks, to politely ignoring the students with unending tears in the library, there has certainly been a lot going on around campus. We have been so fortunate to witness so much compassion and kindness at Augustana throughout all of this, and we are both proud to call this Campus our home (well, home campus... is that a thing?).

Now that this academic term is coming to an end, and we have bravely step into the future together, we really hope for the best for

each and every one of you. Whether you are returning to Augustana in the fall, or headed off on your next big adventure, know that you are part of a campus-wide family that has benefited simply from having you be a part of it. Never forget the sense of community and humanity that you have contributed to here, and know that you are fully supported and equipped to go out and kick life in the butt!

And with that, big hugs, big love, and BIG DREAMS!



## Caring Thoughts - Mental Health Opinion Piece

Anonymous Contributor

Mental Health more like Mental HELL-th, am I right? Despite my shitty attempt at humour, mental health is an issue that needs to be discussed, and I'm not just talking about in general, but I want to talk specifically about mental health on campus. There are a variety of factors that play into what affects our mental health on campus and how it is being dealt with by the university itself. Remember when the 3-11 started, and everyone was pissed and kind of like, rightfully so?

Though it is not mandatory to take a 3 week class, it doesn't mean it hasn't drastically affected students who experience mental health issues. The first issue is definitely that we now have to dedicate 3 or 5 hours a day to one singular class over the course of 2.5 weeks, which for students who cannot always make it to class due to mental health reasons, significantly impacts their grade if they miss two or so days, and we also no longer have a full reading week, when realistically we should still be getting one full week per semester.

One of the main issues however, is our lack of on campus resources. Right now we have

Carmen, and yes we love her, but getting an appointment with her is insanely difficult. This is due to a high student population, and also due to the amount of people who need to see her weekly or bi weekly or daily or whatever has been deemed appropriate for them. So for one person to handle that many students means not everyone gets to be seen. Not only this, but (and I have personally had this happen) if you do manage to score an appointment with her, if you do not have a relatively severe and/or long term mental health issue then she will recommend that you don't come back unless you absolutely positively need to. Now, I'm not saying either short or long term mental health issues negate the other, but it's completely unreasonable that both cannot be accommodated.

Now there are outside resources to visit in Camrose, but often those cost money even with our student health plan covering it. Which, if you're like me and have literally had to live in \$10.00 for two weeks then it isn't always affordable to seek treatment. Even then, if you live on campus without a car, the cost to get to these appointments can also add up, plus any medications you may be prescribed can be

added to that cost. So is the student plan enough to cover this? That's another question when talking about mental health for our students.

Speaking of Doctors, I've found (this is in MY experience) that getting pills pushed on you is easy, but when it comes to long care and doctors working with our SAS on campus, that they are hesitant about saying you have a disability so that SAS can accommodate you. Now if you don't know what SAS is, it's Student Accessibility Services and they are there to help students with disabilities in their campus life. They provide accommodations, funding, and other types of help for disabled students.

Some other resources (and I highly recommend you see her) is our nurse navigator, Sally who is located in the learning commons. She will help point you in the right direction for mental health resources in the Camrose Primary Care network. Our student plan offers us access to online video chat mental health appointments.

Yes, the topic of mental health offers a mixed bag at Augustana, so be sure to voice your concerns to our ASA and the dean themselves, as they are the biggest ears and voices on campus.

# Dean Berger Discusses 3-11, Advising Concerns, and Plans for the Future

Amielle Christopherson  
Dag Editor

When discussing the 2017-18 academic year with Dean Allen Berger, the conversation circled back to one thing: academic structures. Berger made the comment that the post secondary education is a system of structures that have been in place for a long period of time that people don't question the nature of too closely, but that's currently what's happening at Augustana: questioning structures.

The first way the school has questioned structure is with the implementation of the 3-11 calendar this year and how that change has affected staff and students and in what ways classes and scheduling, academic advising, counselling, experiential learning opportunities, and other factors may also need to change in order to make things easier for students.

"It's been an interesting year because we implemented a new calendar, we implemented a new first year seminar program, so there's been all the concern about seeing if we can get that right," said Berger. "And you never get anything perfectly right the first time. Now the questions are all about, 'Where do we need to focus on improvements?' and that's the conversation we're going to start having in May."

Berger said feedback about the first year seminar has been "universally positive" from students who attended the seminars, faculty, and students who worked as tutors.

However, Berger acknowledged that feedback was less positive regarding the 3-11 change.

"I think in general the implementation of the new calendar was a bit more uneven. That's not entirely surprising," he said. Berger added feedback was more positive in classes where professors "re-invented their classes, thought creatively about experiential learning opportunities for students reassessed the kinds of assessments they do with student learning." Other classes that did not make as many adjustments to the new semester were less well received by students.

To respond to that concern, Berger said faculty will be coming together to share their syllabi with each other, discuss their classes and share what successes and problems they faced to help each other face the next year.

"There is no one right way to teach in a compressed course, but there is an opportunity for staff to learn from one another, to bounce ideas off of each other," said Berger, who thinks that, in general, faculty will welcome that kind of opportunity.

"The block courses are an ideal time for people to start thinking, 'Maybe content isn't the be all and end all,'" said Berger and said that professors are encouraged all around the board to reconsider how they conduct their classes and reevaluate what their most important learning objectives are.

While there have been frustrations regarding the new schedule, Berger also recognized that change often makes

people uncomfortable and time is the one thing required to make things easier. He also stressed that the goal at Augustana is to always have faculty experimenting with their teaching.

"The faculty member who is teaching the exact same course, the exact same way, year after year after year, isn't providing students with a quality experience."

While Berger is not directly involved in planning courses and making the schedule for each academic year, he did speak to some of the frustrations students have expressed over the last few weeks as

**"All of these things we've been talking about relate together: the structure of academic programs, imbalances in student enrollments, the development of very user friendly advising tools. All of these things fit together."**

- Dean Allen Berger

classes have been switched or removed as an option from Bear Tracks.

The Department Chairs are the ones who assign teaching loads and are responsible for time tabling, but one of the things Berger communicated them was that "during any ambitious change to expect you're not going to get it exactly right the first time, and you might not get it exactly right the second time, but you better show improvement, you better show you're taking evaluation and assessment seriously."

Some of the questions those chairs will need to address are: were a wide enough range of courses offered in the September and January blocks? Were the courses offered ones that truly took advantage of the compressed nature of the course rather than courses that were disadvantaged by the compressed time frame?

However, the budget cuts will also have an affect on which courses will be offered next year and into the future.

Although all departments at the University of Alberta were asked to make four percent cuts, Berger said cuts at Augustana added up to more than four percent, once all wage and benefit increases were taken into consideration.

"For us, we've scaled back on sessional staffing. We've asked, 'Do we really need to teach all the classes that we teach?'" said Berger, adding that in addition to reduced part time faculty, Augustana has also postponed some faculty searches.

Berger hopes students won't feel the loss of those classes too sharply, since the cuts were to classes with low enrollment numbers, averaging about five students per class.

When asked about required classes that have low enrollment numbers (such as language classes), Berger responded that, "We have to be very careful in any pairing back of course offerings that we do. Clearly we have an obligation to students to help them finish the programs they're in, an obligation to help students graduate in a timely manner. There may be some instances where we can offer

course equivalencies or offer a student a directed study option."

The question of low enrollment classes leads to a subsequent question: why does Augustana continue to offer programs that require classes that continue to have low enrollment classes?

Berger said that all programs except five (biology, kinesiology, environmental sciences, psychology, and business management) are all arguably underfunded and the question looking to the future will be: What do we do about that? How does Augustana go about having a more even

distribution of students and a more equitable teaching loads for faculty? Berger has an answer for that.

"The suggestion I have made is as Augustana looks to the future, we should be thinking about opportunities to build interdisciplinary programs that would draw student interest, that would effectively prepare students for all kinds of career options," he said. "We're the ideal kind of place to build interdisciplinary programs because our faculty are not isolated in their own disciplines. They have relationships with colleagues across multiple disciplines."

However, before we can look too closely to the future, there are still issues students are frustrated with in the present, such as academic advising and counselling.

Berger said academic advising underwent personnel change and reorganization this year, which should hopefully give students better results. However, he would like Augustana to look into developing high quality, online tools that enable user friendly, self service for relatively simple needs.

He would like to "refocus academic advising on things that are of higher value." Commonly asked questions such as: degree requirements, when classes will be next offered, adding or changing a minor, and other relatively low level questions should have questions easily available online so advisors can spend their time focusing on more complicated questions and save students time and energy waiting to see an advisor.

Part of those concerns would also require Augustana's faculties to commit to which courses are offered at what times and how often and be reliable.

Dean Berger thinks there is a lot Augustana could do on our own in terms of technological programming and implementing these kinds of tools, but it's complicated and expensive to do so. He also acknowledged that the current system is frustrating for students who may want to

do other things during their degree, such as taking advantage of travel opportunities during the three week semesters or doing a semester abroad, and not having a clear idea of which classes would be offered when would hinder that.

"All of these things we've been talking about relate together: the structure of academic programs, imbalances in student enrollments, the development of very user friendly advising tools. All of these things fit together. If you want to improve advising tools, it's not just a question about technology. It's also a question about how you schedule classes. That also becomes a question of how you structure academic requirements, which in turn becomes the question of what kinds of majors should we have? It all fits together."

Looking to the future, the Faculty Council has created a new council: the Curriculum Research Review Council (CRRC), which will be looking at where the curriculum is headed in the next few years and taking a look at what other undergraduate liberal arts schools are doing.

Berger wants Augustana to be the place where creative thinking happens and changes are made that may seem intimidating but are made with the intention of benefiting those who work and attend the university.

He also recognized that students hearing about more potential change may feel they're being forgotten about, which is not the case.

"Well, you're getting all creative about the future, but you don't want to make things more difficult for the current students," he said. "You can't pull out the rug from under current students." Changes won't be happening anytime soon. Right now the idea is to see what's happening and how Augustana can continue to make changes that have the opportunity to benefit the whole community.

To finish up his thoughts on the year, Berger said he was excited about the new science labs and that the administration is looking at what phase two will be for the classroom science building.

The Long Range Development plan for land use was completed and now there will be decisions made on where to start with future land use and to start making plans for the future of Hoyme and the potential of new residence buildings.

"My mindset is on what do I want us to get done, collectively?" said Berger. "I want us to be thinking creatively about where the curriculum is headed, where is advising and counselling headed. I want us to have a sense, too, what is the next project on the residence side?"

He's also thinking a little bigger than just Augustana campus proper.

"It would be really cool to see if we could put in an astronomical observatory at the Miquelon Lake Research Station," he said, noting that students from Main Campus already go out to the station with their telescopes because it's part of the Dark Sky Preserve and the viewing quality is better than in Edmonton.

# Getting to Know Your Financial Aid Office and Grabbing Some Caaaash

Amielle Christopherson  
Dag Editor

The one thing most students have in common is: how the actual frick am I going to pay for this degree? And rent? And food? And prices at Monica's went up so I'm not really sure if I can afford coffee anymore? It's tough and frustrating and seems to be something that we all struggle with every year.

One of the places that exists on campus to help with those struggles is the Awards and Financial Aid Office in Founders' Hall. Lacey Fleming is the Awards and Financial Aid Administrator who works with students to help them find funding options and see what's available. Tim Hanson is the Assistant Dean of External Relations.

*What is the role of Financial Aid at Augustana?*

**Fleming:** We're just a clearing house for all things related to financial aid for Augustana students. Whether students are curious about scholarships are available and they may be eligible for or completing a financial aid application or a loan application, we're here to either answer their questions or to find that out for them.

*Are you well utilized?*

**Fleming:** I would say so. On average I see about five students a week.

*How much does Augustana contribute to students in terms of scholarships?*

**Fleming:** In 2017-18, Augustana, as a faculty, gave out 478 awards in the amount of \$524,750 to 342 students.

**Hanson:** Roughly half comes from our operational budget and the other half comes through

donor funding. Part of it is endowment funding and the other portion is annual funding.

**Fleming:** In 2017-18, there were over 200 donor funded awards that were given out in the amount of \$266,650.

*With cutbacks, will available awards also be cut?*

**Hanson:** Not in 2018-19. That's going to be maintained. We are shifting some of our award amounts or criteria. The Entrance Award used to be given to students with an 80% or above, now they'll have to have 85% or above.

*Is Augustana seeing an increase in donors or donations?*

**Hanson:** I would say our donors are under the same economic conditions as we are. So some of them have gone down a bit. So we're doing well.

*How do students apply for the Augustana Faculty Awards and Financial Aid?*

**Fleming:** It's all online.

The application is there on the website and I want everyone to apply. It should take no more than five minutes and you don't have to know which awards you want to apply for. We do all the heavy lifting on that end.

**Hanson:** You just have to fill out the form and answer the questions, some of which are bizarre questions because they match criteria that a donor has indicated. In some cases, we give money to people for no other criteria than they're here from Bawlf.

*Important dates to remember?*

**Fleming:** The online application needs to be filled out by April 30 for returning students. And then the date varies from year to year, but the general undergraduate scholarship competition closes



this year on May 21.

*Can you break the awards down into more specific categories?*

**Fleming:** We do have some very broad categories that's difficult to narrow down because of specific and overlapping criteria. We have the academic awards, the returning student awards, performance awards that include athletic, leadership and fine arts awards, and a small sum of travel awards.

*What is really funded and what is not, in terms of the awards?*

**Fleming:** I would say generally donor funded awards for things like academics and leadership, hockey, business and economics, and music areas are fairly well represented. Areas were I think there is some room for more awards, if people were interested in creating them, are international students or students who receive academic supports, those enrolled in drama, visual arts, and outdoor education.

*Are donors made aware of areas that are underfunded?*

**Hanson:** We try to guide them as much as we can. But

at the end of the day, they can give to wherever they want.

There are some inequities in our program because some teams are supported more than others and so on. I think it behooves us to have that conversation with our potential donors.

*Can you break the awards down into more specific categories?*

**Fleming:** We do have some very broad categories that's difficult to narrow down because of specific and overlapping criteria. We have the academic awards, the returning student awards, performance awards that include athletic, leadership and fine arts awards, and a small sum of travel awards.

*Anything else?*

**Fleming:** Just that I'm here. I prioritize meeting and communicating with student, so I'm usually here in the office and available by email. If anyone has any concerns about finances, I'm here.

During the interview, both Hanson and Fleming stressed that there is effort put into trying to make sure the maximum amount of students receive

award funding to help with their education and they are aware that there is a disparity between some of the groups at campus (for example, athletics and art students), but that a lot of it comes down to decisions made by donors or groups that they cannot control.

Another factor students may not always see or realize is that alumni groups can often be the reason why a specific demographic at Augustana seem to be better funded than other parts. A good example is the Hockey Alumni who do a lot of fundraising for the hockey team so they can have the funds available for what they need. So while it may look like the team receives a lot of "extra funding", in reality, it's a group of alumni who work together to make sure incoming athletes don't have the same struggles they faced.

While that doesn't necessarily make things easier for struggling students now, it does mean there are options looking to the future to create alumni groups for other groups on campus to help with that underfunding challenge.

## Breaking It Down:

**Awards:** Given to students for academic successes or satisfy other specific criteria (i.e.: specific major or sports). Awards also include scholarships, performance awards (athletic, fine arts, or leadership), and university medals.  
\*Augustana students are also eligible for awards offered through the Main Campus's Registrar's Office.

**Bursary:** Funding for a student in financial need. Corinne Williams is the person to talk to at Augustana regarding bursaries and emergency student loans.

Students have to have a minimum of a 2.0 GPA and carrying a full course load in order to receive an award or bursary.

## But What About Mental Health at Augustana?

Amielle Christopherson  
Dag Editor

One of the big conversations at Augustana this year has been about mental health. How do we take care of it? What are the available services? How can a counsellor be expected to take care of all the students' problems?

According to Randal Nickel, the Executive Director of Student Services, when one of the counsellors at Augustana decided to retire in December, the decision was made to see how the new Nurse Navigator, Sally Wilson, would be able to meet those student needs.

While Wilson is an RN and able to see students for physical health questions, she is also well connected to the Canrose Primary Care Network (PCN) and able to

give students recommendations and referrals for same day appointments to doctors, mental health services, and other medical services.

The possibility of same day appointments is what has made the joint venture between Augustana and the PCN attractive for Student Services, but Nickel was quick to note that, should there be problems with that and students are not able to receive those services, then other avenues would be looked into.

Nickel said that he and Carmen Person, the current remaining counsellor, meet up regularly to discuss how things are going and so far those discussions have been positive, although that does not completely write off the potential to bring in another counsellor.

However, he also noted that Person has

been trying other options at Augustana for students to help them in group scenarios, for students who may find that group sessions are able to give them the same benefits as a one-on-one session and that diversifying the available options may be the key to meeting as many needs as possible on campus.

The idea is that by offering a variety of options (seeing Person, getting a referral to a local counsellor from Wilson, group sessions, etc.), Augustana can better provide the range of services that students are looking for.

Nickel noted that he welcomes feedback from students and is open to hearing about the experiences students have had with Augustana's mental health services.

To contact Nickel, you can email him at: randal.nickel@ualberta.ca.



# An Augustana Farewell - Reminiscing with Retiring Profs

Nathalie Hewa Dewagie  
Staff Writer

Each and every year has its own rhythm; new students make their arrival at the beginning of the year, and graduating students and retiring professors make their depart at the end. We interviewed two such leaving professors about their time at Augustana, their favourite memories, and what they'll be doing with all that extra free time they'll have!

**Milton Schlosser**  
Music Professor

**How long have you been at Augustana?**

"I have taught for 32 years, arriving at the age of 23 in 1985. I wore ties then to make myself look older than my students."

**What have been some of your fondest memories at Augustana?**

"In my early years, there was an incredible sense of camaraderie and working together — there was little money for wages and running our programs and, frankly, all you had to go on was goodwill at times."

"Yet, we staff members were professional, hardworking, and principled. The Camrose community was generous in its support, including of the music program. I laugh now when I remember how I purchased more pianos for students to practice on — beginning first for \$1,000 from the department, then travelling [around] the school district to buy off the crap pianos they no longer wanted. I think we got at least four or five — out of the trip that I did with our then administrative assistant, Linda Read."

"One of my proudest achievements has been the Music with Children program I initiated, begun on a small grant from the provincial government and now, after 31 years, still educating children here — some of our best graduates in Music began their music making in that program and came to study at Augustana."

**Favourite things about teaching here?**

"I loved how you could make a difference, one life at a time. I loved the diversity of people here and their big-hearted brilliance. Key people changed my life here — if you saw me back in 1985 and where I am today, you may not recognize me at times in terms of my personal beliefs and my thoughts in my own area of music."

"Maybe because I was so young when I came here, I look back and realize how much the institution shaped me for good in the world. "And, I came out as gay at this institution, a then Christian college

that could have fired me for being gay back in the 1990s, but didn't. I've always felt the support of the majority of my colleagues and a bunch of great people in the Camrose community. In the bleakest of times and days (everyone has them!), I always had great people around me. And that's what makes this institution great in the end — not the buildings and facilities and awards and achievements and being part of the University of Alberta, but the long history of wonderful students and staff."

"Last, but definitely not least, I met the love of my life here — my husband Paul Harland (retired English professor). Imagine that: a gay love story set in, of all places, small town Alberta. I mean, given all that, how could I not have great affection for the place?"

**Things you'd like to see change at Augustana?**

"I feel there is too much pressure on students and staff to achieve, rather than think and feel. I mean, really have the time to think and feel, rather than produce, produce, produce. Forty years ago, professors and students had time for inquiry and produced, in my opinion, better quality work, even if it was less in volume. I question whether aspects of the current model of academic inquiry are advisable, sustainable, supportive of mental health, and humane."

**What things do you hope for Augustana's future?**

"Spaciousness."

**Any words you'd like to leave for students and faculty?**

"In the words of Bishop John Shelby Spong, 'Live fully, love wastefully, and be all that you can possibly be.'"

**What are your plans for the future?**

"I am looking forward to doing more of the things that I love more often and without as much stress. Things like spending more time with family and friends, running, playing the piano, learning French and other new things, yoga, cooking, travelling."

**Rani-Villem Palo**  
History Professor

**How long have you been at Augustana?**

"Thirty-six years. I was hired in '82-83."

**What have been some of your fondest memories at Augustana?**

"A general memory that is ongoing is the quality of the student body.

The wonderful young people who, over the years, have been academically capable and personable. I've had hardly any problems with the students. Other memories are becoming part of the U of A, which really helped Augustana in a major way."

"There's the joy of the job; it is a job without being a job. Seeing students get to know each other, sometimes get married."

**Favourite things about teaching here?**

"Teaching here...the collegiality of the faculty. We get along well. It's a friendly, collegial place with a good time. It's a small school with a big story and a big footprint. It punches above its weight. There's considerable satisfaction here."

**Things you'd like to see change at Augustana?**

"Budgetary improvement right now. We depend on the government and the economy for it, but I would like to see more financial stability, so we could hire some more sessional professors. And more full-time professors. We also need more students but then we'd need more dorms and classrooms. And more funding for programs."

## Biatlon and Nordic Ski Program Changes

Isabel Munn  
Staff Writer

The rumor mill has been churning up some news, and one of those rumors is that the Biatlon and Nordic Ski programs are coming out from the Athletic Department at Augustana. "We've been aware of those misconceptions and give you truth. Augustana is redefining their Nordic programs, make sure that it can continue in the future, because the current model cannot sustain itself the way it is running."

"We are trying to preserve opportunity to ski and be a biathlete while making it sustainable."

—Gregory Ryan, Athletic Director

There are a few problems with the way the programs are set up, that set them apart from the other teams. They don't have a league to compete in like other sports do, or an identifiable set of peers to compete against. Not all other universities in Alberta have Nordic programs so there is difficulty in knowing where they are supposed to be competing at their levels. It is also an individual sport where athletes compete on their own, and they have limited funding. Ideas on resolving these issues include: allowing the Nordic sports to compete as a variety club.

This would give the competitive athletes space to compete and increase the recreational opportunities for all the students at Augustana. The cause of all of these changes was

There's less money for conferences, professors, and student organizations. This even affects salaries, so it is harder to attract quality professors."

**What things do you hope for Augustana's future?**  
"Live long and prosper!"

**Any words you'd like to leave for students and faculty?**

"It's been a wonderful gig. Thank you to my colleagues and especially to my students, past and current. Whether you're a History major or not, you have a history and we need to talk about it, as an individual, country, and society. When I know your story and you know mine, we get along better."

**What are your plans for the future?**

"Climb a few more mountains. Travel to Argentina, Chile, Vietnam, and Japan during our winter. Maybe go hiking in Patagonia. Spend more time with family. Finish my book on the Civil War."

There's a lot of money in athletics budget for the next few years."

"We are funding a facility at main campus with both old and new funds. This doesn't take into account our main athletic teams." —Gregory Ryan

This year Augustana is not losing their tradition and Nordic teams, but they are no longer going to receive operational funding from the university.

"We will continue to provide other support such as, but not limited to, some space on campus as well as financial support, and then for our athletics teams."

—Randall Nickel, Executive Director Student Life

Universities are not without some effect on the teams involved. They will not receive a future coach that is paid by the University and they will have a new system of governance. The university hopes to provide all students with quality recreational and competitive opportunities, but they have the difficulty of dealing with a limited budget.

"We plan to continue to work with all teams to increase alumni support, develop community opportunities, and link more closely with campus recreation for all students." —Randall Nickel

While change is in the air, we hope for a positive outcome for our Nordic and biathlon teams that will allow them to compete and stay active in their respective sports.

# Spotlight



## Take Me With YOU!!! - Graduating Student Profiles

Nathalie Hewa Dewage  
Staff Writer

With the end of the term right around the corner, Nathalie catches up with some familiar faces who are graduating this year!

Ayla Krangnes



**How long have you been at Augustana?**  
5 years.

**What have been some of your fondest memories at Augustana?**

Working with Res Life is probably the biggest one. I think, like, the slip and slide, a lot of the fun campus events, the quad.

**Favourite things about attending/teaching here?**

The community. I like how close the profs are to you and how easy it is to chat with them. I also love how easy it is to run into people you want to talk to!

**Things you'd like to see change at Augustana?**

More library dogs, and maybe more connectivity between the First Years and The Ravine and Off Campus students.

**What things do you hope for Augustana's future?**

Maybe more growth. Support for the arts, music, visual arts and drama in the same level as athletics. More chances for all students to showcase their abilities

**Any words you'd like to leave for students and faculty?**

Thank you for everything and for making Augustana what it is.

**What are your plans for the future?**

I'm going to take a year off and then I'm going to Vancouver Film School for special effects!

Sara Jobson



**How long have you been at Augustana?**

I have been attending Augustana for 4 years

**What have been some of your fondest memories at Augustana?**

I really loved the concert in the quad at the start of this year, it's always so fun to share music and food with friends!

**Favourite things about attending/teaching here?**

I have loved building more personal relationships with my professors than I would be able to at a bigger university. I feel like these relationships have offered me a lot of unique opportunities.

**Things you'd like to see change at Augustana?**

I would love to see the common spaces in residence get more communal use. I think these areas offer a lot of community building potential.

**What things do you hope for Augustana's future?**

I hope that Augustana continues to focus on the benefits that it can offer because it is a small campus with a close-knit community. It can be easy to focus on all the resources we miss out on because of being so small, but there are a lot of unique opportunities as well!

**Any words you'd like to leave for students and faculty?**

For students specifically, really embrace all the opportunities you can. Augustana is a really easy place to be involved with lots of activities, both academic and not. Being involved is an excellent way to make friends while boosting your resume/CV.

**What are your plans for the future?**

I am planning to go into a Master of Marine Biology focusing on animal behavior and cognition.

# Sammy "I'm NOT a Hipster Lowe"



## How long have you been at Augustana?

I have been at Augustana since 2013. So, 5 years?

## What have been some of your fondest memories at Augustana?

One of my favourite general memories of Augustana is that ... whenever I was on campus I never felt like I couldn't talk to someone. I was able to join a table at lunch, sit with them in the forum. That was such a great feeling, especially in my first year, when I was terrified of meeting new people.

## Favourite things about attending/teaching here?

I really like the personal connection with the professors. I've got to know and work with some of them. That's been a highlight for me. I also like how you can take a mix of classes. I've taken some Sciences, Drama, Music, and English, etc. I really like that.

## Things you'd like to see change at Augustana?

I would have to say more communication between the different groups, departments, students, and levels like the ASA, the administration and whatever. I find a lot of people have misconceptions. Especially about the drama students; everyone thinks we can

use the Peter Lougheed centre. Or that the ASA only plans parties and doesn't do stuff. Or some of the cuts we've seen have seemingly come out of the blue. Improving communication would keep people more informed and stop some animosity and tension from happening.

## What things do you hope for Augustana's future?

Honestly, I would really like to see it grow because I know right now it's close to capacity for students. People who come here have a positive experience, so having more people here but keeping the 'small campus' feel.

## Any words you'd like to leave for students and faculty?

Don't be afraid to ask for opportunities! I've had the chance to do a lot of really cool things on campus from leadership to clubs and research to beyond. There are a lot of opportunities and students think if it's meant for them, the opportunities will come to them. Or they're too afraid to ask. But the professors are actually waiting so go do it!

## What are your plans for the future?

No comment. Lots of tears.

## Liliane Thiessen



No, this is not a really weird picture of Liliane...it is, in fact a colour guide to indicate the sash-colour of each U of A Faculty during convocation!

## How long have you been at Augustana?

5 years

## What have been some of your fondest memories at Augustana?

Being part of the RA team, and going to events such as shows in drama, sports games.

## Favourite things about attending/teaching here?

I like the small campus; the community feel is great. The opportunities you have in learning as well as travelling while you're doing your degree. I also love the professor's interactions with you, they really care about emailing you back and one-on-one sessions.

## Things you'd like to see change at Augustana?

I guess for off-campus students, more communication. Just because I lived off campus for a few months last semester. Other than that, there isn't much for me to complain about personally.

## What things do you hope for Augustana's future?

That they can continue to grow and develop, and that 3/11 becomes successful. Also, that students have more opportunities because of it, and there are more events put on by the ASA and RA team. More diversification of clubs.

## Any words you'd like to leave for students and faculty?

Just do your best and put in the effort to get the most out of your Augustana experience.

## What are your plans for the future?

Hopefully get a job in the field of Psychology and maybe move to Edmonton. If not, somewhere else in Canada.





# Summer Employment Opportunities for Indigenous Students

Gavin Wilkes  
Staff Writer

While many people have already found summer jobs, and many job deadlines have passed, there is still some valuable advice for Indigenous students seeking summer employment.

The ASO offers help, advice, and shares postings related to Indigenous, and non-Indigenous, summer work opportunities. Even starting in January, there are some employers who begin posting for Indigenous students to work for them either through program initiatives, or grant funding.

Thankfully, the ASO collects monthly Indigenous,



Sammy Lowe/The Daglightle

Dancers participate at the Round Dance held at Augustana earlier this year.

and non-Indigenous, job postings and shares them through ASO emails either bi-weekly, or once a month. If you are an Indigenous student, and are returning to school for future academic years, make sure to read the emails sent by Megan!

Not only are the job posting emails a useful service, but Megan in the ASO will also help with advice, support, applications, and reference letters! Take advantage of the many services offered from the ASO if you can. Speaking of ASO job

posting support, last summer I worked with the Alberta Future Leaders (AFL) because of a job-sharing email Megan sent out. The position I took on was as Summer Programs Mentor; and the position is open to both Indigenous and non-Indigenous applicants.

The AFL program consists of an initial week of training for mentors to bond and prepare for their community assignment. Each community usually has one arts mentor and one sports mentor. Over the course of the summer, you plan daily and weekly programming, as well as prepare for a few sports camps and arts programs in the community, and go to Edmonton for Arts Week.

The AFL position was ex-

tremely rewarding by allowing me to connect with youth from the Gift Lake Metis Settlement and other youth from across Alberta when all mentors and some youth go to Edmonton for AFL summer events.

In the community, you learn a lot about the youth, the community, and the specific Indigenous culture and history which surrounds you during four months at your new home. If you get a chance (deadline has already passed this year), apply to be an AFL sports or arts mentor for the next summer; the experience is rewarding and connections made are lasting between community members and youth.

## What to Expect When You're Expecting (to Study Abroad)

Jenn Laskosky  
Dag Contributor

No matter what year you're in, everyone wants to get away from the same old campus setting. Whether you've been at Augustana for one year or five, sometimes you just need to get away.

I spent two and a half months living in Italy through the University of Alberta's school in Cortona and I have never enjoyed school more. You might think studying abroad sounds like heaven and it pretty much is, but sometimes things don't always go as planned. Here are some important things I learned from my semester abroad.

### Getting there is easy.

#### Leaving is hard.

Travelling to Europe by yourself may seem like a daunting task, but it can actually be really exciting. The administrators for the school in Cortona provided students with very simple, easy to follow instructions on arriving in Rome and our pick up to Cortona. While in Italy, travelling around is super easy, so take advantage of every chance you get. The trains run on a fairly smooth schedule and it's really easy to find your way around. You'll get so used to travelling on trains that you won't want to leave when it's time to come home. Once you know your way around things don't seem that scary anymore, except for the fact that eventually you'll have to come back home to Canada.

### Get ready to be best friends with your roommates.

Even if you have the option for a single room, I would recommend having at least one roommate. In Cortona I was fortunate

enough to have three roommates who made my experience ten times better. Roommates give you someone to relate to and, chances are, you're all going through the same struggles. Now, if you're lucky like me, you'll have an instant connection with your roommates which gives you someone to travel with, laugh with, and sometimes even cry with. You'll spend everyday and night with these people, so don't be surprised if they start to feel like your best friends.

### Don't be upset when plans don't work out.

Everyone has expectations when studying abroad, but more often than not, what we expect isn't always what we get. Accommodations aren't always great, people have clashing personalities, the weather doesn't cooperate, and on occasion someone might try to rob you. While all of these things sound like they might ruin your trip, you can not let that happen.

Consider the fact that you won't be studying abroad for long. Do you really want to let every little inconvenience ruin your time? No way! When you're in a foreign country things don't always work out, but it's part of the experience. Sometimes you even get a good story out of it. Like this one time I was getting off a train and this guy tried to rob me...

### Don't limit yourself.

If you're willing to spend the extra money to study abroad, make sure you really experience everything. Don't avoid an opportunity because it's out of your comfort zone or because you're worried about the cost. In the end it is always worth it. You'll never re-



Jenn Laskosky/The Daglightle

Top: A view of Cortona, Italy, where Laskosky did her two and a half month trip from January through March.

Bottom: The group in Paestum, in southern Italy.

get spending money on something that will enhance your experience. Even if it's something small, like eating gelato everyday. If it makes you happy, do it!

### Your time will fly by!

When I first applied to the Cortona program, I thought two and a half months was a really, really long time. Boy was I ever wrong. Your days will be so packed with classes, travelling, field trips, and just hanging out with your friends that before you know it, it's

already time to come home. Take advantage of the time you do have and don't take it for granted.

If you're considering studying abroad, I would highly recommend that you do! You will have the opportunity to meet new people, see new places, and learn from professors who know the local history. If you are given the opportunity to travel and study abroad, take it because you never know what adventures you'll find.



FreeYourMindandThink/Special to the Daglitage!

Just like everything in the Cosmos, we grow and continue on our own paths. The Dag is sad to see our out-of-this-world Cosmic Corner writer go, but we know that her future is bright (just like a QUASAR!). Best of luck, Crystal, and always shoot for the stars!

## To Infinity ... and Beyond!

Crystal Rosene  
Cosmic Corner

To cosmologists and astrophysicists, 5 years is a mere nanosecond in time as the universe marches on, doing what it has been for nearly 14 billion years. But as I reflect on these past 5 years, I find myself conflicted: time both seemed to slow down and yet somehow speed by before I knew what had happened (there is clearly some sort of space-time relativistic Einsteinian paradox at work here).

Be that as it may, it is with a somber mood and a heavy heart that I now sit down for the last time (after 2 years!) to pen my final instalment of Cosmic Corner for the Daglitage. There are so many incredible things in our universe and beyond that I wish I had time to learn about and share with all of you - quasars and dark energy, warp drive and photon torpedoes (L.L.A.P!), wormholes, time travel? The possibilities are endless!

If there is something I am proud of, however, it is of all the many different things I was able to share with all of you. In two short years, black holes, dark energy and Death Stars all became a bit less mysterious, while space travel, extraterrestrials and the Martian world all seemed a little less, well, alien. A few famous names in astrophysics were commemorated including admiring Galileo, and remembering Stephen

Hawking. Cloud chambers became less foggy and the northern borealis were seen in a new light.

So now that my five year mathematics and physics Augustana career - and two year Cosmic Corner Daglitage career! - is coming to a close, I find myself reflecting on my time and experiences here, to which I owe so much. The opportunities available to students here are unique and so rewarding. Take advantage of extracurriculars, do the directed study! Go the extra mile. Five years ago, when I first started at this school, I didn't have the slightest idea what my future would look like; now, with the support of faculty and friends I've made here, I am starting a Master's in Experimental Astrophysics this fall. How does that saying go? "Shoot for the moon. Even if you miss you'll land among the stars." How very fitting.

So thank you all for taking the time to read my periodic ramblings about space and physics, and allowing me to venture out into the world of science communications. To those of you who are also graduating this year, I wish you all the best in your futures; to those of you lucky enough to have a few years left at this school, I implore you to use this time to try new things, explore, and find your passion. This is truly the place to do it.

Go boldly, Augustana.

## Your Guide to PRIDE: A Summer of Pride Festivals in Alberta!

Natalia McGill  
Sex & Diversity

Let's take a moment and pretend that this summer you'll do all the road tripping you're saying you'll do, or that you'll finally find the perfect S.O you've been searching every gay bar for since 2016. Regardless, why not take your pride-game up a notch and try to hit all of the festivals you can this summer! Here is my guide to pride:

### EDMONTON PRIDE FESTIVAL

It runs June 8th through June 17th, with the pride parade on June 9th at 11:00 AM. If you're a beautiful queer boy (if you are queer and are a boy, then I can tell you, you are hella beautiful), kick off the pride week on June 8th at 9:00 PM at Steamworks Edmonton with grammy-nominated DJ showboy and have a blast at the underwear party that night. If that's not your speed, June 8th also offers a Youth Social for ages 14-25, a pancake breakfast for homeless LGBTQ youth, and a variety of other events early that week. After the pride parade, be sure to enjoy Pride in the Park with entertainment, food, vendors, and more! The week is also expected to bring much more parties, events, panels, and other entertainment all week. Visit [edmontonpride.ca](http://edmontonpride.ca) for more info.

### LETHBRIDGE PRIDE FESTIVAL

It runs June 15th through June 23rd. So if you can't get enough of pride in Edmonton, drive immediately to Lethbridge for their festival. Opposite of Edmonton, Lethbridge starts with other pride events such as Youth Dance (June 15), Martini Night and Award Gala (June 18), and they end with their parade and pride

in the park events on June 23rd. Events are still popping up so be sure to check out [lethbridgepride.ca](http://lethbridgepride.ca) to keep up to date.

### CENTRAL ALBERTA PRIDE

After your July break, I highly recommend taking a week (August 13-23) to head to Red Deer to enjoy their pride parade, adult comedy night, queer bowling night, RED talks, Rainbow Tea night with comedy and entertainment, and end your week with drag queens and kings! There are BBQs, workshops, and talks throughout that week as well. There is so much to do you won't be bored. Check out [centralalbertapride.ca](http://centralalbertapride.ca) for more info as they comes.

### CALGARY PRIDE

It is just after Red Deer pride, so zip down there and enjoy their pride festival which runs from August 23rd until September 3rd. Kick off with the Pride Parade and their Pride in the Park events with entertainment, food, queens, vendors, and more. Their event schedule hasn't been released yet, but expect much of the same as the other big cities: parties, bar nights, events, drag kings and queens, special entertainment, special dinners and socials, talks, and so much more. Not only that, but Calgary has a special pride day during K-days, so watch for that! For more info watch on [calgarypride.ca](http://calgarypride.ca)

There are plenty of other smaller-scale pride festivals happening all over Alberta, but if you have the time, I recommend checking out at least one or two of these amazing festivals. Remember to watch for road closures, plan ahead, and stay safe at all festivals and in all bar settings. Happy summer my dears, and happy happy pride!



# Procrastination Station

## ♄ ♃ ♉ ♈ ♊ ♋ Campus Horoscopes ♎ ♏ ♐ ♑ ♒ ♓

Tag Urself

### Aquarius (Jan 21 - Feb 19)

Misunderstood always, way too smart, loves to talk talk talk

### Pisces (Feb 20 - Mar 20)

Will give you everything, teary eyed boy, would paint with their food before they ate it

### Aries (Mar 21 - Apr 20)

Would be a bit gassy, secretly a nerd, goes out way too much

### Taurus (Apr 21 - May 21)

Clueless af, accidentally falls asleep, eats when they're bored

### Gemini (May 22 - June 21)

"Quirky" instagram user, knows too much, "yeah i USED to be in gymnastics"

### Cancer (June 22 - July 23)

Sleep schedule is wack af, talks forever, never farts

### Leo (July 24 - Aug 23)

More attention pls, "oh you mean you haven't HEARD?", likes to plan stuff

### Virgo (Aug 24 - Sep 23)

Literally has 47 cents, accidentally rude, eats too much

### Libra (Sep 24 - Oct 23)

Will give Leo the attention they need, never not right, cries a lot at night

### Scorpio (Oct 24 - Nov 22)

Dramatic af, sleepy bug, way too on top of things

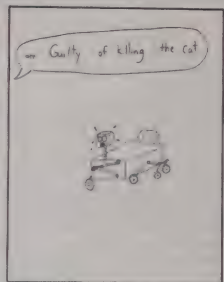
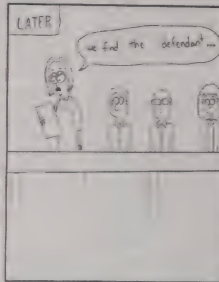
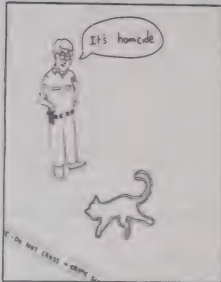
### Sagittarius (Nov 23 - Dec 21)

The best jokes, can be alone for days, picky eater

### Capricorn (Dec 22 - Jan 20)

"It's not a pyramid scheme", would walk to Europe if they could, loud af

## Cartoon Cove



Curiosity  
An Original  
"Ayla Is Awesome Cartoon"

Albertan Springs  
An Original Comic by Sadie Sherman (contributor)



## Ask Amber

Your sassy, satirical self-help guru

Dear Amber

What do you do if you're in a relationship, but want to take a hiatus for the summer and then pick things back up when the school year starts? How to approach the subject? Is it even do-able?

Signed, HeartOnHiatus

Hi HeartOnHiatus,

What would you do if you had a job, but they fired you for the summer and told you to come back in the fall telling you that they just didn't have room for you. Then you find out that they hired multiple other people over the summer while you were jobless? Or what if your friend wanted to stop being your friend for four months? Or what if your roommates decided they didn't want you living with them for the summer but brought in another person to take your place?

Hell, if they want out let them go and drop your winter weight instantly just in time for summer. Screw that person.

Love, Amber

Dear Amber,

I want to travel this summer, but it's so impossible to get enough money to travel the way I want to. What do you recommend I do to curb the craving?

From, TravelBug

Dear LoveBug,

Wait until fall to travel. Wait until your loans come in, drop all your courses so you get that refunded to you and then take it all out in cash and RUN. You can travel for the rest of your life that way.

Love, Amber



## Sexy Summer Sudoku!



### Son of a Beach! (Beginner)



	7	5	3		8
4		8		5	2 6 7
9					
		1	8 9 3		
7			5	2	9
	5	7		1	8 3
1				4	6

### Who Wears Short Shorts? (Intermediate)

7		3			8
5	6				9 2
		9			
			5		
			3	1 9	
2	8		7		5
			4		7
	7				5
	1	8			



### Oh, Those Summer Nights... (Advanced)

7	2	9			6
			7		8
				2	5
2	4				
			7		8
		3	9	4	
		1			3
	9			5	6
3	4		9		5



Have a...

Great Summer !!!

from **the** Daglightale

Augustana's Student Newspaper - Since 1985



# Augustana students are talented as heck and their art is a gift

Amielle Christopherson  
Dag Editor

In case you decided you were done with school before the last week of classes and weren't around at all, you couldn't have missed all the great artwork on display in the Forum, Founders' Hall, and the Ravine Studio. There were paintings taller than me, intricate drawings of delicate things, abstract works of wonder, and creative uses of colour, subject, material, and ideas.

Partly because I'm a fan of art and people who create and partly because I'm roommates with a superbly talented artist, the annual Art Show is one of my favourite times of the year. Mostly because these über talented individuals do not get nearly enough recognition for the time, energy, creative thinking, stress, and general lack of sleep that goes into creating all of this stunning work.

Not only creating the art, but organizing the Art Show takes a lot of work and energy, and we at Augustana are incredibly fortunate that we have students who are willing to do that. So thank you to Amy MacInnis and all

her volunteers for putting everything together (and subsequently taking it down). It was amazing.

Augustana is also home to some wonderfully dramatic humans who use their talents to great use in the Drama Department.

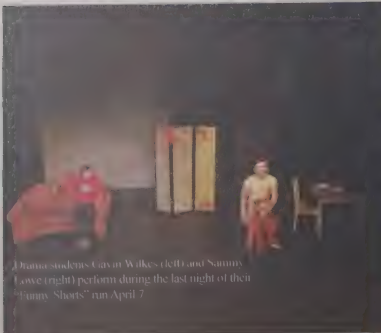
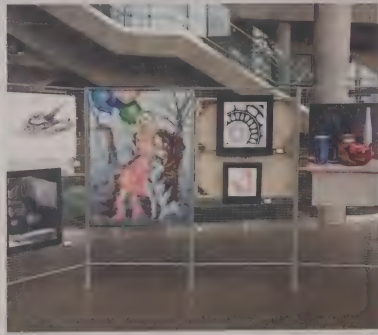
This year's production, "Funny Shorts", ran for three nights in the Theatre Building and the cast did a superb job with each of the six shorts they presented. I'm no drama critique, but the audience laughed and clapped and thoroughly seemed to enjoy themselves, which, in the end, is the goal.

While the performance only lasted an hour and a half, I know 20 times that kind of time went into practicing and perfecting it, so thank you to the drama students for dedicating yourselves to perfecting your skills. You all did wonderfully!

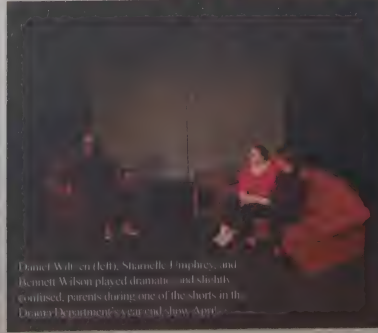
Augustana is home to some amazingly talented individuals and if you missed out on any of these events this year, I encourage you to take the time to seek them out, participate, and enjoy them next year. These students work hard and deserve to be recognized for their efforts.



Graduating student, Rhea Larson, stands in the Ravine Studio with one of her many paintings that were on display during the Art Show.



Drama students Gavin Wilkes (left) and Sammy Lowe (right) perform during the last night of their "Funny Shorts" run April 7.



Daniel Walzen (left), Sharnelle Emphrey, and Bennett Wilson played dramatic—and slightly confused—parents during one of the shorts in the Drama Department's year-end show April 7.

# the Daglightale

we read the Dag  
for the  
horoscopes, too

Vol III, Issue I ~ Sept. 10, 2018

## ASA Pres. Johnson Ready to Make Her Mark at Augustana

Amielle Christopherson  
Daglightale Co-Editor

If anyone needed evidence that the Augustana Students' Association (ASA) is more than just a simple party planning committee, they got it during the freak storm that wreaked havoc during the second annual Beers & Bands event in the quad on August 30. The ASA and its members (as well as several volunteers) all banded together to dismantle and relocate the party to the Chapel and make sure everything was put away and the area made safe for others.

It's that kind of teamwork that ASA President Taylor Johnson is looking forward to utilizing during this 2018-19 year at Augustana.

"The ASA's job is to advocate on students' behalf to the university, as well as the Camrose community," said Johnson. "We are very fortunate to have a seat at the table where many big decisions are made." One of the tables Johnson sits at, along with ASA VP Communication Alex Ho, is where the decision for the next Dean of Augustana will be made. Dean Allen Berger is currently in his last year at Augustana, which means the search is on for someone to fill his shoes, a turning point that brings with it a lot of questions, both



*Submitted by the ASA/Special to The Daglightale*

Augustana faculty led band The Men Who Fell To Earth performed during the second annual Beers and Bands Aug. 30. The event featured a host of local talent who performed for Augustana students and faculty during the evening. The show continued on inside the chapel after a storm hit and forced a quick relocation.

of what Augustana offers and what its future looks like.

"Without the ASA, it is likely that students may not be consulted throughout these big university decisions," explained Johnson. "We are here to ensure that the student voice is not only heard on this campus and in this community, but that it is actually listened to and taken seriously. We also provide many services to students [...] that likely would not exist in their current capacities without the organization and the students in it."

These services Johnson is talking about include: the Students' Union (SU) Health Plan, the con-

signment book store in the ASA office, and the newly revamped Volunteer Core 2.0, which is being headed by Ho in an effort to give students volunteering opportunities without long term commitments.

Johnson has other goals for the ASA this year. These include engaging more with North Campus and the SU, to engaging more students on campus and facilitating the successful completion of the ASA's organizational priorities. When it comes to meeting with North Campus, Johnson realizes how important it is for them to represent Augustana as they do the students in Edmonton. John-

son acknowledged that "in the past we have not had a very good working relationship with our SU counterparts," and that it was one of her campaign promises to work towards improving that relationship. She's hoping to go about doing that by "establishing more frequent meetings between the SU Executives and the ASA, as well as we hope to look into the possibility of hosting some sort of U of A wide activity, which would be super exciting!"

The most direct line of communication the ASA has with the SU is through Augustana's SU Councillor, Lane Anderson. Anderson is not a member of the ASA but

rather is a voting member of the University of Alberta Student's Council. It's Anderson's job to directly represent the needs of Augustana students to the SU. For anyone who has questions, comments, or concerns about Anderson's role, Johnson said they are free to email or talk to her or Anderson about it.

Johnson will also be working towards engaging with a wider audience of Augustana students, not only in regards to events and bashes, but, more importantly, in the name of advocacy related issues.

Continued on pg.3

### Editorial

We're back and providing you with the same 8 pages you've come to love.

### One Last Berger

Dean Berger welcomes students back for his final year at Augustana.

### Spotlight

See what Daglightale and Augustana alumna Ayla Kranges has to say about life outside of school and in the big wide world of Vancouver.

### What's Up

Check out all the great things happening around campus and town!



**Sept. 10, 2018**

**Meet the Team!**

**Amielle Christopherson**  
Co-Editor

**Nathalie Hewa Dewage**  
Co-Editor

**Natalia McGill**  
Sex & Diversity Columnist

**Sadie Sherman**  
Cartoonist



**Want to see your name up here? Come to our first staff meeting THURS. SEPT. 13 @ 5 p.m. in the Daglightale Office next to the ASA Office.**

Email: asadag@ualberta.ca  
Website: daglightalenews.ca

Phone: (780) 679-1542

Office: Forum L1 002 - 4901 48 Ave, Camrose, Alberta T4V 2R3

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**Overheard in the  
Newsroom:**

"I haven't said anything funny or witty have I?"

"No, you've mostly been working."

"Ugh, I'm so dedicated."

We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Welcome

## Augustana: A Pretty Good Place to Come Back To



**Amielle Christopherson**  
Co-Editor

Hey Augustana! Are you ready, students? To be honest, I can't hear you due to the small student population on campus for the three week, but that's okay! I hope you all had a great summer working jobs that didn't kill your soul or where you made enough money it was worth killing your soul and that overall you had some kind of a break and managed to kind of, maybe, catch up on sleep? Yeah, me either! So we're all starting on the same page. Wonderful.

Honestly though, I was kind of ready to get back to Augustana and the community we've got here and the people who inhabit the space. And by that I mean I was so ready to see Terence every day because that's who's really making sure we stay enrolled, amirite?

Though I'm only (read: not at all) joking a little bit, there are a lot of wonderful people I was ready to come back and see and a lot of things I was really excited about this year.

One of them is working on improving The Daglightale and trying to create a solid, dependable group of writers and photographers that Nathalie and I can help along and mentor throughout this year. It's really exciting to me to see students have the opportunity to explore and expand outside of the

classroom, whether it be with us here at the Dag or in some other way.

I've been at Augustana for four years now (yikes) and one of the most important things I've learned here is that I want to pass along to others is that there are so many opportunities available. Whether they're ones that already exist (such as working for the Dag or in the Cafe or being a part of the ASA, etc.) or ones that you create for yourself, there are so many people that are willing to listen to your

ideas, to offer support and help and direction if you only reach out and start looking.

So while the beginning of the year can be overwhelming for you, no matter if you're in your first or your fourth year, take a second to think about something that you'd really like to do and find the courage to ask or tell someone about it. Because there's a pretty good chance someone around here will help you make it happen. Amd that's what I was really excited to come back to.

## Finding Happiness in the Small Things Around Us

and English major. Some of you may also know me as the RA of Anderson.

Yes, sometimes it can be tricky balancing all these things, but I'm glad to do it. I want the Dag to be like my building; a warm place for people to come

home to. I want it to be inclusive and fun, and everything you can hope for in a school newspaper. Because at the end of the day, if the Dag makes just one student happy, or manages to make just one student smile, then that's the point, isn't it?

**Nathalie Hewa Dewage**  
Co-Editor

So much of our time is spent getting to class, getting to work, and getting things done. We never get time to sit down and do the small things like taking care of ourselves, or even drinking some tea, or reading the newspaper.

This year, my hope is that The Daglightale becomes one of those small things; a form of self-care. Whether it's just to play a little game of sudoku, or to look at a piece of art, or actually read an article, this is what the Dag is here for.

My name is Nathalie, and I'm really happy to be your newest Daglightale editor. Right now, I'm a third-year Psychology

# Johnson aims for more connection with Augustana, Main Campus

Amielle Christopherson  
Co-Editor

Continued from pg.1

With the number of changes that have been happening and will continue to happen on campus (the 3-11 calendar, new substance use policies, potential curriculum changes), Johnson wants students to know they have a voice and that speaking up and letting the ASA know about their thoughts does make a difference.

"It is important for us as an organization to connect with as many people as we can to ensure that we are best representing the student population at the tables we sit at," said Johnson.

Connecting with the students on campus is one of the things that the ASA has struggled with in the last few years, something Johnson acknowledges and aims to continue to work towards and find solutions for.

"It's always difficult to make sure that that we are

reaching all students with information and with our events and our services. It's impossible to make everyone aware, but we have some exciting new ideas to tackle this problem, which I'm very excited about."

However, while the ASA is pushing new communication initiatives for this next year, Johnson also notes that the students also have a responsibility to seek out information and find what's available.

She wants the students to get as much as they can out of the ASA, and cites lines of communication as one of the best ways to do so.

"Check out our social media pages, get familiar with your representatives, and don't be afraid to come and stop by the office, even if it is just to say hello. There are a lot of ways to get involved, and by keeping the communication lines open it lets students really get the most out of our services.

It's one thing for us to put that information out there,

but communication is a two way street."

There are multiple members of the ASA who play specific and necessary roles to make sure it runs smoothly. They are as follows:

## President:

Taylor Johnson.

Her role is to oversee the day to day affairs of the organization, and ensure that the ASA is running efficiently and effectively. Her role is also to delegate tasks, and essentially be the face of the organization.

## VP Academic:

Naomi Mahdere.

Her role is to advocate on behalf of students in regards to anything surrounding academia, for example, 3/11 feedback would fall under her portfolio. She is also in charge of running After U programming. The VPA also sits on many university committees that are academic related.

## VP Finance:

Nnenna Achebe.

Her role is to oversee the ASA budget for the year, as well find new sources of fundraising and revenue generation for the organization. She is also in charge of finding student discounts so if there are any businesses in Camrose that you would like to see a student discount for, have a chat with her sometime!

## VP Communications:

Alex Ho.

His responsibility is to communicate the interests and services of the ASA and its members to students, faculty, and the wider Camrose community. He is in charge of all promotions we put out, our social media pages, and he will also be the one heading the Volunteer Core.

## VP Student Life:

Jennae Matzner.

Her role is to plan and execute activities that contribute to student life at the Augustana Campus of the

University of Alberta. She is also overseeing all ASA clubs on campus and sits on many university committees related to student life.

The ASA also has councilors as follows. They do not have any job specific duties, but they do sit on internal ASA committees, as well as other university committees.

This year they are:

**Second Year Reps:**  
Eve Mertins & Y'na Tejol  
**Third Year Rep:**  
Ally Brigley  
**Indigenous Students Rep:**  
Abigail Lee  
**International Students Rep:**  
Areesah Ahmed  
**Councillor at Large:**  
Matthew Caffaro

Reminder for students wanting to get involved: nominations for council positions opened up Aug. 30 and nomination packages can be found in the ASA Office.

# More Than Meets the Eye: Secret Services at Augustana

Amielle Christopherson  
Dag Co-Editor

It can often take students several months, if not years to learn about all the various services that Augustana has to offer its student body. The First Year Seminars (FYS) aim to close that knowledge gap for students, offering them an in-depth three week crash course in a variety of things that will make their time at Augustana as successful as possible.

However, for the rest of the student population, there are often things they still don't know about in their third or fourth years here. So! We're here to help with some of the things that you may not have been aware of that can help make your time here as successful and exciting as is possible.

One of the first things students should check out if they haven't already done so is the Awards and Financial Aid office in Founders' Hall. Lacey Fleming is the person you'll find in that office and she'll be able to answer your questions about what funds you may be eligible for, what deadlines you should watch out for, and all things money related. She has access to a ton of information and, if she doesn't have an answer, she'll put in the work to find it out for you.

For instance, if you want to do a semester abroad, Fleming will have information on what funding will be available to help make that possible.

Speaking of going abroad, talking to Jayla Brewer in LAB, which is also in Founders' Hall, will give you an idea of some of the options you have for travelling abroad. There are Augustana specific trips (such as a semester abroad in Cuba or a great program between Norway or Italy that Augustana has), as well as individual travel abroad options available. It's a great opportunity to get to see more of the world and tuition fees are the same as what you'd be paying for a semester at Augustana.

Mental health is super important and Augustana is really good about promoting good mental health practices. Professors are often really good if you find you're having a rough time and, if you reach out to them and explain your situation, most of them will be accommodating. We also have Carmen Person up on the second floor of the Library in 2-146. There are drop in times on Wednesdays from 1 to 3 p.m. If that doesn't work for you, you can e-mail [augustana.counselling@ualberta.ca](mailto:augustana.counselling@ualberta.ca) to book an appointment or see Jo-Anna Wohlgemuth in the Learning Commons.

Also available up there is the Nurse Navigator, Sally Wilson. She's available Tuesdays through Fridays from 1 to 5 p.m. for both walk-ins and scheduled appointments and can answer both physical and mental health questions.

The Learning Commons itself is a pretty neat space designed for students. They've got white boards, plug-ins, desks, etc. available for students. So if the Forum or the Library isn't your exact cup of tea, try heading up there and getting your work done.

Your student advisors will also be making an appearance outside of their office throughout the week. You'll be able to find them in the Aboriginal Students' Office on Tuesdays and in the Forum on Fridays from 1 to 2 p.m. both days.

If you have an interest in getting some leadership training, Augustana will be hosting an Emerging Leaders program. It's the second year they're doing it and the dates are Sept. 19-21. Although the deadline to sign up has already passed, there is more information available so you can take part in the next version. Find out more here: [www.su.ualberta.ca/services/leadership/leader\\_prog/](http://www.su.ualberta.ca/services/leadership/leader_prog/)

One of the biggest complaints students at Augustana have had over the years is the lack of accessibility they have in getting around. Not all students are in possession of a vehicle and not all students have a driver's license, making getting around and out of Camrose a difficult, and often tedious, process.

Last year, Augustana added POGO Car Share to its list of services in an effort to give carless students an

opportunity to get from Point A to Point B. POGO is a great idea and a wonderful option for students, but a collaboration between the City of Camrose and Red Arrow bus services is increasing the options students have to choose from for transportation.

Starting Sept. 4, Red Arrow will have a bus making three stops in Camrose and four stops in Edmonton three times daily, five days a week. That means from Monday through Friday, from 7:00 a.m. to 3:30 p.m., Augustana students will have an opportunity to make their way across Camrose and into Edmonton.

A one way trip into Edmonton will cost \$20 per person, with tax included and drop riders off at strategic locations that will give them access to other transportation services within Edmonton, as well as ideal locations for shopping and recreation.

For a timetable of departure and arrival times, go to: [www.camrose.ca/camroseconnector](http://www.camrose.ca/camroseconnector). For online reservations go to: [www.redarrow.ca](http://www.redarrow.ca).

For a campus of such a small size, Augustana offers quite a large variety of services and activities for all of us. If you're not sure if something's available, ask someone! The people who are here are in place to help make sure your educational experience is as fulfilling as possible so make use of them and the services they provide.

# Dean Berger Welcomes Students Back for His Final Year

Amielle Christopherson  
Dag Co-Editor

After several years of meeting Dean Allen Berger for a back-to-school interview, this was the last year I had the opportunity to do so as it's Dean Berger's last year as Dean of Augustana Campus.

Although his time with us here at Augustana is approaching, the Dean is not slowing down in terms of projects, dreams, and initiatives that he has for the school and what he would like to see accomplished here.

One of the first things Berger talked about was this being the second year of the 3-11 calendar. Berger said he was "quite satisfied" with how last year's First Year Seminar went and saw this year as "an opportunity to build on what's already a strong foundation."

As to the how the calendar applies to returning students, Berger stated that there is "still so much unrealized potential and so we have an opportunity to begin to close whatever gap exists between our aspirations and the rhetoric related to the calendar and the actual delivery.

"I think there were some amazing experiences that were facilitated by the calendar but we

need to increase their number and more consistently deliver on those promises," he added.

Augustana professors took part in a two day faculty seminar in both May and August, during which time they shared their ideas and experiences with the three and eleven week classes in an effort to share what had and had not been successful to improve overall experiences for students and professors alike.

One thing Berger has had a passion for over the last few years is new ways to look at curriculums, their requirements, and new ways to combine disciplines and interests to better interest both students and staff at Augustana.

He said that this academic year will also be an opportunity for professors to focus on "opportunities to build new, multi- or interdisciplinary majors. We want to focus on things that will be exciting to faculty, give them new ways to collaborate across what have been traditional boundaries. Also exciting to students to in terms of new program opportunities."

Berger wants to make sure that those opportunities stretch students' learning beyond campus.

"How is experiential learning integrated into ideas for new programs?" he asked, adding that "one of the challenges that we're posing to faculty who will be thinking about new directions in academic programming is: "How does your program take maximal advantage of the new academic calendar?" He wants to make sure professors are taking this opportunity to think outside the box as much as possible and try new things with how they approach and teach their classes to give both themselves and their students new and innovative opportunities.

Another new challenge for Augustana, and governing bodies across Alberta, is the fast approaching legalisation date of marijuana. Berger said the school is looking at what it will mean for Augustana as part of both Camrose and the University of Alberta.

Currently, it looks like the City of Camrose will be accommodating cannabis use into their tobacco laws, which will mean that Augustana will have to say what the University of Alberta says.

"If we expand substance use to things like alcohol, that makes very clear that Augustana's approaches have been somewhat

different historically," said Berger. "Legalisation is an opportunity for us to review our approaches to substance use across the board. That's going to be a major initiative this year."

The legalisation date is an awkward one as it happens in the middle of the term, but Berger is targeting for policies to be ready and in place for the Winter Term, and believes that it will result in changes to currently existing alcohol policies.

At the end of last year, Augustana received a donation of \$500,000 from a donor to build an observatory out at Miquelon Lake, something Berger is thrilled to be able to work on before he leaves.

The school is currently in the process of purchasing a portable telescope and then developing all the necessary plans and blueprints for the project itself over the course of the year. The hope is the observatory will be ready within the next year and Berger sees the new observatory as a creative way to expand three week courses and improve existing offerings as the project will also expand the available capacity at the research station to accommodate larger groups and classes.



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# Spotlight

With An Augustana Graduate ft. Ayla Kranges



Nathalie Hewa Dewage  
Dag Co-Editor

Graduating from university is always a fun, exciting, tricky and scary experience. Whether this year is the beginning of your academic journey, one of your last, or some year in between, it can be helpful to hear stories of where life can take you after your convocation ceremony.

We caught up with Ayla Kranges, a recent graduate from Augustana to catch a glimpse of her life after graduation!

**What degree did you graduate with?**

Bachelor of Science in environmental science, with a minor in studio art.

**How long did it take you to graduate?**

I decided to take five years, so I could have an easier course load and an extra year to figure out what I wanted to do with my life.

**What was something you really appreciated about graduating from Augustana? Something you didn't like?**

I really appreciated how so many profs and staff encourage you to keep in touch when you leave, and to send them updates about what you're up to! I also appreciated all the cupcakes at grad. What I didn't like was leaving :(

**What were opportunities you wish you'd taken advantage of while you were in school?**

I wish I would have applied for more scholarships. I also wish I would have been more involved with clubs; I never really did much aside from sign up for a few at the beginning of the year.

**What are your plans heading into this fall?**

I'm working as a building manager for my apartment building in Vancouver until I start school next year (so mostly shovelling dead raccoons and telling people they're not allowed to raise pigeons on their balconies), as well as working as a liaison between film crews and a creepy old mansion owned by the same company that owns my apartment. In April, I'm planning on going

to Vancouver Film School for their Special Effects Makeup Design for Film and Television program.

**If you've been applying for jobs, what has been one of the biggest lessons you've learned?**

I happened to get lucky and found an apartment that came with a job when I was apartment hunting in May. It was perfect, because I desperately needed both of those things, and the job was pretty much like what I was doing that year at Augustana as a hall coordinator (plus some racoon shovelling). So I guess my biggest lesson was that opportunities can come up where you're not really expecting them.

**Do you think you were adequately prepared for life after graduation?**

I don't think I was even prepared for life before graduation, to be honest! I've mostly just been rolling with the punches, like before. I think Augustana prepares you pretty well for learning to manage stress and money, though. What I wasn't prepared for was how much



Submitted by Ayla Kranges

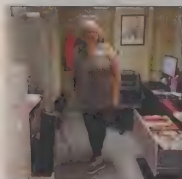
Recent Augustana graduate Ayla Kranges discusses some of the challenges and surprises she's run into during her short post-graduate life in Vancouver.

harder it is to make new friends outside of university! You go from living with most of your friends and eating nearly every meal together, to googling, "how to make friends in a new city" every week.

**Any words of advice for those who are still at Augustana?**

Don't be afraid to take the time to really decide what to do with your future. While I really loved taking environmental science, it's no longer a part of my future plans. I may have learned many valuable things from it, and it also helped shape who I am, but university is a very expensive method of self-discovery.

## Lining Yo Pockets with that Sweet, Sweet Dough: Finding a Part Time Job



A good way to make friends and get to know people on campus is by working for Foods Services with Lilas Bielopotocky (left) in either the cafeteria (right) or upstairs in Monica's Cafe.

Nathalie Hewa Dewage  
Dag Co-Editor

Have you ever considered working a part-time job during your studies? Having a job during the school year provides a learning space for life skills such as active listening and time management, whilst also offering job related skills such as teamwork and communication. Not to mention, a job during school looks great on a resume and shows employers that you possess a certain amount

of responsibility in your professional history.

Even if you're not necessarily interested in the professional side of things, having a job encourages you to meet new people and provides a source of income (that you can spend with those new people!). Plus, on campus or off, having a job can just be a fun experience!

Check out these opportunities below to find out opportunities around campus and in our community.

**For positions on campus:**

- The ASA is looking for a

DRO (Deputy Returning Officer), as well as Poll Clerks. The deadlines to apply are **September 28th and 12th**, respectively. They are also looking for an Event Photographer.

Contact Alex at [asavpcom@ualberta.ca](mailto:asavpcom@ualberta.ca) and Jenna at [asavpstu@ualberta.ca](mailto:asavpstu@ualberta.ca) for more details.

- Monica's Cafe and the cafeteria are both hiring! Email your class schedule to Lilas Bielopotocky at [lilas@ualberta.ca](mailto:lilas@ualberta.ca).

- While TLS isn't necessarily actively hiring, if you drop off

a physical copy of your resume at the office and take a second to talk to the guys in the office, you may get a lucky spot there.

- The Vikes Crew is looking for new members! Watch out for a sign up table in the Forum later in September or contact Jadene at [jadene@ualberta.ca](mailto:jadene@ualberta.ca).

- Finally, The Daglightale is looking for writers and photographers! Drop by our office at 5 p.m. on Sept. 13 for pizza and to get a chance to explore the world of student journalism!

We will provide job application forms, but please bring two to three examples of your work (be it written or photographic).

**For positions off campus:**

- The Norsmen Inn is looking for a part time cashier at Hagar's Cafe and a weekend bartender for the Tap Room. Contact the Norsmen Inn at 780-672-9171 for more information.

- Ardene's, Sport Chek, and Mark's Work Warehouse are all hiring sales associates! Check out Indeed.com for more information.

# Things To Do in the Retiree Capital of Canada

Amielle Christopherson  
Dag Co-Editor

If there's one thing I've heard the most since moving to Camrose many years ago (okay, three), it's that there's nothing to do in town. NOTHING. That people have looked high and low and have found not a single thing that interests them in this city.

And I know, I know: Camrose isn't Edmonton, it isn't Calgary. We don't have a Rogers Stadium and we don't have a dozen bars to choose from and we don't have bright shiny lights or the random opportunity to run into famous people. I get it: it's different.

However! With a small change in expectations and a keen sense of adventure, there really is a lot to do within Camrose and, bonus!, most of it is a lot cheaper to do than if you were doing it in Edmonton, and I know all y'all are broke students, so cheaper is always better.

While it's true that our restaurant selection in town can get a little repetitive (I mean, how many times can you gorge on cactus chips at the Canadian Brewhouse?), we do have a few local cafes that are pretty great.

If you're into yoga and healthy or clean eating, **Sacred Arts** on Main Street is the place for you. They've got gluten, dairy and nut free as well as vegan options. **FIKA** is the new place in town, on 49th Street that opened up in August. They have a small, inexpensive menu and the atmosphere is relaxing and kitschy without being pretentious. **Fox and Fable** is the board game cafe/restaurant/book store/everything, really, and is also on 49 Street. They host Dungeons and Dragons evenings on Wednesdays and an open mic night on the third Friday of every month (Sept. 21 at 7:30 p.m.). They also offer a 10% discount to students who show their OneCard. **Fiona's** is a Camrose staple and can be found tucked between Dairy Queen and Space. They offer a ton of tea for sale and a cute, small space to take a bit of a breather. **1908** can be found on the other side of Main Street in the old library. That's where you go for delicious ice cream and a host of warm beverages.

If you like singing, there are several options in Camrose for you to stretch your vocal chords. **The Alice** has karaoke on Tuesday evenings, while **The Tap Room** has

theirs on Thursday evenings and the **Windor** has theirs on Monday and Wednesday evenings.

When it comes to sports, your **Augustana Vikings** have a game pretty much every weekend from Sept. 7 through to the end of November, so if you're a fan of soccer, volleyball, basketball or hockey, you can get your cheering voices on and support your classmates as they battle it out on the court, field, and ice. Plus, you get in free as a student!

The massive building that shares what little parking space we have on campus is the **Jeanne and Peter Loughheed Performing Arts Centre**. While not all their shows are super cheap, they do have some student pricing and bring in some really great acts. Aaron Goodvin and Matthew Good will both be here in February and they've got a cabaret series that has had some stellar performances.

If you're not super sold on shelling out \$30 on someone you've never heard of before, then **The Bailey** may be more your style. Students generally get in for \$15 and I don't think I've seen a bad show there. Both the Bailey and Loughheed have bars, so you can

get your drink on while enjoying some quality live music before making your way out for the evening. Bonus: both of them are within walking distance of downtown, so no drinking and driving necessary!

Camrose also has an **Escape Squad** which will be re-opening in a new location later this month at the Clubhouse Virtual Golf. Get your friends together for a fun evening.

The **Camrose Public Library** (CPL) is one of the most happening places in town. They've got author readings (head out to see Angle Abdou Sept. 13 at 6:30 p.m.), a ukelele group, French and Spanish circles, learn to knit opportunities, card making, themed teas, the list goes on and on. And if you think libraries are solemn, boring places to be, think again because the CPL is run by some of the most interesting people you'll ever meet.

While I know a lot of this doesn't super glamourous, all of it can be a ton of fun if you head out with an open mind and a willingness to try something new and give something a shot. And you never know, maybe you'll find there's actually *too much* to do. ...maybe.

## Queerly Beloved, We Are Gathered Here To-Gay

Natalia McGill  
Sex and Diversity

Welcome back, my sexy and diverse Augustana friends! I hope you all had an incredible summer and went to as many Pride festivities as you possibly could.

This column is dedicated to sexual diversity issues, stories, events, and support information. If you would like to share a story with us, or have any information regarding LGBTQIA+ events or groups you know about and want other people to know about, please send an email to [asadag@ualberta.ca](mailto:asadag@ualberta.ca).

We may also call for interviews throughout the year, so if the articles don't keep you coming back and reading, maybe the chance to be interviewed will? (I do provide snacks).

### LGBTQIA+ EVENTS CAMROSE & EDMONTON

Espress-OUT is September 24 from 5:30 p.m. - 7:30 p.m. in the Augustana Forum (Espress-OUT is a group meeting where you can enjoy coffee and meeting other members of the pride community)

LGBTQ Meet Up Coffee Drop In is September 16 at 2:00 p.m. at

### The Gamers Lodge

Diversity and Hopheads Meet Up  
September 21, at 7:00 p.m. at Beer Revolution

### LGBTQIA+ RESOURCES/SUPPORT CAMROSE & EDMONTON

#### Augustana Queers and Allies (AQUA)

An on campus club that *needs* people to join! Check out their Facebook page for updates.

#### Camrose Pride Community ([camrosepide.ca](http://camrosepide.ca))

Camrose Pride hosts regular events and meetups, and is an excellent and reliable community that offers support for whatever you may need.

#### ISMSS

Main campus Institute for Sexual Minority Student Services

#### OUTreach

#### LGBTQ+ Social Club ([ualbertaoutreach.ca](http://ualbertaoutreach.ca))

I highly recommend you visit their resource page, which includes Edmonton Pride Centre, Sexual Wellness resources, Queer YEG, and plenty of online resources for all genders and sexualities.



Facebook photos from Camrose Pride Community and AQUA /Special To The Daglightale

Each summer, the Camrose Pride Community hosts a community BBQ (top) to bring together all members of the community. During Pride Week, students and faculty get together for the annual Rainbow photo (bottom).

# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ Campus Horoscopes ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

### Aquarius (Jan 21 - Feb 19)

If you could actually do some work on our group projects this year, that would be SWELLAS HELL. Thank you.

### Pisces (Feb 20 - Mar 20)

If you're looking for a sign from the stars to get day drunk, here it is.

### Aries (Mar 21 - Apr 20)

The stars are not in your favour because the stars are never in Aries's favour. Because you're an Aries. Good luck.

### Taurus (Apr 21 - May 21)

Whichever path you take this year, just know it's probably the wrong one. You won't figure it out for a long time. The stars will guide you nowhere.

### Gemini (May 22 - June 21)

Ah, Gemini. Maybe this is the year where you'll finally feel more than one emotion. Then again maybe not.

### Cancer (June 22 - July 23)

You know you're going to forget literally every single thing you're intending to remember. Just invest in some damn sticky notes.

### Leo (July 24 - Aug 23)

You may be optimistic, but the stars are not. Stop letting your heart lead the way that's how you ruin lives. Including your own.

### Virgo (Aug 24 - Sep 23)

Have you tried...not having emotions at all? I'd talk to your nearest Gemini, they know what's up.

### Libra (Sep 24 - Oct 23)

I want to say that your birth month is going to be phenomenal but it just is not. The world is in peril. Nobody cares that it's your birth month.

### Scorpio (Oct 24 - Nov 22)

Unfortunately for your Scorpio, the stars offer you no sort of resolution for your self loathing. But there's always alcohol.

### Sagittarius (Nov 23 - Dec 21)

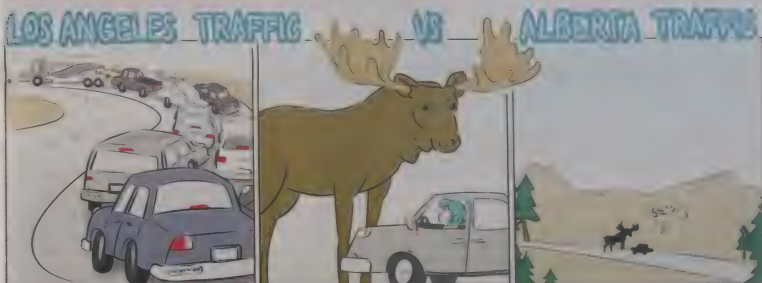
It would be super duper if you cared about someone other than yourself for just a little bit. Maybe. A bit. Just a bit.

### Capricorn (Dec 22 - Jan 20)

This is a new year, which means you need a new start. Whatever you have, whatever it is, whoever it's from just throw it out. Cleanse yourself.

## Moose on Over, Pal

An Original Comic by Sadie Sherman



## Ask Amber

Your sassy, satirical self-help guru

Oh, how I have missed all of your petty problems that are not at all comparable to the tragedy that is currently blanketing the rest of the world. But I'm here to give you, Augustana, an open ear and the best advice this campus has ever had the pleasure to receive.

Don't forget that in order to help you, I have to hear about your problems. So send those my way by submitting a question at: [dagilgtale-news.ca/ask-amber/](http://dagilgtale-news.ca/ask-amber/)

*\*I am not responsible for the outcome of any advice you take*

*or do not take (take it), but if my advice doesn't help you then you probably did it wrong\**

I know we've only been here a week, Amber. But my roommate has already had her boyfriend over every. Single. Night. I feel like my space is being invaded and completely disrespected. I don't think I should have to be the one to leave, but I don't know how to bring it up. Please help.

Signed,  
Boyfriend's Back

Dear Boyfriend's Back,

Excellent song reference, terrible roommate. I know you didn't try to confront her, because hey, nobody likes confrontation, but I would try the next logical step. Next time her boyfriend comes in, make sure you are sitting in your bed surrounded by tissues, chocolates, and empty tampon wrappers and crying aggressively. I mean like, heaving, choking on your own spit and tears sobbing. When they ask what's wrong, wail loudly about your uterus being on fire and then

ask him to hand you a tampon/pad. If he's comfortable with menstruation and does not react, then maybe he's not a bad dude and you should just accept that you're in a three way relationship forever now. At least you're not alone!

Love,  
Amber





# Camrose Happenings!

## Thursday, September 13

### Movie: LIFE OF PI

7:30 pm at the Bailey Theatre. Tickets are \$5.

## Thursday, September 13

### Author Visit with Angie Abdou

6:30 pm at the Camrose Public Library.

## Saturday, September 15

### Led Zepagain

7:30 pm at the Loughheed Performing Arts Centre. Tickets are \$45.75 + gst.

## Sunday, September 16

### Family MOVIE: Jumanji Welcome to the Jungle

2:00 pm at the Loughheed Performing Arts Centre. Entry is free, but you must have a ticket.

## Thursday, September 20

### Local Author: Lori Feldberg

11:00 am at the Camrose Public Library.

## Friday, September 21

### Scenic Route To Alaska

8 pm at the Bailey Theatre. Tickets are \$15 for students.

## Thursday, September 27

### Movie: LOVING VINCENT

7:30 pm at the Bailey Theatre. Tickets are \$5.

## Saturday, September 29

### Lisa Brokop Presents: Legendary Ladies of Country

7:30 pm at the Loughheed Performing Arts Centre. Tickets are \$30 for students.

## Saturday, September 29

### Infinite Imagination presents: The Gong Show

7 pm at the Bailey Theatre. Tickets are \$20 + fees.

## Saturday, September 29

### ASA Goes to the Eskies Game!

The ASA is renting a bus that will shuttle students to Edmonton for the Eskimos game. It is \$60 per seat.

## Sunday, September 30

### Robinson Crusoe & Friday

2:00 pm at the Loughheed Performing Arts Centre. Entry is free, but you must have a ticket.

## Go VIKINGS!

### Saturday,

### September 15

### Vikings Soccer

vs. GPRC

2:00 p.m. Women's Game

4:00 p.m. Men's Game

### Saturday,

### September 22

### Vikings Soccer

vs. King's U

12:00 p.m. Women's

Game

2:00 p.m. Men's Game

### Saturday,

### September 29

### Vikings Soccer

vs. NAIT

12:00 p.m. Women's Game

2:00 p.m. Men's Game

### Saturday,

### October 6

### Vikings Hockey

vs. Kamloops

6:00 pm

Check into the app to get points and collect prizes!



## Sudoku for the Soul

5	6		4	3	9				
						1			
8	9	7	2						
6	4		1	2				3	
			6						
3		4	9		6	2			
				6	2	1	8		
9									
2	8	3			5	9			

5	3		7						
6			1	9	5				
	9	8					6		
8				6					3
4			8		3				1
7				2					6
	6					2	8		
			4	1	9				5
			8				7	9	

ASA Fall  
Elections  
are right  
around  
the  
corner!



### Important Dates

- Nominations Open Aug 30
- Nominations Close Sep 27
- Election Results Nov 17/18
- Voting Oct 10 & 11

### Positions

- 2 x Off Campus Representative
- 2 x Off Campus Representative
- Fourth Year Representative



Be Part of the CHANGE!

ME  
RECYCLABLE  
YOU

# the Daglightale

still too early for  
Christmas carols

Vol III, Issue II ~ Sept. 24, 2018

## First Impressions From a First Year International Student

Hien Nguyen  
Daglightale Staff Writer

New country! New school! New friends! Everything is brand-new for a freshman. Are you freaking out?

Yes, absolutely! I have never been that far to study. Coming from Vietnam, it took me a thirty hour flight to be at Augustana. A thousand question roamed around my mind. What would I experience? Who would I meet? Would I get involved in many activities?

I could feel my beating heart on the first evening I was at Augustana. My first impression was the breathtaking scenery in the small city of Camrose. This place was so tranquil and peaceful in comparison to my overcrowded city. Wandering on the road to the First Year Complex, I could hear the sound of wind whispering in my ears. I then felt so welcoming when my RA, Emma, opened the door to my room and introduced me to this new world.

My First Year Seminar (FYS) course was Blunt Forces. I was surprised to know that many medical effects of cannabis could help with trauma, epilepsy, and PTSD patients. Cannabis could also be used for recreational purposes such as playing sports, relaxing, or increasing the quality of sleep. I was impressed

most by my class visit to a cannabis shop downtown Camrose. The shop had many well-decorated products. However, be careful! You might hope that your younger brother or sister do not eat the "candy" inside those animated bags.

Do you want to chill out after classes? Mission Impossible would be a perfect choice. I was a part of a very special team with eight girls and one boy, which led to our team name "Cloud Nine". One part of the game required that we kept moving silently to a tree-covered area behind the Bergh Hall. Then we heard somebody shouting loudly "Flashlight" so both of us ran back to the bridge. As I liked to focus on detail. I found out one person hiding in the Ravine by listening to the sound of leaves around him while others had already left. We were all laughing when we received our third-place prize of toilet brushes. It was honest to say that this activity burned more calories than the sum of my extracurricular activities in high school per year.

That is how my journey begins. I remember how worried I was when I first came here. However, participating in many activities gave me a chance to meet many new students from different countries. It is interesting to hear ev-



Muneeb Ahsan/The Daglightale

Taking part in activities such as Spirit Day (Sept. 14) encourages students and faculty to feel more at home and connected to Augustana.

erybody's story about their childhood, culture, and what they expect at Augustana.

Make a plan, take your time, and spend more effort. We are all members of the Augustana family.

**What do you think is...**

**The most interesting thing?**

I would say people, which include students and professors. I have seen many professors here put their life into an example about what they teach. About students, I am fascinated to see if their character is the same as mine

on this new journey.

-Seitan, Major in Business Economics

**The funniest thing?**

Our Dean's name (Dean Allen Berger), because it is unexpected. You just walk in the Forum and see his name on the shirt "Best Burger In Town".

- Gavyn, Major in Biology

### Human Library

We previewed the 20th iteration of this awesome event.

### Libraries are for Learning

The Camrose Public Library is a resource not to be overlooked.

### PHOTOS!

We talked to some of your friends about Augustana and other friends dazzled with their musical genius at the end of their three week course.

### What's Up

Don't ever tell us you're bored. Like...ever.

Sept. 24, 2018

Meet the Team!

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Co-Editor  
**Nathalie Hewa Dewage**  
Co-Editor  
**Cat Crandall**  
Writer  
**Meghan Jobson**  
Writer  
**Natalia McGill**  
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**Hien Nguyen**  
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We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu'tina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Washed-Up Take

## The (Biased) Importance of Newspapers



**Amielle Christopherson**  
Co-Editor

Did everyone survive their three week? Do we need to do roll call, make sure everyone escaped (mostly) unscathed? Y'all ready for the 11-week and all the already recycled jokes about the 3-11 and tired of laughing at this nonsense? K. Cool. Same.

My three week went well, too. (Well-ish, really, but that was my own damn fault and I didn't read the fine print and it's fine, IT'S FINE.) But I am actually excited to head into our regularly scheduled program and some semblance of normality and guys, it's gonna be good. It is. If we keep repeating that, it's gonna happen (right? Right.).

Now that we've addressed that everyone's mostly alive and we're kind of ready for the next 11 weeks and it's gonna be fine, we're gonna make it, I've got some Actual Thoughts™ that I want to share because that's, weirdly, actually the nature of an editor's letter.

I've been working with newspapers for four years now. I started out at the Wetaskiwin Times in Sept. 2014 and moved to the Camrose Canadian that December and worked there for two years until December 2016. This is now my second year co-editing the Dagligtale and

I'm currently in the process of starting my own literary journal. Basically, I have a love affair with print and print news and strongly believe in the importance of print and reaching people.

There are several reasons for this belief, one of them being access. As much as we all think a cell phone, and a smart phone at that, is a given, not everyone has access or resources for a smart phone. Some people choose, for various reasons, not to have a smart phone, and all of those people still deserve to have access to the news, to know what's happening in their community.

Another, equally strong, reason is that, historically, journalists were trained professionals. In many cases, including my own, people went to school in order to learn about journalistic standards, about how to interview politicians and newsmakers and the general public, about what questions to ask and when, about how to construct an article. Now, anyone with an internet connection and an opinion likes to call themselves a journalist when that's not really the case.

Journalism calls for a level of awareness and a certain unbiased stance that is necessary for the public to receive the facts about what's happening rather than a skewed view of 'this is how I (the writer) see things happening'.

For those who don't know, the Camrose Canadian shut its doors earlier this summer, shortly after Big Valley Jamboree. It

wasn't making enough money and was in an area where there were other newspapers owned by the same company that did better. In my personal opinion, Camrose is losing because of that closure. (And yes, I will admit to my very strong bias.)

Newspapers are a way of bringing people and stories together. Of making people interested in their community, and aspects of their community, they may not have thought of before. Journalists take the time to ask the questions and write stories that aren't necessarily "click-bait" but rather are important to knowing what, exactly, is going on and how that may affect the certain individual reading.

Which leads me to my final point: newspapers require community in order to keep existing. The Dagligtale requires Augustana in order to keep surviving. We need your interest and your stories, your activities, your successes, your issues, etc. in order to keep surviving. And Augustana, in some ways, needs the Dagligtale. I've heard enough times that people wouldn't have known about an event or an opportunity if they hadn't been glancing through the Dag.

So keep making the Dag yours! Send us your stories or events! Let us know about something you think we should cover and take photos of, write an article about, ask questions about and look into. That's the point of the Dag: to be of and about Augustana.

Our inbox is always open and we're always interested.

**ASA Fall  
Elections  
are right  
around  
the  
Corner!**



### Important Dates

- Nominations Open Aug 30
- Nominations Close Sep 27
- Candidates Forum Oct 4
- Voting Oct 10 & 11

### Positions

- 2 x First Year Representatives
- 2 x Off Campus Representatives
- Fourth Year Representative



**Be Part of the CHANGE!**



# Syrian Refugee Shares His Story at 20th Annual Human Library

Cat Crandall  
Daglightale Staff Writer

The Human Library at Augustana is a great place to explore other perspectives about particular events, people, and cultures. I'm sure you've heard in some way or another why broadening horizons is important; maybe it's because hearing other perspectives on certain topics helps you become a more well-rounded person, or that it helps you more deeply explore your own ideas. I think hearing more perspectives helps us understand how we can assist our community to be more welcoming and understanding of others regardless of their background or place in society now.

As a preview of the Human Library, we got in touch with Tarek Nemr, a Syrian refugee who's found a home in Canada and who will be at the kick off event in the Augustana Library at 6 p.m.

**Which city were you born in, and what city do you currently call home?**

I was born in Damascus, Syria, and now I call Calgary home. When I refer to Damascus, I also call it home. I have two homes, I guess.

**Could you tell me about your journey from Syria to Canada? How long did the whole journey take? How much did it cost?**

The journey started by leaving Syria in 2013 for Lebanon. Flying from Lebanon to Jordan, I stayed in Jordan for four years until I was sponsored to come to Canada. Cost and time is not something I can calculate.

**How did you come to the decision to flee Syria? What influenced you to come to Canada?**

Well, the decision was made after two family members and a few others were killed, and after I got harassed more than once because I had a beard, or because I had a guitar on my back.

**What was your image of Canada**

## 20th augustana human library at the Augustana Campus Library

Monday, October 1

Come to the  
**KICK OFF EVENT**  
6:00pm

Check out a  
**'human book'**  
for an hour of  
conversation!  
7:15 & 8:15pm



SPEAKER, TAREK NEMR

**A phone call away:  
My Syrian refugee journey**

...the Syria  
separated me from my family and friends.  
I was in a refugee camp for years.  
I was in a refugee camp for years.  
I was in a refugee camp for years.

[aug.ualberta.ca/humanlibrary](http://aug.ualberta.ca/humanlibrary)

**before coming here, and how does it relate to the actuality of living here?**

My image was that Canada is a peaceful place to live, and that people are very polite and understand humaneness very well. That's mostly true with some exceptions.

**Which similarities or differences between Syria and Canada surprised you the most?**

There are a lot of differences in terms of rules and the government's support to individuals. Plus the fact that you can do whatever you want without being jailed or killed or criticized and judged by community.

**How did culture shock affect you?**

It didn't. I was very well versed about the culture because of television and books.

**What was it like in Syria before the war? What's something that you miss most about Syria?**

It was very peaceful, and the country had a lot of potential. I miss my family, and the old Syrian streets.

**Where do you see yourself in five to ten years?**

I don't have an answer. The last time I made future plans a war stopped them.

**What are some of the biggest misconceptions people have of refugees?**

Being a refugee doesn't mean that you were living under a rock, and that having a phone or a laptop is surprising. Not all refugees live on Canadians' tax money. I've had four jobs since I came here. I started working by my second week in Canada, and I pay taxes like any other citizen.

**How do you handle skepticism and discrimination? How does it affect you?**

I haven't faced a lot of discrimination except online when my story was posted a few times. I just ignore it; it's

not worth my time

**How can we better the public's understanding and foster acceptance in our society for refugees?**

By asking what is the first thing you would do if an airplane was above your neighborhood, dropping bombs. Are you going to run away to wherever is safe, or are you going to try to stop the airplane?

**What is something the people of Camrose can do to help support you and other refugees?**

I think a smile and learning to say 'hello' in Arabic to a refugee can go a long way. For me, I think I am past the stage where I need support. There are a lot of programs out there to help refugees and immigrants, if you'd like to help.

To learn more about Nemr's refugee journey, head to the library on Oct. 1 for the kick-off at 6 p.m. and stick around to check out more of the "human books" available to talk about their stories.

## The Necessity of the Anti-Racism Advisory Council

Hannan Mohamud  
Daglightale Staff Writer

Augustana currently has its highest number of international students in essentially forever, showing that more and more students from different backgrounds are gravitating towards resources that are available in Canada. One resource that students are being informed of is the Anti-Racism Advisory Council. (ARAC). The proposition of ARAC was brought forward after six Muslims were killed in a mosque in 2017; not only was this a rude awakening to the general population of Canada, but to minorities as

well. Racism is alive and it is rearing its ugly head all across the country. I wanted to ask two international students what they thought about the Anti-Racism Advisory Council and if they believe it's a step in the right direction towards ending hate.

Student 1 is a third year. When asked why they chose to come to Canada, they responded with, "Trump was running for president and my parents did not think it was a safe place for me to go when we thought about going to America". Student 2, on the other hand, is in their first year and had not been to Canada before and, "figured it would be a nice place

to stay. I mean it's chilly and stuff". When reading the mandate of the Advisory Council, both students agreed that it resonated with them, but what they experience on a daily basis is on a smaller scale than what a hate crime would be.

Student 1: "I get the dumbest questions sometimes. People ask me how can I speak English so well. Do they actually think that people around the world do not speak English?". Student 2: "I get that, too, everyday". And when asked if subtle racism is the only issue, they mentioned that social media also carries with it a form of

racism. Student 1: "Chillabait, although a good way for students to communicate, does allow students to be explicit with their views about international students". With international students paying three times more than domestic students, the Advisory Council could add some statements that could resonate with them. Highlighting cyberbullying and workshops at universities could help domestic students understand and relate more to international students, and would be extremely helpful when it comes to reducing subtle racism on a smaller scale.

# Orange Shirt Day an Important Way to Recognize Reconciliation

Isabella Bourque  
Daglightale Staff Writer

The Aboriginal Students' Office (ASO) is a safe and welcoming space here at Augustana that supports all of our Indigenous students. The ASO hosts events and workshops throughout the year for the whole campus and is invested in bringing awareness to students and faculty, as well as education about Indigenous cultures and Truth and Reconciliation.

The Workshops in Building Capacity for Reconciliation program put on by the ASO lead to a certificate you can earn upon completion. They focus on the outcomes of residential schools and the traumas which have risen from them, and what we should be doing to reconcile these events. The first workshop for registered participants is on September 27 and will be focused around the history of the Truth and Reconciliation Commission of Canada. It will

include a blanket exercise to teach the participants about the history of our country before contact with European settlers. Future workshops will include a public lecture that anyone can attend – check them out here: [www.ualberta.ca/augustana/services/alo/workshops](http://www.ualberta.ca/augustana/services/alo/workshops).

This is just one of the things that the ASO does; they also host community meals, visits with Elders, and cultural workshops. In addition to all of these things, the ASO is facilitating a drum making workshop which is free for students on September 29 from 1-5pm; there are still spaces available so check in with the ASO if you are interested in participating. There will be many more things coming up from the ASO this year, so stay tuned!

The ASO also participates in Indigenous commemorative dates and holidays. We, along with the rest of the campus, will be taking part in the celebration of Orange Shirt Day. This is the third year that Augustana

is taking part. Your first day of school is supposed to be fun and new and exciting. However, it was anything but those things for Phyllis Webstad. When Phyllis was 6 years old, she had her brand-new orange shirt taken from her upon arrival at a Residential school. Confusion and sadness flooded her tiny self because Phyllis's grandmother had bought her this new outfit for her first day. Phyllis had loved her orange shirt, and it made her feel excited about going to school. She never got to wear her bright and beautiful orange shirt ever again. For more information on the story, visit: [www.orangeshirtday.org/phyllis-story.html](http://www.orangeshirtday.org/phyllis-story.html)

Now, Orange Shirt Day, on September 30, commemorates all of the survivors of Residential schools, and all of the children who never came home. Here at Augustana, we will be celebrating Orange Shirt Day on Friday, September 28, 2018. Don't forget to wear your fa-

vourite orange shirt and send your thoughts out to the families of survivors who had experiences like Phyllis, and to the ones who never got to see their families again. Orange Shirt Day represents the spirit of reconciliation, as well as anti-racism and anti-bullying. Come to the forum on Sept. 27 at 12 p.m. to show your support and get a photo taken of you in your orange shirt.

## Workshop Themes & Dates

Each workshop is held from 6:00 to 9:00 p.m. on the date listed below.

### Reconciliation

September 27, 2018

### Residential Schools and History

October 22, 2018

### Culture & Ceremony

November 14, 2018

### Education

January 28, 2019

### Indigenous Governance

February TBD 2019

### Language & Community

April 8, 2019

## Local Author Discusses Storytelling, Publishing

Meghan Jobson  
Daglightale Staff Writer

Lori Feldberg, local author, has been writing forever, she jokes. T author of eight novels, she continues to write, building on her dog PI series. Though writing has always been her passion, she studied Animal Health Technology at Olds College and the University of Calgary. She was inspired to go to school in 1975 during time spent at a New Zealand goat dairy. Raised on a dairy farm, Feldberg has always enjoyed reading and writing about animals, particularly dogs and horses.

Feldberg laughs about her career as an author, saying it only started with a what the heck. She has always been writing, but only decided to publish, saying, "Everyone else is getting published, I should try as well."

Her first novel, *First You Need a Fence*, was based on a short story she sold to Lethbridge Magazine. The families and events in the stories were inspired by people and events in her life. Feldberg speaks about coming from a large family and staying with a big family on her overseas excursion inspiring the family

dynamic seen in her books. She wrote the second book in the trilogy based on popular demand and from that emerged the third book, saying that it completed the set following the pattern of life; beginning, middle age, and retirement.

Feldberg enjoys writing from the perspective of "something else", as she says. Whether it is a tea pot or dog, she enjoys writing relationships between characters who cannot communicate with the people in the story. When asked what interested her most about writing from a perspective other than human, she simply laughs and says "it just pops into my head and away I go." Feldberg also mentions how writing from the perspective of the uneducated farm wife in her books was interesting because it was an unconventional platform where she didn't have to worry about proper grammar.

While her writing focuses on farm life and animals, Feldberg says she reads a lot of romance books. Without a favourite author, she dives into a series and follows where it goes. She says she also enjoys a good mystery and likes to be entertained by what she's

reading and not have to wonder what is going on. Growing up, however, she did focus on the animal books, like *Black Stallion*. She says, "I read pretty much anything if it had dogs or horses in it."

Being a local author can be difficult, especially with, as Feldberg says, trying to sell your work and marketing. She says finding a publisher can be incredibly difficult because they can get upwards of 30,000 manuscripts a year, citing this as the reason she's gone the self-publication route for some of her books. However, she says she was lucky for her children's books to be picked up by a publisher in Manitoba. She also belongs to two local writing groups, the Battle River Writers Group and the Wetaskiwin Word Weavers. She says it is hard to get people involved, and to find interesting and affordable workshops for people.

Feldberg says that the best ways you can support local authors like herself is to simply go out and buy the work, often found at drug stores and sometimes even at farmers' markets.

You can find her books for sale on her website, [www.lorifeldberg.com](http://www.lorifeldberg.com).



Submitted by the author/Special to The Daglightale

Lori Feldberg is a local Camrosian author who has published a large catalogue of books and stories over the years and did a reading at the Camrose Public Library Sept. 20.

ME  
RECYCLABLE  
YOU

# Community Engagement as a Survival Tool for Life After Uni

Nicole Bannick  
Special to the Day

It was over two decades ago that I was a student at the U of A's North Campus; so long ago that it was then known simply as the U of A, because there were no other campuses. Yes; I am that old.

Much has changed in post-secondary education since I was a student, and I am not just speaking of technology, courses of study, and tuition hikes. From what I have seen, educators have recognized the importance of engaging students in not only campus life, but also in the wider community that houses them.

As university students, community engagement can be a survival tool in the sometimes social and/or financial wasteland of university. There are a host of free programs available in Camrose for people

of all ages. For example: Camrose Public Library hosts The Plot Matures: A 20-Something Book Club at 7:00 p.m. on the last Tuesday of every month at Twisted Frozen Yogurt. Read a good book, gather with peers, make some new friends, and enjoy a treat on us! For more information on the programs we offer, please visit <http://cpl.prl.ab.ca/events?d=0>.

Volunteering for or attending events put on by local service organizations such as the library are a great avenue for social engagement, and will also help you build lasting connections outside of your academic life. These connections can be integral to your job search once you've completed your degree. Taking your education into the community will help you realize how you might implement your learning to tackle social issues. Networking

through community engagement can also build contacts for future job searches; if you volunteered or participated, employers may be more likely to remember you when you submit a resume!

I cannot write about community engagement without speaking about the brilliance of the Community Service Learning placements available in some Augustana classes. As a CSL Community Partner, we value the work that CSL students help us accomplish, and we hope that students are learning while they are here. From participating in programming, serving snacks for hungry kids and connecting with them, event planning, running programs for newcomers, or helping us break barriers to service, there are a myriad of opportunities to make a difference and earn credits at the same time. Camrose Public Library

has hired more than a few former CSL students who showed up, connected with us and our patrons, and strove to make a difference in the community of Camrose.

As a public library, community engagement is a huge part of what we do. Building relationships with our members, partnering with organizations, and collaborating with businesses help us stay relevant in our community. Community connections allow us to be community builders, and not solely collection builders, and we invite you all to be a part of it!

Nicole Bannick is the Program Coordinator of the Camrose Public Library. She's the mum of 3 wonderful humans, and a firm believer in coffee, sci-fi, the power of book themed t-shirts, and libraries' responsibility to affect positive change in their communities.

## ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

For the month of September, the biggest thing the ASA has been working on has been First Class Bash. Jennae and the activities committee have been working incredibly hard to ensure that this event will be successful. Bash is this Friday (Sept. 28) so get your tickets ASAP!

Our nominations are also quickly coming to a close as well. Nominations close this Thursday, Sept. 27, at 5 p.m. We are hoping to run a full election and gain a full council by the end of it, so if you're thinking at all about running stop by the ASA office and pick up a nomination package!

If you're not going to be running for council but still want to get involved, don't forget that the Candidates' Forum is Oct. 4 at 6 p.m. The event will be an opportunity for students to ask questions, give suggestions, or otherwise let candidates know

what they're looking for and what they expect from their representatives.

Voting takes place Oct. 10 and 11 in the Forum and there will be computers set up for students to cast their votes, so be sure to take five minutes and vote!

We are also looking for a student, or two, to sit as the Fine Arts representative(s) on Faculty Council, and Department Council so if you are interested please email Taylor at [asapres@ualberta.ca](mailto:asapres@ualberta.ca). It is a relatively low time commitment and is a great way to get involved on campus and get to know some of your professors.

In October, you can be on the lookout for Sexual Assault Awareness Week and Tricks for Eats.

Another exciting thing happening is the Students' Union (SU) is having their annual Augustana Meeting Oct. 2 at 6 p.m. in the Roger Epp boardroom. This gives students chance to meet, as well as question, the SU executives from North Campus as well as our Augustana councillor, Lane Anderson.

### Job Shadow Week

Explore your career options.

**November 13 - 14, 2018**

Apply by October 11, 2018

Learn more at [uab.ca/JSW](http://uab.ca/JSW)

UNIVERSITY OF ALBERTA  
CAMPUS CENTRE

### REMINDER

### Change of Coverage

September 4 - 21st, 2018

Opt-out online at [studentcare.ca](http://studentcare.ca)  
Enroll yourself  
Add spouse and/or dependents

STUDENTCARE

UNIVERSITY OF ALBERTA  
STUDENTS' UNION

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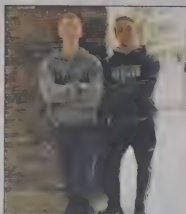


## What Changes Do You Want to See at Augustana?

Kirandeep Singh  
Dagligtale Staff Writer



"The parking lot needs to be bigger. We have so much space but we still park on the street. A parking lot closer to first year dorms would be nice, too. The walk to the ravine can be cold in the winter." - Avneet Grewal



"Evenly split funding for the sports teams would be sweet. Our athletic teams need it to continue to do what we're good at and we need that support." - Ethan Miller and Brennan Murphy



"Less prejudice. Even though we're a liberal arts school, a lot of us are still seen differently by the way we dress, the way we talk, the decisions we make, and our morals and values."

- Ian Ferguson



"More parking space; lots of people park on the street. Longer library hours would also be awesome for studying on the weekend."

- Jessica Hagel



"More quiet places to work would be pretty great."

- Matthew Condappa

meeting place  
short walk from campus



### GAMES

More than 200 games to play!

### BOOKS

our source for indigenous authors, sci-fi, and more!

### FOOD

Meals, snacks, fresh baking!

### COFFEE

your espresso & cappuccino here!

### LOCAL CRAFT BEER

from micro-breweries across Alberta

### EVENTS

Sep 27: Trivia Night: Big Bang Theory

Oct 19: Open Mic night

D&D every Wednesday

K-Wing Fable & Whitt!

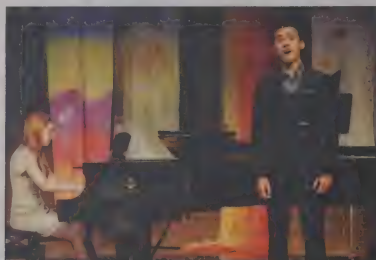


**HOURS**  
Wednesday: 3pm - 10pm  
Thursday: 3 - 10pm  
Friday: 3 - 11pm  
Saturday: 10am - 11pm  
Sunday: 12pm - 8pm  
Monday & Tuesday: Closed

**DOWNTOWN CAMROSE**  
4937-49 Street  
(A Block from Main)



www.foxandfable.ca



(Top) Shamah DeVilliers and Candice Huculiak perform "Voice In Fruhling" in the Faith and Life Chapel Sept. 17.

(Bottom) Roger Admiral (second from left) stands with his AUMUS 227/327 (History of Vocal Literature) class after they performed in the Chapel at the end of their three week class.

# Procrastination Station

## ♄ ♃ ♅ ♄ ♅ ♄ Campus Horoscopes ♄ ♄ ♄ ♄ ♄

**Aquarius (Jan 21 - Feb 19)**  
The planets love you this week. They're telling you to be independent and confident in all that you do. I don't think they've met you.

**Pisces (Feb 20 - Mar 20)**  
DRINK. SOME. WATER. OH. MY. GOD. SO MANY OF YOUR PROBLEMS WILL BE FIXED!!

**Aries (Mar 21 - Apr 20)**  
The moon has been absent from the morning sky this week, which may just be an abstract prediction of your absence from life this week. Or every week. Get it together Aries.

**Taurus (Apr 21 - May 21)**  
The stars have told me (yes they speak. Only to me though so don't even bother trying, you freaking copycat.) you will meet someone soon who will change your life. Can't say if it's more of an omen or a ray of hope.

**Gemini (May 22 - June 21)**  
Mercury reached superior conjunction this week, and you reached for the snooze button and some extra chicken wings. Just sayin'.

**Cancer (June 22 - July 23)**  
Uranus is in opposition next month, which means you only have 30 days to get your crap together. Ha. Uranus.

**Leo (July 24 - Aug 23)**  
I'm not saying that you should stop texting them....but....maybe you should stop texting them? I don't know. Bring it up with Jupiter.

**Virgo (Aug 24 - Sep 23)**  
Venus peaked at magnitude this week, and you peaked in high school. I'm sorry about the multi-year downwards spiral you've been in. Have a drink

**Libra (Sep 24 - Oct 23)**  
Stop stressing about that moment you and what's-their-face shared the other night. Everybody's a little gay, Libra. Embrace it.

**Scorpio (Oct 24 - Nov 23)**  
Can't be undermined by someone if they're under you. Just putting that out there (just like you should....put it out there.)

**Sagittarius (Nov 23 - Dec 21)**  
Take Virgo for a drink, or a couple. According to the stars, you are extremely compatible with Virgo this month (but only for this month, so... keep it simple).

**Capricorn (Dec 22 - Jan 20)**  
So your life is in shambles. Unfortunately all the planets and the stars don't care until next month. So, good luck?

## Ask Amber

Your sassy, satirical self-help guru

**Dear Amber,**  
  
I am new to campus this year and I am not fully "out" (even though to me it seems pretty obvious). There's a girl in my class and I think she's interested in me but I'm not entirely sure. How do I find out if she has The Gay™ without making myself seem extremely gay?

Signed, GayBb

**Dear GayBb,**  
  
The Gay™, while beautiful and majestic, is also a mysterious and complex state of being. If there are no signs of short nails, shaved hair, plaid, or lip biting when she looks at you, there's no for sure way of knowing if she has The Gay™ unless you ask her directly. But, because you are gay, we both know you won't confront her. And because you don't also want to seem gay, dropping some obvious hints isn't an option either. Your best bet is to ask on Chillabiti if she's gay, using a similar format to this: "hey does anyone know if\*\*\* likes girls? Asking for a friend :)". GOD SPEED.

Love,  
Amber.

**Dear Amber,**  
  
My boyfriend and I decided to become a long distance couple during the school year, but it's only been three weeks and I am already starting to see my life without him. Am I getting caught up in the energy of uni, or am I truly ready to move on? How can I tell?

Signed,  
NOT-SO-LONELY-LD



**Dear N.S.L.L.D**  
  
Thank GOD you didn't follow this boy to University. Your feelings are a mix of the energy you're getting from being in a new place with new people, and also probably the beginning of your feelings of becoming a new woman. Try doing some really aggressively emotional art: hold a ritual in the woods, paint your entire body, join a drama class and make it so every piece you do is just you screaming. You'll feel a snap in the universe and you'll know what you truly need after that. Bless.

Love,  
Amber

## Sudok-Hoing It Up

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1		8	7	9	2
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		2			9

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	6		4	9	2
		3		7	
9	7			6	4
6			1	8	2
	9			2	3
				5	9

# Camrose Happenings!

## Wednesday, September 26

### Stompin' Tom Connors

7:00 p.m. at the Bailey Theatre. Tickets are \$30 +gst.

## Thursday, September 27

### Movie: Loving Vincent

7:30 p.m. at the Bailey Theatre. Tickets are \$5.

## Rashmi Bale Learning Commons Dedication

1:30 p.m. in the Learning Commons

## Friday, September 28

### Paul Isaak

6:30 p.m. at the Loughheed Performing Arts Centre. Tickets are free, but call or visit the Box Office to reserve a seat.

## Faculty Research Colloquia

Noon in the Roger Epp Room

Refreshments will be served!

## Orange Shirt Day

Noon - Photo in the Forum

## Saturday, September 29

### Lisa Brokop Presents: Legendary Ladies of Country

7:30 p.m. at the Loughheed Performing Arts Centre. Tickets are \$30 for students. Call or book online at camroslive.ca.

## Infinite Imagination presents: The Gong Show

7:00 p.m. at the Bailey Theatre. Tickets are \$20. Call or book online.

## ASA Goes to the Eskies Game!

The ASA is renting a bus that will shuttle students to Edmonton for the Eskimos game. It is \$60 per seat.

## Sunday, September 30

### Robinson Crusoe & Friday

2:00 pm at the Loughheed Performing Arts Centre. Entry is free, but you must have a ticket.

## Thursday, October 4

### Fulbright Lecture: Roxanne Harde

7:00 - 8:45 p.m. in the Mayer Community Hall, at the Loughheed

## Friday, October 5

### Cirque Eloize

7:30 p.m. at the Loughheed Performing Arts Centre. Tickets are \$69 + gst.

## Saturday, October 16

### Red Dirt Skimmers

8:00 p.m. at the Bailey Theatre. Tickets are \$25.

## Go VIKINGS!

### Saturday, September 29

#### Vikings Soccer

vs. NAIT

12:00 p.m. Women's Game

2:00 p.m. Men's Game

### Friday, October

#### Vikings Soccer

vs. Kings

4:00 p.m. Women's Game

6:00 p.m. Men's Game

### Saturday, October 6

#### Vikings Soccer

vs. Grande Prairie

12:00 p.m. Women's Game

2:00 p.m. Men's Game

## Vikings Hockey

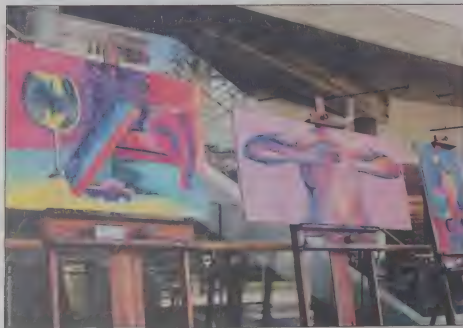
vs. Concordia

6:00 p.m.

Check into

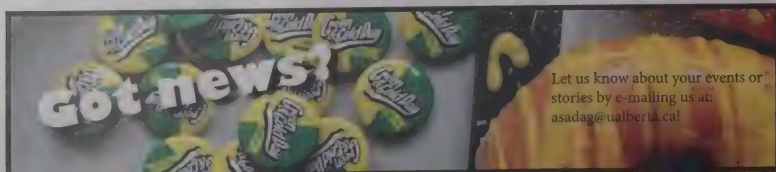
the app

to get points and collect prizes!



Muneeb Ahsan/The Dagligtale

Augustana students were greeted with a Forum full of wonderful art as students from several three week art classes displayed their work after pulling a ton of all nighters and putting in countless hours of work.



Let us know about your events or stories by e-mailing us at: [asadag@ualberta.ca](mailto:asadag@ualberta.ca)



# the Daglightale

none of your  
group members  
made it to class

Vol III, Issue III ~ Oct. 8, 2018

## Rainbow Roses a Subtle Way to Show Pride, Inclusion

Natalia McGill  
Daglightale Staff Writer

So, you saw some RAINBOW ROSES? Oh no, *gay people are among us!*

According to their creator, Jordan Kryz, VP of Social Media and Communications with this year's AQUA club, the roses are more than just a symbol of pride. Kryz started the rainbow roses last year so that LGBTQIA+ students could identify themselves during ASA bashes, specifically Winter Formal. What started as a way for the sexually diverse population to make themselves known to others is now becoming something that Kryz and Melissa Wilk (co-president of AQUA) hope is a positive change to the way LGBTQIA+ people and their allies present themselves on campus.

While the rainbow rose campaign started this year, initially for people to wear to bashes and ASA parties, but over 50 roses have been made and put in the ASA office and each one of them has been claimed by a member of Augustana's population and seen around campus.

This is a positive thing for the diverse population at Augustana, especially (as noted by the two AQUA members) because of the amount of rural students that come to Augustana who have probably never had the opportunity to be out in such a subtle but powerful way.

Wilk and Kryz are hopeful that the roses will continue on after they leave, and will continue to be produced by and available to students.



Submitted by AQUA, photo by Sarah Munter/Special to The Daglightale

Pictured left to right: AQUA secretary Emma Curle, co-president Jude Keehn, co-president Melissa Wilk, vice president Elizabeth Martinson.

If you would like to help make roses for the campaign, please email [augustanaaqua@gmail.com](mailto:augustanaaqua@gmail.com).

### So what's going on with AQUA this year?

Last year, students on and off the ASA pushed back against the school after a mishap with the original AQUA club. AQUA now exists again as the supportive group of Augustana faculty and students, but Wilk notes there's more to be done.

Wilk is concerned about the lack of funded resources for LGBTQIA+ students (something

not unfamiliar to the University of Alberta as a whole) and AQUA is going to push for a similar set up like the one the ASO has, where there exists a safe space with someone to talk to, and a place to open up and just be without judgement. She also mentions the push towards building some rural resources, and wants to let everyone know that AQUA's events plans for this year include a Queer Conference with a focus on rural issues.

Other events coming from AQUA this year are: Pride Week

as usual in February, holiday dance parties (PG), ally workshops, Beers for Queers, regular club meetings twice a month, and more.

Stay tuned for dates and times, or you can contact AQUA at any time if you want to learn more, join AQUA as a member, volunteer for an event, or anything else you might need.

Instagram: [augustana\\_aqua](https://www.instagram.com/augustana_aqua)  
Snapchat: [augustana\\_aqua](https://www.snapchat.com/add/augustana_aqua)  
Facebook: [@auAQUA](https://www.facebook.com/@auAQUA)  
Email: [augustanaaqua@gmail.com](mailto:augustanaaqua@gmail.com)

### Time for Reconciliation

A look at participants' experiences during the first reconciliation seminar.

Pg. 4

### Osborne & the NYT

Professor Geraint Osborne on his recent foray into international news and pot.

Pg. 5

### What are HigherEd Points?

We did some research on a new way to pay for your education.

Pg. 8

### Languages & Our Lives

The importance of a Modern Languages degree and how language influences us all.

Pg. 9

### Creative Fiction

Because sometimes you just need to escape the realness of the news.

Pg. 10

# THE DAGLIGTALE

Oct. 8, 2018

## Meet the Team!

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We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Words

## Working on Augustana's Acceptance of Diversity

**Nathalie  
Hewa Dewage**  
Co-Editor

Welcome to the space I am given to ramble on about anything I'd like for a whole half a page!

This week I thought that since I have to say something, I'm going to talk about something that absolutely needs to be addressed: Augustana's delightful treatment of international students! Now I don't mean just the professors or the faculty. No, I am looking at you, dear student body. To start off, let

me ask you this: how many of you have had your English language skills commented on? (in the most condescending way possible of course), how many of you have had to face constant, unending, exhausting inquiry on where you're from? (where you're really from), how many of you have had to try twice as hard as your peers to justify being here? Well, if you've said yes to any of these, chances are you're an international (or at least minority) student!

Augustana prides itself on being an open, diverse place and yet does very little to be

the community it claims it is. I cannot tell you how many times I've had to stop myself from snapping at my ignorant (but 'well-meaning') peers. It shouldn't be this hard, people. Just treat us like human beings. We're literally just people from a different place. You can't expect us to not be angry. Diversity only has as much meaning as you're willing to put into it. Stop explaining things to us, we know. Truly, the golden rule is if we don't ask, you don't tell. Baby steps.

I hope someone got something out of this.

Happy Thanksgiving!

## Thoughts on Responsibility and Initiative



**Amielle  
Christopherson**  
Co-Editor

Personally, one of the things I dislike hearing the most is, "Oh, I didn't know!" in response to something that was clearly announced, discussed, advertised, etc. Because, my dude, how could you *not* know?

The 'what' is generally different in each case (dates and times of Vikings' events, special lectures, due dates, assignment details, etc.), the list is as endless

as there are options. But hearing that people haven't taken advantage of the information that's right in front of them or easily available to them is definitely on my Top Five List of Things That Grind My Gears (a thing I may have just made up but I could definitely come up with four others, just try me).

That's not to say that forgetting things or forgetting to double check isn't alright; of course it is! We're humans, busy humans at that, and our brains can only contain so much.

But! In these cases, it's often that people have just not taken the time to check out their surroundings and see what's happening. And Augustana is ripe with ways to know what's happening at any given moment.

Between checking out your Wednesday Newsletters (okay maybe I'm just a grandma, but I look forward to those), taking a peek at the posters around campus, asking a couple of questions, checking out on Facebook or the Vikings website (govikings.ca), reading the Dag, or standing in line at Monica's and watching the endless reel of slides, chances are, there's definitely something that's going to pique your interest and open you up to a few new possibilities.

And as much as being blasé might seem cool AF, getting involved and being a part of what happens on campus or checking out something new is actually the stuff that's cool. (Don't worry, I've already told my mom she was right all along.)

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# Berger Hoping to Build Bridges Between 3-11 and a Better Budget

Caitlyn Crandell  
Dagligtale Staff Writer

This week with our dean, Dr. Allen Berger, we talked about various aspects of the three week, and the ambitions for Augustana in the coming year to help students get a better idea of the goals directly related to them at their campus.

Some of you may already know that this is Dean Berger's last year as our dean. As the search continues, it is important for students to understand exactly what the title of dean entails so they can understand the connection between the faculty and themselves as the student body.

Dr Berger holds two titles here at Augustana; The Dean of Augustana Faculty, and Executive Officer. He elaborated on his positions saying, "I have ultimate

responsibility for the student academic experience, including the development of curricular activities."

As the executive officer, Dr. Berger explains how he "[represents] Augustana to the University of Alberta, and [oversees] the operation of the educational enterprise." This includes student services, and working with faculty and other operations, such as the library, to ensure smooth operation. Something that Dr Berger highlighted was the importance of how Augustana is represented in the community, especially when involving initiatives such as the Peter Loughheed Centre, or the soon-to-be Miquelon Lake Observatory.

One of the legacies Dr Berger will leave behind is the 3/11 semester schedule. In further discussion of bridging the three week and

11 week, Berger said, "I think there are lots of opportunities for faculty to link the threes and elevens. To look at the three week block as setting the table for an eleven week course, and vice versa." He added, "Some of the faculty of science are working on a capstone blending the three into the eleven, or an eleven into a three".

When it comes to the first year seminars, Berger stated that, "we need more focus on the learning outcomes." Each professor has a different understanding to what success in university is, and "what the students in the fall session understand they're bringing to the next session."

Over the next year, Dr Berger wants to set Augustana up for success, especially in the capital campaign. A capital campaign, he describes is "a major campaign effort that takes place over a long

period." It is a "time to say what our most exciting dreams are that we can provide to investors." He elaborates that it is a time to come together as a university, and "[work] toward a vision," as well as come up with a strategic plan for the upcoming years. Dr Berger sees this year's campaign as "and "opportunity to set our ambitions in terms of external support, and what it will take to succeed."

Another priority for Dr Berger is the university's budget, one that has "a fair and equitable distribution" between faculty and administration offices. All of the decisions regarding the new model will be made during this academic year. Dr Berger says he is concerned with setting his successor up for budgetary success. The new model will be implemented on 1 April, 2020.

## ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

The biggest thing on the ASA's radar right now is in regards to the elections. The Candidates Forum took place in the Wahkotowin Lodge and we hope everyone had a chance to show up and ask their questions.

We unfortunately still have three open seats on council. After the election process, we will be looking to appoint two off campus reps, as well as one fourth year rep. If you are at all interested in holding one of these positions, please email Taylor at [asapres@ualberta.ca](mailto:asapres@ualberta.ca) and I'll get you set up.

Voting for the new members will be taking place on October 10th and 11th in the forum so make sure you take the five minutes to vote!

Another interesting thing on the radar is in regards to substance use on campus. As we all know, cannabis is going to be legalized in the coming weeks, but it will

not be allowed to be used on campus. Myself and Jenna, our VP Student Life, are sitting on a Substance Use Working group with several other university stakeholders. This is an incredibly exciting group to be a part of because we are working to propose a policy surrounding all legal substances on campus, which would also include alcohol.

We are hopeful that by the new calendar year, we may see a change surrounding substance use on campus. This would be a huge change for Augustana and we are really excited to see the outcome.

If you have any comments or questions please email myself at [asapres@ualberta.ca](mailto:asapres@ualberta.ca) or Jenna at [asavpstu@ualberta.ca](mailto:asavpstu@ualberta.ca).

Another important thing on the radar is in regards to the Dean Search Committee. Myself and Alex Ho, our VP Communications sit on this committee. The process is done in confidentiality but everything is going to plan and we are very excited to be a part of this process!

THE AUGUSTANA STUDENTS ASSOCIATION  
PRESENTS

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# The Ray of Light Continues to Shine at Augustana

Hannan Mohamud  
Dagligtale Staff Writer

A naming ceremony was held at the Learning Commons Sept. 27 to honour Rashmi Bale, an Augustana graduate who tragically passed away due to a motor vehicle accident in Calgary last summer.

Rashmi had earned a Management degree at Augustana and then went on to earn a Law degree from the University of Leicester. The Bale family, Ravi and Rajni, and the Augustana community came together to create this wonderful space that will always have a 'ray of light'.

The word Rashmi is a Sanskrit word which means 'ray of light', as brought up Professor Varghese Manalloor.

Professor Varghese had not only taught Rashmi at the time she was here, but had also lent her a helping hand when she



Sarah Laflamme/The Dagligtale

Rashmi Bale's parents, Ravi and Rajni (middle), stand with Geordie Nelson (right), Dean Allen Berger and Hannan Mohamud during the naming ceremony in their daughter's memory Sept. 27 in the newly named Rashmi Bale Learning Commons.

organized dosa and Diwali parties on campus.

At the opening ceremony, Jaynita Maru's (Rashmi's good friend during her time here) statements were read out by Geor-

die Nelson, "The Learning Commons captures Rashmi's spirit perfectly; it is the balance between serious studying and a little bit of chit chat".

Nelson highlighted not

only Rashmi's impact on the campus, but also her impact on himself as well. Campus administration taking notice of the need for student spaces on campus and investing

time in revamping "old cubicle spaces" to create the Learning Commons is not only beneficial for students at Augustana but for staff and faculty as well.

## Reconciliation Workshop Creates Emotional Impact on Participants

Isabella Bourque  
Dagligtale Staff Writer

The Workshops in Building Capacity for Reconciliation focus on educating the public about Indigenous history and what life was like for many people when colonization started. In participating in these workshops, we recognize the truths that happened to Indigenous peoples because of colonization, as well as the outcomes from the many horrific experiences they faced.

In particular, on Sept. 27th, we focused on residential schools

and the realities for the many families who went through it.

For this first workshop, we started with the KAIROS Blanket Exercise. Here, all of the participants stood on various blankets throughout the room to represent Turtle Island, the world where Indigenous peoples from all over lived before colonization. In the exercise, we went through a timeline of traumatic events from the beginning of colonization onward.

As the exercise went on, the blankets were slowly taken away to represent the land that

was being stolen from Indigenous people, so much so that by the end of it, many of us were squished right up to one another from the lack of land there was to "live" on.

Throughout this exercise we were also given scrolls of documents from these events to read aloud, as well as other props like tiny felt blankets and necklaces with black hearts. These props represented those who had been taken from their families or died at residential schools, among other circumstances. The physical act of taking part in this exercise made these events so real and in your face that you couldn't ignore it, even if you wanted to.

I think this is a big thing for people who don't want to believe in our history, or who choose to look past it and ignore it. If you are face-to-face with real, raw facts for three hours and you fully participate in the workshop, you have no choice but to confront your lack of knowledge and accept the truth.

The facilitators of this workshop are a family of three generations, including an Elder who is a survivor of residential school. We got to hear stories of real people, including some very

young children who had to go through devastating things, via letters they had actually written about their experiences. The whole evening was very emotional for the participants and opened many people's eyes to a big part of Canada's history.

After the workshop, many of the participants felt frustrated and angry with this new knowledge. They were heartbroken that their government would do such terrible things.

There were many who were stunned that, in those three hours, they learned more about Indigenous history and residential schools than they had ever learned in their whole lives.

Several participants expressed that their own schools never taught them much, if anything at all, about Canada's treatment of Indigenous peoples. Many were sad and felt sympathy for the families who had to go through such trauma. And most were filled with appreciation and hope that, moving forward and with more education to come, there would be healing for Indigenous peoples and a push forward in reconciliation with hope for future generations to take back their identity and culture, never to be without it again.

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# Ending Hunger One Book Fine at a Time with the Public Library

Shannon Stolee  
Special to the Daglightle

"If you want to eliminate hunger, everybody has to be involved." ~ Bono

It's true. Alleviating hunger is everyone's concern, especially at the Camrose Public Library. If we here at the library are working with our whole community with curiosity, creativity and connections, we cannot leave out food. The fuel we need for our bodies and minds is too important to forget.

Inadequate/insecure access to food because of financial constraints = food insecurity. Statistics are shocking in our province, with 1 in 10 households experiencing food insecurity. Eight of the 10 households who are food insecure are employed and yet still struggle to provide enough food

for each person living there. A shortage of food has made the Campus Food Bank at Main Campus a necessity. Augustana itself even has its own Reciprocity Shelf thanks to Chaplaincy. We know this problem is here in our own community.

Camrose Public Library is trying to help our community around the issue of food insecurity. During the month of October, the library is featuring Food for Fines. We will waive \$1.00 in overdue fees (or more, at the discretion of library staff) for each item you donate for the Food Bank. It's a win-win. The Food Bank gets restocked and you get to have that pesky fine waived so you can use your library card again! If you need ideas for what kind of donations the Food Bank is looking for, check out [www.neighboraids.ca/](http://www.neighboraids.ca/)

programs/food-bank/

Food for Fines was started in celebration of Canadian Library Month. It's an opportunity for libraries to give back to the community. It also gives an opportunity to patrons to come back to the library who maybe cannot pay their fines, but do have a bit of food in their pantry to share.

Food Bank donations are not all the library does for food insecurity. Snacks in the Stacks is an important program here. We know elementary, middle and high school students are not getting enough to eat and so we offer a healthy snack for them every afternoon. Snacks in the Stacks is run entirely on community donations (Camrose really is the best!).

It helps families who have to send their kids to school with lunches that still leave them hungry or no lunch at all. It's a win for the library staff too – well-fed kids in the library are

well-behaved kids in the library!

We end with a shout-out to our local Camrose Cornerstone Starbucks. Thanks to the generosity of Starbucks, Camrose Public Library has coffee and treats donated daily. Come to the library. There will be some baked goods and some coffee if you need something to warm you up or fill an empty stomach. There is always a space for you at Camrose Public Library. There might even be a book you want to read or a program you want to attend, too :)

**Library hours:**

The library is open Monday through Thursday from 10 a.m. to 8 p.m.; Friday from 10 a.m. to 6 p.m.; Saturday from 11 a.m. to 5 p.m.; and Sunday from 1-5 p.m. The library is closed all weekend days of statutory holidays.

*Shannon Stolee is the adult programmer at Camrose Public Library.*

## Legalization is Regulation: Osborne's Research on Cannabis

Hannan Mohamud  
Daglightle Staff Writer

Our very own Professor Geraint Osborne sat down to talk to us about his research on cannabis and also his thoughts on legalization. Professor Osborne completed his undergraduate and master's degrees in Sociology at Queen's University and worked at Environment Canada and Canada Post as a researcher until returning to academia in 1991. He then completed a PhD at McGill and found his way to Augustana in 2000. "Cannabis use and drug policy reform was something that has always interested me", said Osborne, who wrote about drug reform during his 4th year Sociology of Law class. This was the beginning of Osborne's scholarly interest in the subject that continued into some of his PhD courses.

In 2004, he received a grant to begin qualitative research on the normalization of recreational cannabis use by the average Canadian. Osborne interviewed middle-class, employed users to understand their motivations for use, the social contexts of use, as well as their thoughts on legalization, stigma,

and stereotyping. Among the findings was the idea that users defied "stoner" stereotypes and that there is no such thing as a "typical cannabis" user as they come from all walks of life and use for a variety of different reasons in different social circumstances. However, the commonalities of use that were present suggested that people were using to either "zone out" or to "enhance their focus."

Osborne's later research collaborations on student usage and perception on cannabis compared three institutions, including the University of Guelph, the University of Toronto and Augustana. The research showed that students, even non-users, were not opposed to legalization and cannabis normalization had progressed significantly in Canada. It's not just users who want it legalize, but it's also those who don't use it. According to Osborne, "This legalization is a part of a long process of normalization that was already occurring. What we may be seeing is the beginning of a paradigm shift in drug policy that favours harm reduction and regulation over prohibition and unregulated black markets."

## UofA Safe A Digital Safety Tool for Campus

Meghan Jobson  
Daglightle Staff Writer

We often think of Camrose as being a fairly safe place. However, though we might feel safe walking to our cars at night, it is still important to know that there are precautions in place to keep us all safe.

UofASafe is an app for the entire university, with specific plans in place for Augustana. When you open the app, the home page displays the UofA EHS Twitter feed and has links to emergency contacts, Friend Walk, a safety toolbox, campus maps, emergency plans, and working alone.

Under the emergency contacts you can select your campus. Each campus page has the numbers for protective Services, Facilities, in case of a building outage, local police service, and Safewalk.

Safewalk is a service that you can call if you feel unsafe on campus that will send a two-person team wherever you are and will walk you wherever you need to go within campus boundaries, which can be incredibly helpful for students.

Friend Walk, similar to Safewalk, is another option on the app. This selection allows you to have a person of your choosing document your walk to where you need to go. When prompted, the app will send a link that takes the recipient to a map of your location and you'll be connected to them. You can pick your destination and walk. Your friend can watch your progress on the map from their phone. When you reach your destination, you can end your trip and disconnect. This lets your friend know that you arrived safely. If you feel unsafe or like you may be in immediate danger, you

can hit the button that will begin an emergency call.

The app also has a safety toolbox. This selection allows you to mark yourself okay in the event of a disaster or emergency and send your location to the UofA in case of an emergency on campus, i.e. an active shooter situation.

The app also has plans in place in case of various emergencies. Under the emergency plans selection, they have plans for: building alarms, medical emergencies, smoke or fire, hazardous materials release, bomb threat, suspicious email or package, suspicious person(s), workplace violence, weather emergencies, utilities emergencies, and vehicle accidents and where to go for shelter.

The app also shows each campus's maps. You can view any building associated with the campus, as well as entrances, parking, interior routes, pedways, computer labs, libraries, facilities, and all gender washrooms. While not necessarily considered to be traditional "safety," gender inclusion is an important part of safety for everyone. Often times transgender individuals feel unsafe entering gendered washrooms because of stigma and stereotypes. Recognizing that having access to that information can help every individual on campus feel at home and comfortable on their campus.

This app is available both for apple and android users for free. Having access to these resources can help prevent assaults, sexual violence, stalking, and more. Please help this campus stay safe and share these resources with your friends. Stay safe Augustana!

ME  
RECYCLABLE  
YOU



*Crishia Dela Paz/The Dagligtale*

Students, staff, and faculty from Augustana wore their orange shirts for Orange Shirt Day Sept. 28. The event, which takes place every year, remembers all the Indigenous youth from across Canada who were taken from their families and the ways in which they suffered and the repercussions of residential schools.



*Sarah Laflamme/The Dagligtale*

Entertainer Paul Isaak helps a volunteer from the audience balance a number of plates on sticks held in her hands and on her hat. The free event at the Lougheed Performing Arts Centre Sept. 27 was filled with glee and laughter as all ages enjoyed the comedian-magician pull his stunts and entertain.

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- Oct 19: Open Mic night
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Friday: 3 - 11pm  
Saturday: 10am - 11pm  
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# 2018 Joie Dery Award Given to Camrose Women's Shelter Employee

randeep Singh  
nglightale Staff Writer

Marilyn Johnston of the Camrose women's shelter was awarded the 2018 Joie Dery Award for her work and dedication to the shelter. The Joie Dery award is named after a former staff member who devoted herself to helping abused women and giving them a voice at a shelter in Cold Lake. The reward is awarded annually in Alberta to an individual who shows compassion and belief in social justice. Johnston expressed her surprise for the award and the acknowledgment of her efforts. "It felt like I accomplished something," she asked what inspired her to do the work she does, Johnston replied with, "I'm a helper and I like seeing them get well. A lot of women come here broken." Johnston became involved in working with the women's shelter when she started nursing. The women's shelter was the first thing that interested her and became something she was passionate about. "My goal is to retire before I turn 70, until I'm not able to help anymore."

The Camrose Women's Shelter is a non-profit organization that sup-

ports and assists women and families who are going through domestic violence, a crisis situation, or homelessness. The shelter provides a safe place for children and women who are escaping domestic violence. According to Johnston, the shelter is exceptionally busy and is

a great need. In order to make the shelter a more sustainable and better place, Johnston says people can help support fundraising and bring awareness to domestic violence.

"Working at the shelter keeps you very grateful for what you have," Johnston added. "It makes

you more humble." Donations can be given online or items can be dropped off at the shelter itself. Items urgently needed include, shampoo, conditioner, body wash, children's clothes, and toys. More information can be found on the Camrose Women's Shelter website.

## FOCUS GROUP PARTICIPANTS NEEDED!

RE: STUDENT EXPERIENCES AT AUGUSTANA

LOCATION: AUGUSTANA CAMPUS, ACSRC OFFICE [L1-300]

DATES AND TIMES:

1st Year Students	2nd, 3rd, 4th Year Students
September, 25th, 2:00pm - 3:00pm	September, 27th, 10:30 - 11:30am
October 1st, 11:30am - 12:30pm	October 3rd, 3:15pm - 4:15pm
October 9th, 10:30am - 11:30am	October 12th, 2:00pm - 3:00pm
October 15th, 3:30pm - 4:30pm	October 17th, 10:30am - 11:30am
October 22nd, 2:00pm - 3:00pm	October 25th, 3:30pm - 4:30pm

Augustana's Faculty is looking for students to participate in focus group sessions to discuss your experience at Augustana and your perceptions of the 3-11 class schedule and the First Year Experience Initiatives.

The focus group sessions are supplementary to the First Year Experience surveys. Participation is voluntary. Volunteering for the focus group does not guarantee that you will be selected given quota requirements and sessions available.

Students who dropped out of a 3-week term are welcome.

The focus group sessions will up to 1 hour or less.

PIZZA & POP are provided! Bring Friends!

ACSRC Staff Room: Located in the old counselor's space (past the ASA office, see the signs). [L1-300]

Contact Landon Redelbach of the ACSRC to register or if you have questions:

Email: [redelbac@ualberta.ca](mailto:redelbac@ualberta.ca)



# HighEd Points a New Way for Students to Pay for Education

Aliza Graham  
Dagligtale Staff Writer

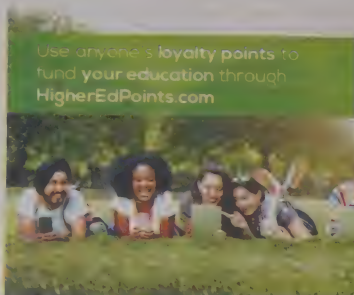
Motivated by her passion for helping students find innovative sources to fund their higher education, Suzanne Tyson initiated the Canadian loyalty reward program HigherEdPoints in 2013.

Tyson received her BA at Western University in 1987 and went on to earn her MBA at the Richard Ivey School of Business in 1996. She is experienced in higher education sales and marketing, with a background as an associate director of business development for the Air Miles Reward Program, and as former president and co-owner of studentawards.com. Out of this experience with loyalty reward programs and higher education grew her inspiration to help students pay for school.

"While Suzanne knows better than most that there are millions of dollars of 'free' money out there for students-lots of scholarships for the brainiacs and uber-humans among us (10%-20% of students) and ample funds for those in dire financial need (10%-20% of students), the pickings are slim for all the rest. The 'Middle Sixty', as Suzanne has dubbed them, have a hard-time winning academic scholarships and they can't qualify for financial need-based awards".

HigherEdPoints is a loyalty rewards program that creates a solution for the 'middle sixty', offering an opportunity to access the funds needed for their higher education.

HigherEdPoints encourages students to contact



**HigherEdPoints.com**  
It takes a village to raise a mind

HigherEd Points is an interesting, innovating way to help pay for students' educations and is available for University of Alberta students, including those at Augustana.

Special to The Dagligtale

people they know: relatives, employers, and anyone who may be willing to help them with loyalty points or a gift certificate.

The website's slogan is: "It takes a village to raise a mind". Presenting a socialistic approach to higher education in Canada, the main idea is that people can use their collected loyalty program points to help students pay for school. The website even provides a draft email to get this process started.

It is free to create an account on HigherEdPoints, and an account is required in order to transfer funds to an institution. Institutions across Canada participate in HigherEdPoints, along with five international institutions. The University of Alberta, Canada Student Loans, and Alberta Student Aid are all participating

members. HigherEdPoints deposits funds directly into the student's school account or student loan account, so the donor knows the money goes toward tuition, meal plans, residence fees, books, or paying down student loans.

Students are able to convert loyalty currency into funds for their education through HigherEdPoints.com.

The process of receiving funding through HigherEdPoints is rather simple. In order to redeem loyalty points from your account, you must use the reward item's unique confirmation code. Upon redemption, return to the website with your confirmation code and you will be able to transfer your funds to an institution. In up to 72 hours the transfer to the designated institution will be complete

and you will be provided with a confirmation email.

HigherEdPoints has three participating loyalty programs: Aeroplan, TD Travel Rewards, and CIBC Rewards, through which you can redeem points to receive and transfer payments. Aeroplan members can redeem their Aeroplan Miles through Aeroplan.com, TD (Toronto Dominion Bank) travel credit cardholders can redeem their TD Points through TDRewards.com, and CIBC (Canadian Imperial Bank of Commerce) has redeemable Aventura Points. If your loyalty program or institution is not listed on HigherEdPoints.com, the website gives the option of filling out a 'get on board' form for either or both to request/convince them to join.

A new feature on High-

erEdPoints.com is access to give/receive gift certificates. Gift certificates are beneficial because they are available even to those who do not want to use loyalty points, making it easy for donors and marketers to help students fund their education without associated administrative burdens. Anyone can give a HigherEdPoints gift certificate to a student. The money given through HigherEdPoints is securely deposited into the school account or student loan account on behalf of the student.

Overall, HigherEdPoints offers a unique way to offset some of the costs of higher education through a simple process after finding individuals who are willing and able to give you a hand with donations of their loyalty points or gift certificates.



**Crishia Dela Paz/The Dagligtale**  
Students gathered at the Norsemen Inn to celebrate the beginning of the year with the annual First Class Bash Sept. 28.

# Human Library Provides Exceptional "Reading" Material

Hien Nguyen  
Daglightale Staff Writer

On Oct. 1, the campus library celebrated its 20th Augustana Human Library. The campus organizes this event twice annually in the Fall and Winter terms. Along with students and the school's staff, it was interesting to have many people from the local community come to this event. The library provided people with tea, coffee, and even delicious donuts!

The kick off event started at 6:00 p.m. Syrian refugee Tarek Nembr opened with a talk about his journey from Syria. Tarek lived in the Syrian conflict. Back in 2011, many rebels who called themselves the 'Free Army' were protesting the Syrian government. Every day when Tarek went down his street, he saw fights. There were many Syrian people who died from the shootings or who had to leave their homes because of the destruction.

Tarek lived in fear. Although he was the only son in his family, he was afraid of being forced to join the army. When he was sixteen, he went to Jordan as a refugee. He was struggled there and was only allowed to do minimum wage jobs there because of his identity. However, one day, he met a Canadian woman who

was willing to help Syrian refugees immigrate to Canada. A new door opened for him. After going through several processes, he finally arrived here! It was inspiring to listen to Tarek's perspective toward refugee issues, how he faced the stigmatization of refugees, and how he found the courage to move forward.

Outside of Tarek, the Human Library also had other 'books' that could be checked out. For those who have previously taken part in the Blanket Exercise, hearing Gina's story would be very emotional. Just last Christmas, Gina found out that she was a 'Sixties Scoop' child. She used to be very thankful for being adopted at the age of 3 after going through 11 foster homes. However, she was shocked upon discovering that it was not her birth mother who abandoned her, but the government policy that separated Native children from their own families. The government took her and her two brothers because they had lighter skin and blonde hair, under the belief that they should be raised by white people. "I grieve very deeply", she cried, when talking about how children in residential schools suffered from tremendous sexual and mental abuse. Approximately 43% of children died in residential schools without any

official reason. Gina was fortunate to have had a chance to meet her birth family, although it took a lot of time and effort for her Inuit relatives to be open up about their past. It was such a great opportunity to hear Gina share her story publicly for the first time. It is essential to understand that no administration should apply the family separation policy as it will create negative consequences on society, especially vital psychological issues in young children.

Finally, the event ended with Jared speaking about living with HIV. What makes Jared's story different from most others' is his attitude. Jared spent his childhood in an unhealthy environment. His dad was an alcoholic. He used to live without understanding his emotions. He ended up hating himself and seeking sex as an escape. He contracted with HIV in 2010 and was diagnosed with Bipolar Disorder in 2014. However, this was the beginning of his something new. He expressed his trust in medication and support groups that were creating a community for patients to go to therapy. He believes HIV should be mentioned more in the media, education, and so on. He also believes that being open about his story will help to reduce the taboos existing in society as well

as motivate people to seek medical treatment as soon as possible. "HIV is not the end. It is the beginning", he emphasized, and he is using his life to prove it.

After the sessions, I spoke to a few attendees.

**What are your thoughts after hearing this story?**

I think it was very interesting when she was talking about the residential schools' situation. Being able to have someone who has family who has gone through that experience and then sharing that experience with us. It was a very nice section.

**Are you willing to attend more events like this in the future?**

Yes. Actually, I am taking a course in Indigenous studies to learn more about this and what the government of Canada has done on all of this.

(Arnold Gihozo, Major in Computer Science)

**What will you tell the younger generations about HIV?**

With the advancement in medical treatment, HIV is no longer a death sentence, but it is still a chronic disease. However, the general acceptance is more open compares to 20 years ago.

(A mother of an adult child who is transgender with HIV)

## The Importance of Language

Caitlyn Crandell  
Daglightale Staff Writer

A while ago, someone I was talking to explained to me a Turkish proverb. A rough translation was, "When a person knows one language, they have the power of one person. When a person learns a second language, they gain the power of a second person." In a sense, you gain the strength of being able to communicate with others who may not typically be able to, you're opening yourself to other perspectives and ideas that you may not normally have come across in your own language.

Something that's important when it comes to languages is that they carry your past, and your culture's past, too. A native language gives you the ability to get to know the intricacies of a culture. You have access to information that you normally wouldn't have gotten from learning about that culture from the outside. As well, through languages, you create and shape your identity. When you learn a second language, you learn more about yourself by thinking more deeply about how you want to express yourself. Thus, you learn to better communicate with others, and better articulate your own thoughts.

Having a Modern Languages degree is more than just learning a

new language. It's about delving into a new culture, and truly working to understand its point of view. When someone goes into a language degree, they come out with not just communication skills, but with a more open mindset. Graduates are able to enter a variety of fields, because they have more experience with dealing with breaking down their assumptions, have a broader understanding of how society and culture is shaped by language, and also the interpersonal skills built through the tight knit community of the language department at Augustana.

Languages mean everything; they describe us and our identity, allow us to communicate with others, and express our culture and traditions. Graduates of these degrees have the flexibility to work in a plethora of places, and are armed with many applicable skills for the working world. If you're interested in some language or culture classes offered at Augustana, check out AUGER 335 Contemporary German Culture, or AUSCA 142 Viking Age Mythology offered in English during the winter semester. As well, if you're interested in learning a language other than English, there are beginner and intermediate classes for German, French, Spanish and Norwegian, which are offered every year.



Muneeb Ahsan/The Daglightale

A team of first year Augustana students faced some local people from Sri Lanka as well as professor Varghese Manaloor in a cricket match outside of the Community Centre Sept. 29. (Bottom): Muhammad Zohaib, Muneeb Ahsan, Akamdeep Khalon, Rishav Goosh, Rishank Kala, Dawson Mantyka, Yusuf Oliya.



## If You Could Add An Extra-Curricular Activity to Augustana, What Would it Be?

Kirandeep Singh  
Dagligtale Staff Writer



"I'd add a rec league. There's talk of it but nothing's happening yet."

- Adam Beauoyner



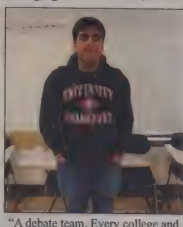
"I would add a fight club where the winner gets a prize."

- Nick Harper



"Cricket, tennis, and more arts. We need different options so we can try new things."

- Siri Prasad



"A debate team. Every college and university has one. Augustana tried to start one but there wasn't enough support."

- Kumar Banerji



"We would add a dance club because dance is a form of expression that brings unity to the community."

- Angelina Guinsatao and  
Jessica Goguen

## Original Fiction: The Black Serpent

Meghan Jobson  
Dagligtale Staff Writer

Doctors, counselors, therapists, it's all the same. They always tell me, "You need Zoloft, or Prozac." Sure, they work for a while, but the side effects are worse than the illness. It never ends. They are always there telling me what I can and can't eat, that I have to exercise, I need to take this pill at this time. It's always the same.

I used to live in a drugged haze most of the time, seeing only what the doctors wanted me to see and feeling only what they wanted me to feel. I'd take the pills they prescribed then take pain killers for the splitting headaches and when those worked, I was lying in bed trying to keep the contents of my stomach actually in my stomach.

It feels like I'm drowning. I know that sounds like a cliché, but it's the most accurate representation of what it actually feels like. Struggling to breathe, you can feel your heart beating faster and faster, pounding so hard you think that there is something attacking it and it's trying to get away. Your breathing becomes heavy as your lungs try and get the most oxygen to the muscles and brain as possible. But it's still not enough. Even when my

lungs are screaming from over-use, it's still not enough. It's never enough. The adrenaline pumping through your body feels like a drug. It gives you a kind of rush, a high of sorts that keeps you alert and giddy.

I've been this way since middle school. Middle school was the worst. Newly teenage girls who don't quite know how to handle their hormones, and whose favorite movie was Mean Girls. They were the worst. They wanted so badly to be popular, to be liked by the jocks in the school. Typical. So, naturally the best way to get a cute boy's attention is to make fun of the nerdy kid. It got so bad that I would be physically ill because I didn't want to go back. I dreaded school. Most days I would fake sick so I could go home. Sometimes I still lay awake at night, waiting for the soft blanket of sleep to envelope me but all I can hear are their words that defined my whole world.

Once I get past those words and sleep actually does come, it doesn't last long, and it most certainly is not the soft blanket I had envisioned. Within five minutes of falling asleep, the softness that comforts me now morphs into a huge, black, scaly serpent. Like a

boa constrictor, it grips my insides and forces the air out of my lungs. Wildly my eyes search the impending blackness but there is nothing. There is nothing that can possibly help me. I begin to breathe heavier. Loudly, the girls' voices ring through my ears, penetrating the poignant night. The cool scales are smooth against my skin and are inadvertently comforting. The air around me is cold and moist like a medieval dungeon. It licks my face with its damp tendrils, caressing my cheek and instilling yet more fear into me. The musky scent of mildew assaults my nose. I try to breathe through my mouth to block out the odors of rot and filth. I am screaming but there is no sound. No one will be able to hear me. I am struggling pushing against the life crushing monster. My muscles are taut and strained against it. I no longer can force against the demon. My arms are weak and tired. The echoing voices are there, ridiculing me for eternity.

There is no escape. There is only submission to this awful beast. The more I struggle against it, the tighter it holds on. The longer I resist, the more time I have given to it and it becomes even stronger. It feeds off of my fear and despair. It feeds off my strength, draining

it from me. I curl up and clamp my hands over my ears, squeezing my eyes shut, tears slowly leaking out of the corners. I can't handle it anymore. I will go insane.

It's over. I open my eyes to another type of darkness, a kind darkness. The familiar smells of laundry detergent and perfume that hang in my bedroom are what greet me with open arms. The soft silk of the sheets and the fluffy down of the duvet comfort me. My heart rate begins to slow, but I'm still shaking. My palms are still slick with sweat as is my forehead and upper lip. I sit up and take a deep breath. I plug in the night light that so often warded away the nightmares when I was a child. I look around the room, dimly illuminated by the soft yellow glow and study it. The drapes over the windows, the music box sitting on the desk. It's all familiar. I sigh in relief, letting all the angst and anguish leave my body in that one breath. The warm air drifts over me and cradles me in its loving embrace. I feel myself falling back into the nest of feathers. Again I drift off into a world of light and softness; again it quickly morphs into something much, much worse. I know what this is. Anxiety.

# Procrastination Station

## ⌘ ⚔ ⚡ ⚡ ⚡ Campus Horoscopes ⌘ ⚡ ⚡ ⚡ ⚡

### Aquarius (Jan 21 - Feb 19)

The stars told me you're going to die in seven days, but in constellation days that's like millions of years so congrats you're immortal - JUST IN TIME FOR HALLOWEEN!

### Pisces (Feb 20 - Mar 20)

This Spook-tober, make sure you get lots of calcium to help the skeleton in you grow big and strong. Especially because we all know you aren't going to the gym this winter, and you need to take care of SOMETHING.

### Aries (Mar 21 - Apr 20)

You will be haunted by a lot of ghosts this month, Aries. Some of them are in fact children in sheets, and some of them might be the trauma you've been repressing for years. Either way, they need to be given attention.

### Taurus (Apr 21 - May 21)

Remember to keep your friends spooked this month with fun sayings like, "Hey how did you do on that midterm yesterday?" and "I hear the tuition freeze might not be a thing anymore". Sure Halloween is scary, but real life is scarier. (Help me.)

### Gemini (May 22 - June 21)

Good news: you can buy Halloween candy now! Bad news: you can buy Halloween candy now. Even more good bad news: you can buy it *on sale* after October 31st.

### Cancer (June 22 - July 23)

October is the perfect time to test all out whether or not your weird conspiracies are true or not. This whole month is just a giant spook fest, so let loose.

### Leo (July 24 - Aug 23)

Well, Leo. That thing you've been contemplating for a long time? Time to bury the hatchet on it. In the woods. Far away. Maybe a few towns over. Borrow a friend's car.

### Virgo (Aug 24 - Sep 23)

The virgin jokes are all fun and games for you until it's time to sacrifice one. What? You thought "virgin" meant "haven't had sex"? Hahahahaha. Nice knowing you.

### Libra (Sep 24 - Oct 23)

You can be in the Halloween spirit, or in the Halloween spirit. Be careful what kind of spirits you call upon this month. Take that Ouija board crap *off campus*.

### Scorpio (Oct 24 - Nov 22)

Spooktober: when Scorpio's powers are at their peak. God-sped Scorpio, make this town spooky again.

### Sagittarius (Nov 23 - Dec 21)

That Latin class you took is going to come in HANDY when Libra decides summoning spirits is a good way to spend a Thursday night.

### Capricorn (Dec 22 - Jan 20)

You know in the newer "IT" movie when the clown is holding a child's bloody arm and he waves with it while peeking out from behind some grass? Yeah.

## Dry Campus

An Original Comic by Sadie Sherman



## Ask Ouija

Your sassy, satirical self-help guru

Dear Ouija,

My boyfriend and I are going through a really difficult rough patch right now. I'm wondering if you have any advice on how to reconnect and rekindle the lost intimacy between us?

Love,  
To D or not to D

Dear To D or not to D,

If your intimacy is dead, try summoning it back with ancient chants in ancient tongues. These ancient chants will pull spirits from all across time and they will guide your hearts back together. Whether those hearts are inside your body at the time, I can't say. But at least you'll be together forever.

Love,  
Ouija

Dear Ouija,

I'm having a hard time making it to class, the winter depression is setting in and my everything hurts. What can I do to get motivated again and enjoy the season?

Love,  
SeasonsSuck



Dear SeasonsSuck

Honestly, screw this global warming crap. I'm depressed and unmotivated too, and I find that telling yourself you'll do something for six hours straight without actually doing it, isn't too bad of a deal. I'd wait until it's crunch time then throw yourself into the abyss that is 36 hour days finishing papers and studying for your midterms. Works every time for me.

Love,  
Ouija

# Camrose Happenings!

## October 2-27

### Biomythography

A show by Fine Arts profs Keith Harder and Julian Forrest will be on display at FAB Gallery (1-1 Fine Arts Building, 89 Avenue & 112 Street, University of Alberta, Edmonton).  
Tuesday - Friday 10 a.m. - 5 p.m.

Saturday 2 - 5 p.m.  
Closed Sunday and Monday and stat holidays

### Friday, October 12 Bernard Quilala & the Q-Tones

8:00 p.m., Mayer Community Room, Loughheed Centre  
Tickets are \$32 and can be purchased at the Loughheed Box Office or online at camroselive.ca

### Paint n' Sip: Dazzle Your Daisies

6:30 - 9:30 p.m.  
Chuck MacLean Arts Centre  
\$45 for all supplies

Contact Jane Cherry at (780) 672-9949

### Saturday, October 13 Red Dirt Skinkers

8:00 p.m. at the Bailey Theatre  
Tickets are \$25 and can be purchased at the Box Office or online.

### Tuesday, October 16 Employee Long Service Awards

2:00 - 3:30 p.m., Mayer Community Room, Loughheed Centre

### Thursday, October 18 Distinguished Visiting Fellow Dr. Molly Worthen:

"Make Sure All of Your People Vote"  
6:00 p.m. - 7:30 p.m., Camrose Public Library.

### October 18-20 and October 25-27 Drinking Habits

A play by Tom Smith at the Bailey Theatre. Tickets with dinner are \$50 and balcony seating is \$20. Purchase tickets at the Bailey Box Office or online.

### Sunday, October 21 Orchestra Borealis

2:00 p.m. at the Loughheed Centre  
Tickets are \$20 for students and can be purchased at the Loughheed Box Office or online at camroselive.ca.

### October 26 to October 28 Dog Show

9:00 a.m. - 5:00 p.m. every day at the Camrose Regional Exhibition  
Entry is \$5.

### Saturday, October 27 Storyteller Cafe

7:00 p.m. in the Wahkohtowin Lodge  
Refreshments will be provided.

### The Haunted Train

2:00 - 6:30 p.m. departing and returning from Kelsey, AB.  
Tickets are \$75 and can be purchased by calling (780) 385-4150.

### Weekly Events:

#### Every Monday Spanish Circle

3:00 - 4:00 p.m. at the Camrose Public Library  
Speakers of all levels welcome!

#### Got Ukelele

1:30 - 2:30 p.m. at the Camrose Public Library  
Bring your own instrument or rent one from the library!

#### Every Wednesday Cercle de Conversation en Francaise

6:00 p.m. at the Camrose Public Library  
Speakers of all levels welcome!

### Every Thursday Mindfulness Meditation

12:10 - 12:40 p.m. in the Learning Commons

### Job Opportunities:

#### Martha's Music Guitar Instructor

Part time instructor available for Oct. 2018. Competitive salary from \$20-\$25. Applicants should apply with a cover letter and resume to: marthas@telusplanet.net.

#### Escape Squad

##### New Squad Members

Part time, evenings and weekends. Escape Room knowledge & experience helpful. Microsoft Suite and Google Apps knowledge. POS, cash register, and/or other payment types. Send cover letter and resume to: josh@escapesquad.ca.

## Go VIKINGS!

### Wednesday, October 10

#### Vikings Soccer

vs. Red Deer Kings  
4:00 p.m. Women's Game

### Friday, October 12

#### Vikings Basketball

vs. Concordia Thunder  
6:00 p.m. Women's Game  
8:00 p.m. Men's Game

#### Vikings Hockey

vs. Red Deer Kings  
7:30 p.m.

### Saturday, October 13

#### Vikings Cross-Country

vs. Red Deer Kings  
12:00 p.m. Women's Race  
1:00 p.m. Men's Race

#### Vikings Hockey

vs. Red Deer Kings  
6:00 p.m.

#### Vikings Volleyball

vs. Concordia Thunder

6:00 p.m. Women's Game  
8:00 p.m. Men's Game

### Friday, October 19

#### Vikings Basketball

vs. Keyano Huskies  
6:00 p.m. Women's Game  
8:00 p.m. Men's Game

#### Vikings Hockey

vs. RDC Kings  
6:00 p.m.

### Saturday, October 20

#### Vikings Basketball

vs. Keyano Huskies  
1:00 p.m. Women's Game  
3:00 p.m. Men's Game

#### Vikings Hockey

vs. NAIT Ooks  
6:00 p.m.

### Sunday, October 21

#### Vikings Soccer

vs. GPRC Wolves  
12:00 p.m. Women's Game  
2:00 p.m. Men's Game



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Be Sudoking Happy!

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# the Daglightale

the true horror  
story is my current  
GPA

Vol III, Issue IV ~ Oct. 22, 2018

## Long Service Awards Honours Dedicated Augustana Staff

Hien Nguyen  
Daglightale Staff Writer

How long have you been studying at Augustana? Whether you are a freshman or a final-year student, you can complete most programs in Augustana Campus in four or five years. The story is different for some outstanding individuals. They have been working at Augustana for a long time and continue to bring more value to our small campus.

On Oct. 16, the Long Service Awards were held to recognize their dedication.

Lilas Bielopotocky is a special one. She has been working for the Food Services for more than 30 years to provide food in the cafeteria. Her job is purchasing, ordering, and scheduling the menu for the approximately 400 students living on campus.

Students not only find bread and ham inside the cafeteria, but also have a chance to taste the flavor of Asian dishes such as Basmati rice, shrimp Pad Thai, along with the spectacular hot chocolate. It is not easy for our Food Service Supervisor to supply most of the food with local fresh food as it depends on many factors, including prices and availability. However, Bielopotocky's motivation is inspiring. "Receiving this award is great because I love the people and I love food. I try my best every day."

Valerie Bailey and Paula



There were three honoured recipients at the Long Services Awards Oct. 16 as Valerie Bailey, Paula Marentette, and Lilas Bielopotocky were recognized for their multiple decades of service.

Marentette received their 25-year awards. If you are interested in the Music Department, you may have known that Valerie Bailey is an Administrative Assistant for Fine Arts and Humanities. For her 25 years working at Augustana, she supports many students who want to take a sight-reading course, practice musical instruments, or participate in the Augustana Choir.

Considered to be one of Western Canada's most successful undergraduate university choirs, the Augustana Choir performs qualitative choral literature drawn from a variety of styles and periods. It takes countless time and effort to build on that success,

but thanks to Bailey's dedication that sustainably improves our Music Department's reputation.

Paula Marentette, Professor of Psychology, teaches most of the psychology classes for second- and third-year students. She puts her life into an example of what she teaches and how she teaches. With her interest in cognitive development, she instructs students on the projects that involve gesture and language. Although Marentette has high-requirements in her class, she is a great professor who always encourages students to improve their critical thinking by viewing issues in different aspects.



Photos by Sarah Munter/Special to The Daglightale



The Employee Long Service Award is meaningful. It acknowledges the campus staffs and employees' contribution to our small

community. It also reminds students that we are not alone in our journey because of the many people that silently support us.

### From the Mouths of Leaders

Updates from  
Dean Berger and  
President Johnson

Pg. 3

### Substance-ial Changes

How Augustana  
will be moving  
forward with sub-  
stance policies

Pg. 4

### Candidates Forum

Who will be your  
rep heading into  
this next year?

Pg. 7

### Breast Cancer Info

October is Breast  
Cancer Awareness  
Month. What are  
the signs to look  
for?

Pg. 8

### Appropri- ation & Hal- loween

It's not okay, nev-  
er okay, and why.

Pg. 10

# THE DAGLIGTALE

Oct. 22, 2018

## Meet the Team!

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Instagram: @thedagligtale



We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Wits & Wiles

## Observing Canadians' Obsession with Halloween

**Nathalie  
Hewa Dewage**  
Co-Editor

The leaves are yellow, the air is crisp, pumpkin spice is back ... and Halloween is almost upon us! Growing up in the Middle East, Halloween was never a big deal for me at all. Even now, I really couldn't

care less about the pumpkins and the candy and the dressing up. But, boy oh boy, do Canadians love it. I can hardly go outside without my friends talking about 'trick o' treating' this and 'horror movie marathon' that. It's almost religious how people go about it. I think it's quite interesting really. Even from the outside, I do see the fun in it all: having a

whole month dedicated to all the ghosts and ghouls from your childhood mixed with an all-night sugar rush from all that candy. Plus, there's the added bonus of dressing up! But Halloween was never my thing and probably never will be. Still, that shouldn't stop anyone else.

Have a great 31st! And try not to smoke too much weed.

## Tis the Season to Be Spooky and Stop Being Spooked



**Amielle  
Christopherson**  
Co-Editor

October is the time of the year to look at, analyze and discuss fear. Time to be spooky and to spook, am I right?

In Marina Endicott's creative writing course, we're starting work on our ghost story, which means talking about what we fear. (Shoutout to my groupmate for showing me a photo of her big friggen snake after I said I was terrified of them. It was great!)

Fear is weird because sometimes we don't even realize what

we're afraid of until someone points out we've been avoiding something (yoooo commitment-phobes or people from the prairies that have weirdly always avoided hiking but don't know why).

The thing is, fear is important. It's super important because being scared of something is our body's way of protecting us, of alerting us that something might not quite be right. Unfortunately though, sometimes we're scared of things, not necessarily because they're bad for us, but because they're unknown, because we've had a previous bad experience, because we care about what others think about us, the list goes on.

Look at how many (potential-ly) inspirational sayings there are about fear: "Everything you've ever wanted is on the

other side of fear", "Fear leads to hate, hate leads to anger, anger leads to suffering", "Do one thing a day that scares you", "Courage is not the absence of fear, but rather the judgement that something is more important than the fear."

I think it's really interesting how many people love October, love Halloween, love being spooked, but if you were to ask someone if they've faced their fears, something that's not a haunted house or a scary graveyard, chances are, they haven't put themselves in a position to do so in awhile.

So in this season of spooks and scares, why don't we all try to do something, one teensy thing, that actually scares us? Even if it's looking at pictures of snakes and not jumping three feet in the air. Hey, it's a good start.

## Ask Ouija

Your sassy, satirical self-help guru



Dear Ouija,

How to stay engaged with boring classes below your level?

Love,  
Bored Third Year

Dear Bored Third Year,

First off, I feel for you, but don't get cocky. If you really think you know everything, answer the diddy-dam questions in class to help the teacher move on. Use that advanced knowledge to your advantage—ask some advanced questions so you a) get brownie points with the teacher, and b) learn something new even though it's super easy. Or is it that you just use that excuse to make you feel better about skipping class and not doing homework?

Maybe your overconfidence will catch up to you, and the class won't be so boring in a few months.

Love,  
Ouija

Dear Ouija,

Do you have any good ideas for a date in Camrose?

Love,  
Love Struck and Bored

Dear LoveStruck,

Head over to the climbing wall. Nothing gets the love and trust flowing like being attached to someone who has no control of

whether you hang securely in place or fall 10 feet and hit the ground. So that's great. Don't forget about bowling! Really get your frustrations out by rolling a ball down the alley at the wrong time, only for it to hit the pin straightener at the end resulting in a big bang that'll be sure to leave both you and your date feeling awkward. Release your inner trashy and head to one of the clubs like OC's so you can awkwardly say what, like, five million times because you can't for the life of you hear what your date is saying. Maybe check out Fika, GOAT, or 1908 to really experience that classic awkward silence while you self-consciously try to gulp down your drinks and food.

Love,  
Ouija

# Berger on Future Degrees and Dealing with Diversity on Campus

Caitlyn Crandell  
Dagblatte Staff Writer

Dean Berger was interviewed earlier this week regarding updates on the capital campaign, possible additions to Augustana's degree roster, and how he has pursued the university's commitment to diversity.

Berger said for the capital campaign, they have, "added an area of fundraising related to student life and athletics, and submitted some ideas to the advancement office on North Campus." However, he adds on that these are, "still very early in the conversations." Challenges that he is foreseeing for the remainder of the fall semester are dealing, "with decision-making happening on North Campus" which handle aspects of "budgets, new budget models, and space allocation at Augustana." He spoke briefly about the challenges faced by the flourishing nursing program and the "challenges in regards to allocation of space" for those students.

Berger has noted that, "We're calling them concentrations." They are essentially interdisciplinary degrees, which currently are "focusing on areas of the curriculum that are relatively under-enrolled." The degrees aim to "set students up for success in whatever their professional or personal objectives may be after university." Concerning to when

the degrees will be implemented, Berger commented "I think we'll see a few ideas develop quickly and we'll have others that take more time. But even quickly in academia is fairly slow, so I would say, we're still a couple years away from new programs." Berger emphasized that "the programs we're talking about are for future students, not current students—unless they are interested." Berger says that the degrees are still very early in production. Currently, "there are multiple groups of faculty that are having creative conversations." Berger suggests, "there will be multiple ways to involve students. I can assure you, that will be an important part of the change process."

When asked questions regarding diversity on campus, Berger first commented on how, "It is an important part of the university's strategic plan, and that university-wide work on diversity related concerns is going to be a priority of the university this year." Berger continues, Augustana's mission is to provide "liberal education, [which] should be a liberating education. In other words, liberating from narrow points of view, and stereotypes." Essentially that we would be a "weaker campus" if we didn't have healthy representation of "indigenous students . . . international students from many different countries . . . [and] LGBTQ students who felt

comfortable being themselves on campus." Berger iterates the importance of diversity in classes and residences to "provide opportunities for interaction, that foster growth and understanding."

A major point Berger highlights is that creating a welcoming, diverse environment "requires continuous work and vigilance." Expanding further on the challenges of how "the student body keeps changing . . . and the work starts all over again. We keep at it, and can't let up." Implicit bias is another issue Berger has "had a fair bit of conversation about." He provided the example of how, "evidence shows that female instructors are evaluated differently than male instructors." The University of Alberta requires that the evaluations go out to all students, and Augustana must "take those student evaluations into account to grade that faculty member's teaching. So there's an example of how the faculty evaluation committee has to exercise a certain amount of care in making judgements based on the kind of evidence," Berger continues, "arguably faculty member's biases can come into play as well", when it comes to grading, for example. Berger states there is certainly implicit biases on campus, but "we have to find ways to make those [biases] visible."

Berger has previously stated

the importance of Augustana's relationship to the Camrose community. In terms of how Berger has worked to develop diversity within this relationship, he states "we've been in conversation with some of the Islamic students to build a prayer space for them on campus." Currently Camrose lacks space for the growing Muslim population. Berger continues, "there we have an opportunity to reach out in a way that not only helps students on our campus, but relative newcomers to our community and Camrose as we become more diverse." Community service learning (CSL) opportunities are something Berger finds important, because he wants students "to experience a world that's as diverse here as one they will move to in the future." Shared space, such as the performing arts centre, athletics field, and "programs through the Chester Ronning centre and Alberta Centre for Sustainable Rural Communities" are integral for building an understanding and fostering our community's diversity. Berger concludes, "the ways in which we work together are endless. People at universities often talk about the town-gown relationship, gown being the word to represent the university. We have, in my mind, the best town-gown relationship I've ever seen—and I've worked at five different universities."

## ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

We've got Sexual Violence Awareness Week coming up, running from October 29 to November 2. There are a variety of events planned for the week and it is a great opportunity for students to take part in making this campus a safe environment for everyone, and take part in some really important discussions to hopefully help end the stigma against sexual assault survivors and give valuable information about what sexual assault is and how to end it.

**Monday Oct. 29:** Kick Off Event at 9:45 a.m., followed by Heel Racing at 10:00 and a pancake breakfast at 10:30.

**Tuesday Oct. 30:** IPledge Campaign will run all day and a Take Back the Night Walk at 6:30 p.m. with people meeting in the Forum.

**Wednesday Oct. 31:** Consent is I like Tea is an all day event, as is the #I Believe You Campaign.

**Thursday Nov. 1:** Wear Blue Day! with a photo at noon in the Forum and a CAAVA and Bake Sale from 11:00

- 1:00 p.m. in the Forum. From 6:00 - 7:30 p.m. there will be Taco Bout Sexual Violence event.

Check out the ASA's Facebook page for updates and more information!

Another event the ASA is hosting is Tricks for Eats. This annual event will be happening on October 31, and is a Camrose wide food drive to collect donations for the campus food bank.

In other news, now that cannabis is officially legal, it is important to reiterate that students will be unable to smoke on campus until further notice. Jennae and Jare on a working group that will be drafting a policy around legal substance use on campus. This will include all legal substances: alcohol, tobacco, cannabis, and caffeine. We will soon be starting to gather student feedback around what students would like to see happen so if you have any feedback please contact us!

Augustana's Got Talent (AGT) auditions are also now in full swing so if you are interested please, come down at the available times and audition! The show is always one of the highlights of the year and it would be great to get more students involved.





# Cannabis Legislation Bringing Changes to Augustana

Cat Crandall  
Daglightale Staff Writer

Executive Director of Student Life, Randal Nickel, was interviewed earlier last week about the upcoming laws and campus rules that are being implemented around cannabis, and how students, staff, and faculty will shape the revision of the substances policy in January 2019.

Nickel would like you, dear readers, to know that if you have any questions, comments, concerns, or any kind of input about cannabis on campus, you can email or set up a meeting with him to discuss it further.

## What are the policies on cannabis on campus and in Camrose?

As we mentioned in the email, October 17 was legalization day in Canada. We thought that at Augustana it would make sense to take a look at substances as a whole, not just at cannabis.

The cannabis bylaw in Camrose has become part of the smoking bylaw. So recreational and medical

consumption of cannabis will be allowed typically where smoking is allowed. Except where there are some guidelines around no smoking or baking or usage a certain number of metres around schools, parks, that sort of thing.

On campus, because we want to include it with looking at what our tobacco and alcohol policy is, what we're doing right now is we're getting feedback from students, staff and faculty, about what everyone would like to see the campus policies be. Until then, there will be no recreational usage on campus allowed. We anticipate that process would be done in the fall, hopefully with the implementation of a new policy, a substance use framework policy, in early 2019.

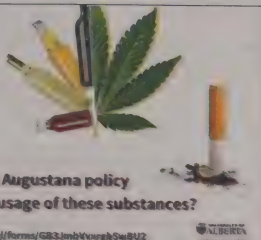
## How will students be able to find out about the bylaws and process on campus?

Partly through your article, and then there's web pages that is for UAlberta as a whole. It differentiates and iden-

## Cannabis Alcohol Tobacco

What do you think the Augustana policy should be around the usage of these substances?

Provide feedback at: <https://goo.gl/forms/G83JmbVoughSu8U2>



tifies what the policies and procedures are on each campus. We will align ourselves with those policies and the bylaws in Camrose. We will be putting the information out via the Students Association as well. Next week there's also a range of activities, information displays. We'll also go out on the TV screens, and the weekly newsletter too. Students Associates will have some social media presence as well.

What kind of supports will you have in place if someone wants to get help?

I think there would be access to community

based support, as well as on campus. Primarily through the nurse navigator, who has access to medical and non-medical supports. There are local addictions counselors that we can connect people too, as well as separate HR policies that will be developed across UAlberta. They're in development right now, but right now the focus is on campus, primarily around students.

How will students be informed about how they should care for themselves while doing cannabis? For example, how to come down from a bad trip.

There are some low-risk cannabis usage guidelines through Alberta health services that we will be disseminating, having online, as well as other kinds of copies in those info displays this week and beyond. Just to ensure that that will be available, I assume we'll be putting them on the health and wellness section of our webpages, and also accessible through our Nurse Navigator, as well as through residence services, Students' Association, offices, that sort of thing. Just to make sure that it's widely visible.

Continued on pg. 5

## Public Library Not Just for Tangibles: Online Resources Abound

Jennifer Rozema  
Special to the Daglightale

Different types of media have made it easier than ever to access material that would otherwise have been harder to obtain on a day-to-day basis. Ebooks, audiobooks, websites dedicated to borrowing music, and movies through your laptop, smart phone, or tablet have changed the many ways that we are able to access different mediums of material. The Camrose Public Library has access to many of these resources, and has made it simple and cost effective for library members to access them!

To access any of our electronic materials, all you need is a valid library card and to visit the Camrose Public Library website at <http://cpl.prl.ab.ca>. Once there, hover over the "eLibrary" tab at the top of the page and select the type of service you would like to access from the drop down menu. Along with each platform, there is an opportunity to learn more about what it offers (click "learn more") including how to download the app and materials to that app. If you simply want to

visit the platform, click on the "visit resource" and get started.

cloudLibrary is an ebook platform with over 3000 titles. It requires an app to be installed on your device to which you will simply transfer anything you borrow from the library. cloudLibrary sorts ebooks into newest items, genres, most popular items in the past month, the best of the year, and more. You can also search the titles if there is a specific title you're looking for. Ebooks automatically return themselves at the end of three weeks so you never have to worry about overdue fees. Read Alberta eBooks is another collection of ebooks available on the cloudLibrary, which includes over 1,000 Alberta-published books from 24 Alberta Publishers.

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If keeping up with world news is your thing, you can visit either PressReader or Newspaper Source Plus. Between the two platforms, you will have access to millions of newspapers from around the world in hundreds of languages. They allow you to search for specific subjects, images, or read the paper from cover to cover just like a physical newspaper.

CELA and NNELS are formats created specifically for those who are print disabled. The term print disabled means anyone who is unable to read a book, because of failing eyesight, because they have a medical condition that has left them unable to hold a physical book, or any other reason. Contact the library staff to make sure we have noted your print disability on your record so you can borrow seamlessly.

The Alberta Research Portal is your gateway to a world-class collection of primary sources. It allows you to search extensive resources including those related to indigenous peoples, the Associate Press Collections, the Smithsonian Collection online, and more.

Pronunciator is a great tool to use

if you are looking to learn another language, or to brush up on some vocab! Simply make an account, and work at your own pace. With flashcards, speech feedback (find out how well you pronounced a said word), videos, and many more resources help you learn at your own pace, while meeting your individual learning style needs.

Grant Connect is an online resource that is licensed for in-library use, only, but everyone is allowed to access it. If you work for a charitable organization and are looking for new funding opportunities, search Grant Connect.

## Library hours:

The library is open Monday through Thursday from 10 a.m. to 8 p.m.; Friday from 10 a.m. to 6 p.m.; Saturday from 11 a.m. to 5 p.m.; and Sunday from 1-5 p.m. The library is closed all weekend days of statutory holidays.

Jenny Rozema is one of the smiling faces you see at the front desk at the library. She is also a 5th year student at Augustana where she is finishing up a Bachelor of Arts majoring in English. She can often be found hiding in the Library with Hutch.

# Indigenous Courses a Step Towards Understanding

Isabella Bourque  
Digitale Staff Writer

There are so many misconceptions when it comes to Indigenous people and our heritage. Having the advantage of taking Indigenous courses here at Augustana is inherent to understanding a lot of our history, as well as the realities we face today. Taking part in Indigenous classes helps to spread awareness about our peoples that, though it is unfortunate, many Canadian citizens just aren't aware of. You wouldn't believe how many times I have heard ignorant assumptions about First Nations, Inuit, and Metis Peoples - that we still live in igloos, that we don't have electricity in our communities, or that TV and wifi are totally unheard of where we come from. You wouldn't believe how many times my friends and I have heard, "So, how native are you?" "I don't know about you, but I don't go around asking people of European descent, "So, just how Irish are you?" as if a percentage makes you any less apart of the culture you identify with.

You would be surprised that we, Indigenous people of all skin tones and hair colours, sometimes get asked, "So... what do the 'real' native people think of you? ... because you're not, like, full Indian," (when referring to us 'light-skinned' or Metis Indigenous people) - well,

Sharon, you're only part Scottish so like, what do 'real' Scottish people think of you? We are all people, aren't we? And I don't mean to ruffle any feathers or insult anyone, but before you ask us about how the colour of our skin or what percentage 'native' we are, consider asking the question to yourself and see how that feels.

Whether you are Indigenous or not, consider that these Indigenous Studies classes are something you should subscribe to. Indigenous Studies courses are a great way to gain experiential knowledge and hands-on learning outside of the classroom (hint - if you need a break from primarily lecture based classes, you should check out an IND course)! A class like Erin Sutherland's AUIND 240, that teaches you how to tan a hide and is based around kitchen-table theory (psst - that means you eat a lot of food in the class), really helps to build a sense of community while learning actual things about Indigenous groups. Who wouldn't want an interactive learning space? It's only the best thing ever and makes class actually fun to go to! Plus, if you really don't know anything about Canada's Indigenous people or if you want to know more about the history of Canada (because Indigenous people are the history of Canada,

\*cough cough\*) these classes are a safe and welcoming space to integrate yourself into a world of knowledge. If you're weary and unsure, start with an introductory level course like AUIND 101/201! Or, if you want to be educated about what's really going on with our peoples, and you maybe want to help refute some common misconceptions like "Native people get all their schooling paid for, how lucky is that?" or "I heard Metis is now the same as like, full status Indians so they're all good now," then please, get yourself to an AUIND class, educate yourself, and then help to educate others! Take it upon yourself to also help support the Indigenous students around you, ask questions, and don't be shy about participating in some of the workshops available to you, whether that be signing up to take part in the Workshops in Building Capacity for Truth and Reconciliation or learning how to make moccasins! The moral of this story: Ignorance is not bliss. We are the future and Indigenous education for everyone will help us make the future a better place to be.

List of AUIND courses offered at Augustana:  
AUIND 101/201 - Introduction to Indigenous Studies  
AUIND 240 - Introduction to Indigenous Cultural

"The truth about stories is that's all we are."

-Thomas King-

In partnership with the 7th Annual Spirit of the Land Conference

## Storyteller Cafe

October 27 at 7 pm

## Wahkohtowin Lodge

Refreshments will be provided

## Medium

Production

AUIND 300/400 - Selected Topics in Indigenous Studies

AUIND 367/467 - The Fur Trade

AUIND 370/470 - Oral History

AUIND 390/490 - Directed Studies in Indigenous Studies

AUIND 399/499 - Theories in Indigenous Studies

\*Note that there are other courses outside of Indigenous Studies (AUIND) that incorporate Indigenous material, however I included only AUIND courses here to give you a general idea of the solely Indigenous based

classes that are offered.

The Storyteller Cafe is happening in partnership with the seventh annual Spirit of the Land conference and is being co-hosted by the Chester Ronning Centre and the Augustana Medium. The Cafe is an opportunity to share stories around a circle and is a way to build community amongst everyone. The Storyteller Cafe will be happening on Oct. 27 at 7:00pm in the Wahkohtowin Lodge and is welcome to everyone - students, faculty, and community members. For more information, check out [spiritoftheland.ca](http://spiritoftheland.ca).

## Nickel Answers Questions on New School Substance Policies

Continued from pg. 4

### How will this policy for all substances be enforced?

What we will do, with the alcohol as well, we're trying to reduce instances where student staff have to patrol enforce these laws, rules, with their peers. UAPS (University of Alberta Protective Services) does play a role in enforcing these policies and procedure when they're finalized on campus, but we also hope that through the public health, through the support for everyone who wants to use for whatever reason, or doesn't want to use for whatever reason, that will limit the amount of issues that are brought up where we would need to enforce these kinds of rules.

We'll also be asking for student, staff, and faculty input, probably starting next week as well with the google form. It is anonymous, that everyone can put around what are their thoughts, concerns, suggestions, about what the policies could look like for cannabis, alcohol, and tobacco. Some might use cannabis, and not want to use tobacco, and vice versa.

**What changes will come into effect in January, with the policies regarding alcohol and cannabis will be reviewed and revised?**

I definitely don't want to pre-determine the outcome, because we want to take the feedback that we get seriously. I think the only predetermination is that it includes that sort of health and wellness focus, and that services are available. So we want

to make sure that whatever that policy looks like, that will be the foundation of it. On the specifics, I think we will explore what the feedback is, and then connect it with those principles of health and wellness, and support available harm reduction for people. Then make decisions based on that feedback on what makes the most sense for the campus, and then implement it, because it's all new. Particularly when it comes to cannabis. If there are changes to the alcohol policy, that will be new as well. Chances are, we won't get it 100% right. We want to be able to implement, find ways to address issues, shortcoming, or short-falls. Maybe 2019, the entire year, we can sort of assess where things are at, because that's when edibles will become legalized as well. By the end of 2019,

we'll hopefully have policies and procedures in place that will work.

**Is there anything you want the student body, the faculty, or the staff to know about the policies, or anything regarding the legalization of cannabis?**

Well, I've already been quite repetitive, I think, in my answers regarding that health and safety and reduced stigma. I think really focusing on, you know, being non-judgemental as people use or don't use for a variety of reasons. We want to make sure that that's the focus. We want to work together to develop something that will work for our campus, and keep people safe and healthy, and able to access support if necessary, and focus on the mission of our organization: have a great student experience in and outside the classroom.

# City Looking to Community for Input on Downtown Development

Aliza Graham  
Daglighte Staff Writer

The Camrose Public Library hosted a Community Open House for the Downtown Area Redevelopment Plan (DARP) to present the final draft of said plan Oct. 11.

The draft presented at the open house was to show the public how the plan will help guide development and redevelopment in downtown Camrose for the next 25 years. It was held in order to give the public a final chance to let the planning department know if they "got it right". Those who could not attend are advised to contact Francisca Karl, the City of Camrose Long Range Planner, for more information on DARP and/or to comment on the implementation proceedings.

The project boards from the open house can be accessed on the City of Camrose website and they provide an overview of the phase breakdown since 2016. They also show the downtown plan boundary map (highlighting the intent and outcome of the precinct areas within the redevelopment plan), as well

as details about the implementation budget and plan legend (underlining short-term and long-term goals). The DARP project boards show how the City's Planning Department will be moving forward with implementation of the downtown redevelopment plan in 2019 and onward.

Aaron Leckie, the Director of Planning and Development Services for the City of Camrose, explained that the vision statement was meant to be reflective. The plan envisions that in 2045, downtown Camrose will be a place for social life to thrive, with public spaces that bring people together and strengthen a connection to community. Leckie pointed out that public engagement was essential in the redevelopment plan because it helped establish what the community wants for the downtown area. This engagement helped create a sense of the community within the plan.

Over the spring and summer, a number of public engagement events occurred during which an overwhelming amount of feedback was gathered that helped in creating the Downtown Re-

development Plan. These events included: the Camrose Fly In Breakfast, Jaywalkers Jamboree, Arts in the Park, The Battle River BBQ Palooza, and four different Thursday Night Farmers Markets.

Prior to pop-up planning, public engagement started with a vision focus group that had twenty-two participants. DARP is a policy document to guide positive long-term redevelopment in an existing neighborhood. Community involvement has been the key to creating a comprehensive and shared vision for downtown in order to preserve and enhance the area.

The plan's guiding principles are providing enhanced infrastructure, connecting to the city, creating spaces for arts and public places to thrive, respecting heritage and building on existing assets, encouraging diversity of uses, fostering intensity, promoting business development and business retention, involving the community, and making development decisions fair, predictable, and cost effective.

The Camrose community was asked to comment on the

draft vision and guiding principles, and they were questioned about what they liked/didn't like about downtown, what they would change, and what they see downtown Camrose being like in 25 years. During these community opportunities for feedback, what is important for Camrose was determined. That is, to have a sense of community, which includes community events and entertainment, and to have a variety of restaurants, shops and local businesses.

Furthermore, it is important to maintain a historic frontage, and to make the downtown area more accessible by enabling walkability. DARP established that downtown Camrose could be made better through the development of more public gathering spaces (specifically green space), and an increased diverse housing supply, encouraging residents to live in the downtown area. Additional improvements include benches, planters, lighting fixtures and public art throughout the downtown.

For more information on DARP and a timeline of meetings and information sessions, go to: [www.camrose.ca/darp](http://www.camrose.ca/darp)

**GAMES**  
**BOOKS**  
**FOOD**  
**COFFEE**  
**LOCAL CRAFT BEER**

Est. 2018  
**Fox & Fable**  
BOOK & GAME CAFE

**HOURS**  
Wednesday: 3pm - 10pm  
Thursday: 3 - 10pm  
Friday: 3 - 11pm  
Saturday: 10am - 11pm  
Sunday: 12pm - 8pm  
Monday & Tuesday: Closed

**EVENTS**  
October 26: GUEST AUTHOR NIGHT

Tenille Campbell & David Robertson  
reading and book signing  
7:30pm

**ALBERTA CRAFT BEER TASTING**  
Come learn about beer & celebrate Alberta Beer Week

- Nov 16: Open Mic night
- D&D every Wednesday
- X-Wing twice a month

**POINTS OF INTEREST**

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**10% STUDENT DISCOUNT**

**Sarah Laflamme/The Daglighte**

A member of the Augustana women's volleyball team gets a hand on the ball during the team's game against the Concordia Thunder Oct. 13. The women's team won 3-0 and the men's team won 3-1, a good start for the 2018-19 Vikings season.



# Candidates Forum Gives Opportunity for Candidates, Students Alike

Meghan Jobson  
Dagligtale Staff Writer

On Oct. 10 and 11 Augustana voted for their first and second-year ASA representatives. The candidates presented compelling discussions during the candidate's forum the previous Thursday on a variety of topics including on and off campus living, and sexual violence among students. When asked about working with residence services and how they plan on tailoring their goals to incorporate residence, Richard Li, who ran for first-year rep, discussed his ideas to open up the floor to incorporate more resources with residence services. Elizabeth Turner, who also ran for first-year rep, focused her response on communication and, like Li, opened the doors for discussion with students. Dawson Mantyka, who was elected first-year rep made a distinction in his response between the ASA and residence services saying his position as ASA rep doesn't include residences because that is the mandate of the RA's. Devon Baranowski, the elected second-year rep, agreed with Mantyka saying that he wasn't concerned with residence services on his platform because there is a difference between a resident and a

student. He went on to discuss how the ASA is concerned with the more academic side of the student experience, not the residence side, however as he put it, "the ASA will always be there for a student."

Taylor Johnson, ASA president then asked how the students plan to address issues that off campus students face even though most of the candidates live on campus. Baranowski responded that most of the issues that off-campus students face pertain to schooling which is where the ASA could step in and try and help, saying that it is kind of an unspoken rule that the ASA is there for off campus students. Mantyka suggested anonymous drop boxes to reach out to off campus students. Turner pointed out the importance of becoming an approachable voice and allowing students to feel heard. Li responded with bringing up the off campus rep position.

When candidates were asked how they plan on bringing awareness to, and helping prevent sexual assault and sexual violence on and off campus. In their responses, the candidates discussed education as a potential way of prevention, relying heavily on the Keith Edwards talk that has been part of the first year



Meghan Jobson/The Dagligtale

The candidates after the candidate's forum Oct. 4, 2018. From left to right Devon Baranowski (ran for second year rep), Dawson Mantyka (ran for first year rep), Richard Li (ran for first year rep), Elizabeth Turner (ran for first year rep).

seminar courses the last two years. However, they also all explained that due to the vastness of the issue, there isn't a lot the ASA can do in order to prevent it other than education and awareness. Mantyka even went so far as to say that the issue spans far beyond what he feels his capabilities are and should be dealt with at the

governmental level and said "at the end of the day there are people who are going to do things that aren't socially acceptable."

Augustana voted the week following the forum, Oct. 10 and 11 and elected Mantyka as the first year rep and Baranowski as the second-year representative.

## Visiting Doctor to Discuss Importance of Empathy, Kindness

Indeep Singh  
Dagligtale Staff Writer

Dr. Brian Goldman will be visiting the Camrose Public Library on November to discuss his new book, *The Power of Kindness: Empathy Is Essential in Everyday Life*.

Goldman is an emergency physician, author, public speaker, as well as a radio host. *The Power of Kindness* focuses on the search of the core and nurture of empathy and kindness through his own personal journey for the natural empathy he lost as a child but lost as an ER physician. He has traveled around the world to meet the kindest people on the planet to find out why they are the way they are. Goldman was accused of unkindness by his husband and children of a patient I saw in the ER. I did my clinical job competently but was too pre-occupied by my own stress and time pressure to empathize with them. It was only through the death of my father that I realized that they were going through as concerned family members. Unlike Goldman's other works, *The Power of Kindness* spends no



Special to The Dagligtale

Dr. Brian Goldman will be talking at the Camrose Public Library Nov. 2 at 7 p.m. about the power of kindness and empathy.

a radio show."

Goldman is visiting the Camrose Public Library at 7:00 pm on Nov. 2 to further discuss his book and answer any questions. "I have found it very rewarding to speak to audiences about *The Power of Kindness* because they bring many questions about the nature of human connection and about existence." Goldman says to show authors like himself support, people can read his books, ask questions, and engage with him about their opinions. Books will be available to for purchase for \$30. "I hope you like the book and feel moved to share stories with me."



Sarah Laflamme/The Dagligtale

(Top) Runners from across the ACAC take off at the starting line at for the men's cross country run at Stoney Creek Oct. 13 with three members of the Vikings' team in the middle (in red).

(Bottom) The entire Vikings cross country team celebrates after their chilly runs Oct. 13 during their home event.

# Information on Breast Cancer a Key Part of Awareness Campaigns

Hien Nguyen  
Dagligtale Staff Writer

Last week, Augustana held an annual awareness campaign about breast cancer. To provide people with more information about this common cancer, Nurse Navigator Alysa Bartman is happy to share some interesting points about the importance of having this campaign.

## What is breast cancer?

Breast cancer is the most common cancer diagnosed in women. Like other types of cancer, breast cancer begins when there is an abnormal cell growth in the breast. This proliferation of the cells may cause lumps or masses called tumors. A non-cancerous tumor is often known as benign, while a cancerous one is called malignant. Breast cancer is usually not life-threatening.

## How many types of breast cancer exist?

Scientists divide breast cancer into two categories, non-invasive and invasive. Breast cancer starts in the cells that line the milk ducts (ductal carcinoma), although some starts in the cells that line the lobule (lobular carcinoma). This primary cancer is called "carcinoma in situ", which means that the cancer cells are only in the layer of cells they begin in and have not spread



Crishia Dela Paz/The Dagligtale

Members from the women's volleyball team held their annual bake sale Oct. 10 to help raise money and awareness for breast cancer as October is Breast Cancer Awareness Month.

to surrounding tissues. Invasive breast cancer occurs when the ductal or lobular carcinoma has affected other body parts.

## What are the causes of breast cancer?

According to Alberta Health Services, a significant factor for developing breast cancer is gender. Women are more likely to have breast cancer than men, especially when they get older. Although people may think that having a family member with breast cancer increases the risk of diagnosis, 80% of women with breast cancer have no family history. Women who previously

had cancer in one breast might also develop cancer in the other breast. The cumulative risks multiply in those who use alcohol or are obese after menopause. Those who have menstrual history, long-term hormone replacement therapy (HRT), and reproductive history can experience breast cancer.

## Are there some early symptoms to notice?

Breast cancer in the early stage may be difficult to detect even with a mammography, so be aware of the small changes in your breast. A lump in the breast or armpit, nipple discharge, red swollen breast, dimpling or

thickening of the breast skin might be signs of breast cancer.

## "Prevention is better than cure"

Treatments of breast cancer depend on the different types and stages. These treatments are surgery, radiation, and chemotherapy. However, a healthy lifestyle is undoubtedly a better approach. By being physically active, limiting the use of addictive substances, and managing weight, everybody can reduce the risk of having breast cancer. A good suggestion is having a Mediterranean diet because it contains fish and healthy vegetables such as legumes. For

those who use combined estrogen-progestin HRT, speaking with a health care provider is recommended.

## What is special about this campaign?

This campaign is crucial in helping people develop a better understanding of breast cancer, its causes and treatments, and what to expect if they realize that something is going on with their bodies. The campaign also encourages young adults to take care of themselves. By having a healthy diet, doing more exercise, and staying away from alcohol, everyone can lessen their risks of breast cancer.

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Open Late!

## RECYCLE



# Sass Jordan to Perform Anniversary Rock Show at Lougheed

Meghan Jobson  
Daglightale Staff Writer

Because her given name, Sarah, wasn't an interesting enough stage name for her, the British born Canadian rock singer chose the performance title Sass Jordan and lives up to the name. Daughter of a British actress and dancer and a French professor, Jordan moved to Montréal from England in her early years where she was raised and broke out on her own at 14 years old after her parent's separation. She began to learn music and began her performance career after playing bass guitar in a band at age 17.

The rock singer released her debut album in 1988 under Atlantic Records. After winning a Juno award in 1989 for Most Promising Female Vocalist, Jordan relocated to Los Angeles in 1990. Two years later she released her second album which contained four Canadian top 20 hits. After the success of this album, Billboard named her Female Rock Artist of the Year. She is also featured on the soundtrack of the movie *The Bodyguard*.

Jordan not only has an extensive music career, but also has experience in acting. She played the lead role of Janis Joplin in the off-Broadway pro-

duction, *Love, Janis*. She also made a cameo in the hit series "Corner Gas" and the episodic play "The Vagina Monologues". She also performed on the show "Sisters" and was featured as a judge on "Canadian Idol."

The singer says she draws inspiration from a wide variety of artists and bands including AC/DC, Van Halen, Steve Miller Band, The Foo Fighters, Santana, The Rolling Stones, Joe Cocker, April Wine, Rodger Hodgson, Aerosmith, Styx, and Jeff Healy. She has even had the opportunity to perform with some of these groups, including the Foo Fighters.

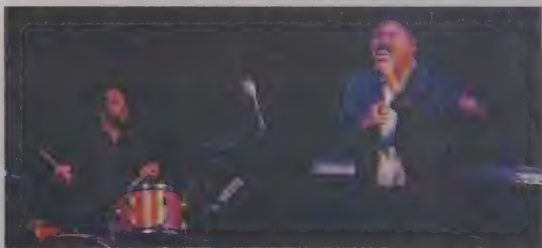
While continuing her extensive performance career, Jordan is also working in support of her friend, Tom Petersson's foundation, Rock Your Speech.com by developing a podcast series called "Roadogs and the 10 commandments of rock."

Jordan's music can be found on Apple Music, Spotify, and YouTube. As if Augustana didn't have enough sass already, Jordan will be performing at the Jeanne and Peter Laugheed Performing Arts Centre on Oct. 26 for her 25th anniversary tour. You can buy tickets at [camroselive.ca](http://camroselive.ca) or by visiting the Performing Arts Centre's Box Office or calling 780-608-2922. Tickets are \$46 for adults or \$42 for students.



Special to The Daglightale

Canadian rock singer Sass Jordan will be celebrating the 25th anniversary of her first album at the Performing Arts Centre Oct. 26 at 7:30 p.m.



Sarah Loftlamme/Special to The Daglightale

Jazz singer Bernard Quilala wowed the crowd at the Jeanne and Peter Lougheed Performing Arts Centre Oct. 12. The singer performed covers of songs by Elvis, Britney Spears, Michael Jackson and many others during his enthusiastic and energetic show.

SCORE! will be back once again this year, with the event taking over the Forum Oct 14 from 12:30 to 4:00 p.m.

For those who may not know about SCORE!, it's an annual event where residents have the opportunity to drop off any of their used items (clothing, appliances, kitchen wear, etc.) and students have the opportunity to grab those items, for free!

It's a great, green event for everyone in the community, as it provides a fun opportunity for people to get what they need without the price tag attached. Be sure to take a look and keep your eyes peeled! You never know what treasures

## SCORE! 2018

### Augustana's annual Free-Cycling Event!

**WHAT:**

Free items  
Coffeehouse and live music  
Fundraising for

**WHERE:** Augustana Forum

**WHO:** Everybody!

**WHEN:**

October 14, 2018  
12:30 PM - 4:00 PM

Augustana Forum  
780-678-4597



# Appropriation is Not a Costume: A Reminder

Hannan Mohamud,  
Caitlyn Crandell and  
Natalia McGill  
Daglightle Staff Writers

Some people don't understand cultural appropriation exists and once someone who is a minority explains it, suddenly they're not friends with you. These cultural appropriators don't understand that it's not a minority's fault they like to steal other cultures and expect us to understand and be okay with a whole becoming a joke to them.

Now that Halloween is coming up, we have these cultural appropriators coming to steal the spirit of Halloween once again. If you can pretend to be a part of a minority group for a day, clearly you can have the acting skills to be fake woke, too.

To those of you who are acting fake woke, this is for you:

First of all, to those thinking that a costume online already means

people of that group approved of it need to be stopped. Just because you can buy a kidney online, you don't see the Canadian National Medical Association saying it's acceptable.

Cultural appropriation can be confirmed in three steps:

1. Do you know the meaning behind the article of clothing you're wearing?
2. Did you buy it from the group in question?
3. Are you wearing it to act as or mimic a group or a holiday meant for scary or ridiculous attire?

So now, for all you cultural appropriators out there who say they just love *"insert culture here"* so much, what is your criteria for how you pick and choose what parts of the culture you appreciate? Why are you here for the stereotypes and imitations, but not when *"ahem"* racist stereotypes play out *"ahem"* discussions of slavery offend you, or (my favourite) when re-

verse racism is an issue. I mean if something offends you, we are willing to listen, but are you willing to do the same? Especially when it comes to My Whole Culture? Your feelings may be hurt, but my ancestry and life is being impacted by your intention to celebrate a holiday meant for us all. I mean, if you're really inclusive let's celebrate together, not offend each other.

We know you don't wake up to be that asshole, but let's face it, your intent to have fun doesn't equate to the impact of minorities not having fun. So for this Halloween we got some quick tips for your next costume. You could go as a KitKat because your friends deserve a break, maybe that moth meme so you can find the light, or even as a playstation so you can keep playing those games.

The next time you are stacking cups in the cafeteria and you hear someone say something like, "I might dress up like I'm going to a lua out for halloween," you can use your handy three step tips we gave and not only educate, but pop off if necessary.

Now go forth, and pop off with purpose, 'cause everyone deserves an ally during these trying times of cultural appropriation.

People like to talk about appropriation during Halloween, and it defaults to cultural appropriation, which is important. What a lot of people forget is that you can appropriate queer culture and queer identities.

Here are some tips to ensure that your costume doesn't appropriate queer/trans/non-binary identities.

## CROSS DRESSING/Drag

Cross dressing/drag is a big no-no for people who are not exploring their identity or who haven't been introduced or are not a part of the drag community. Think about all the people who were abused or killed simply for cross dressing, or dressing in drag, and now here you are doing it for fun, without consequence, without any awareness of the history of the implications.

## GAY/LESBIAN/BISEXUAL

I have seen people dress up as "gay" where they're covered in rainbows and "no they just meant gay as in happy, it's a play on words, it's just fun!". Yeah, you can go tell the people who were degraded, abused, and killed holding pride flags that it's just a fun play on words. I have also seen lesbians in the community dress up as "bisexuals" as a joke.

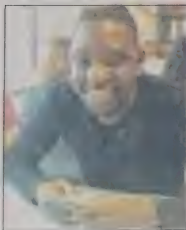
## QUEER/TRANS CELEBRITIES

Caitlyn Jenner was a topic of conversations a while ago, where a costume of her became available to purchase after her transition. It was disgusting watching people trying to defend the costume that took someone's identity and turned it into a costume. Again for fun right? No it's nice that you can be Caitlyn Jenner for halloween, but she can't be herself without the entire world harassing and verbally abusing her in person and online.

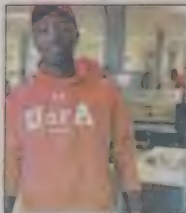
In general, if it is linked to gay, trans, queer, non binary, lesbian, bisexual, or anything that seems like it could be under the LGBTQIA+ umbrella, it probably isn't a good idea to wear it.

## What Would You Like to Bring From Your Hometown to Camrose?

Muneeb Ahsan  
Daglightle Staff Photographer



"Better clubs."  
- David



"Mount Kilimanjaro."  
- Isaac Mubangizi



"Stampede."  
- Tristen Hansen



"My band."  
- Rishav Ghosh



"A swimming pool."  
- Dawson Mantyka



"My pillow."  
- Muhammad Zohaib



"Better food."  
- Akamdeep Kahlon



"My lizard."  
- Taylor Monzon

# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ Campus Horoscopes ♎ ♏ ♐ ♑ ♒ ♓

### Aquarius (Jan 21 - Feb 19)

We are excited to see you in the same costume you've been wearing for the past six years...we can tell you haven't washed it though.

### Pisces (Feb 20 - Mar 20)

You're all about comfort. You loved wearing your snowsuit under your costume. But this year, try some layers, try some flowy material, and you'll be eating boxes of halloween candy feeling like a cozy marshmallow.

### Aries (Mar 21 - Apr 20)

The moons are aligning to tell me that you don't give two hells about your Halloween costume this year, which means you're going to do something stupid like write "Error 404: Costume Not Found" on a white t-shirt.

### Taurus (Apr 21 - May 21)

Mercury knows you've been planning your costume for a few weeks now. Thank god you're not trying to make it yourself because that would be a disaster - so I look forward to seeing you in your \$250 custom made costume that will be ruined by puke four hours into wearing it.

### Gemini (May 22 - June 21)

Geminis *always* dress up in something that shows off their body, the stars don't need to tell me that. My advice? Watch out for the weather. Yes your stomach looks amazing, but it won't when it's frostbitten.

### Cancer (June 22 - July 23)

Venus is sending down signals for you to make your own costume, but we both know you will forget about it until a few days beforehand. Get ready for some sleepless nights, bleeding fingers, and hot glue burns.

### Leo (July 24 - Aug 23)

Saturn, the least colorful of all the planets, is giving vibes that you're going to be BOLD this halloween. Look for something colorful and powerful, and wear the hell out of it.

### Virgo (Aug 24 - Sep 23)

Ugh you perfectionist. I love you and hate you because not only is your costume going to be the best quality, but you're going to choose something so in sync with your personality that it's going to feel like we're in the twilight zone. Spooky.

### Libra (Sep 24 - Oct 23)

Grandeur and beauty are the only things you care about, but remember you're an air sign so you can dress up as anything that flies (and you will look fly as heck in it too).

### Scorpio (Oct 24 - Nov 22)

Apparently, Mars is telling me you're going to dress "dark and sexy" and now I'm excited...God-speed Scorpio, Halloween is your day.

### Sagittarius (Nov 23 - Dec 21)

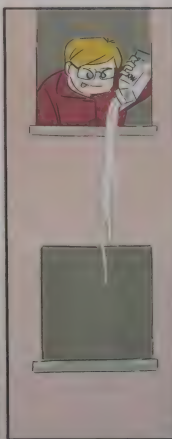
The stars keep telling me you're a nerd, so I don't know how to interpret that. If you're going to dress as someone from Star Wars or Harry Potter, that's fine but just remember...Star Trek.

### Capricorn (Dec 22 - Jan 20)

We get it, you have three costumes - one for Halloween day, one for the evening, and one for the bar on the weekend. We also see that they're all handmade. Thank you for telling us for the sixth time.

## Cold Treats

An Original Comic by Sadie Sherman



# Camrose Happenings!

## October 2 - 27

### Biomythography

A show by Fine Arts profs Keith Harder and Julian Forrest will be on display at FAB Gallery (1-1 Fine Arts Building, 89 Avenue & 112 Street, University of Alberta, Edmonton).

Tuesday - Friday 10 a.m. - 5 p.m.

Saturday 2 - 5 p.m.

Closed Sunday and Monday and stat holidays

### Tuesday, October 23

#### Grad School Info Night

6:00 - 7:00 p.m.

Roger Epp Conference Room

Open to all students who are interested in applying to grad school.

### Wednesday, October 24

#### Sluggers, Stealers and "Stalwart Sons":

#### A Distinguished

#### Lecture with Stacey

#### Lorenz

7:00 p.m.

Lougheed Centre

Refreshments will be provided.

Please register with Deb at olafson@ualberta.ca

## October 25-27

### Drinking Habits

A play by Tom Smith at the Bailey Theatre. Tickets with dinner are \$50 and balcony seating is \$20. Purchase tickets at the Bailey Box Office or online.

### Friday, October 26

#### Sass Jordan

7:30 p.m.

Lougheed Centre

Tickets are \$42 for students and can be purchased at the Lougheed Box Office or online at camroselive.ca.

### Saturday, October 27

#### Storyteller Cafe

7:00 p.m. in the Wah-

kohtowin Lodge

Refreshments will be provided.

### The Haunted Train

2:00 - 6:30 p.m. departing and returning from Kelsey, AB.

Tickets are \$75 and can be purchased by calling (780) 385-4150.

## Sunday, October 28

### Murray McLauchlan

7:30 p.m.

Lougheed Centre

Tickets are \$46.19 and can be purchased at the Lougheed Box Office or online at camroselive.ca.

### Tuesday, October 30

#### The Plot Matures - A

#### 20-Something Book Club

7:00 p.m. at Twisted Frozen

Yogurt

Meet up with other 20-somethings and discuss books while enjoying free snacks!

### Wednesday, October 31

#### Creepy Crawlers &

#### Micro Monsters

5:00 - 6:00 p.m.

Ampitheatre C167,

Classroom Building

Prof. Tom Terzin will do a short presentation on creepy crawlers with real specimens available.

### Friday, November 2

#### An Evening with Dr.

#### Brian Goldman

7:00 p.m. at the Camrose

Public Library

## One Night in Africa

### Gala: The Land of

### Gold

6:30 - 9:00 p.m. in Faith & Life

Tickets are \$10 for students, \$20 for other guests and professors.

### Friday, November 9

#### Telemetry -

#### Contemporary Dance

7:30 p.m.

Lougheed Centre

Tickets are \$35 for students and can be purchased at the Lougheed Box Office or online at camroselive.ca.

### Friday, November 16

#### Luke McMaster - Icons

#### of Soul

8:00 p.m.

Lougheed Centre

Tickets are \$32 and can be purchased at the Lougheed Box Office or online at camroselive.ca.

#### Weekly Events:

### Every Monday

#### Spanish Circle

3:00 - 4:00 p.m. at the

Camrose Public Library

Speakers of all levels welcome!

## Got Ukelele

1:30 - 2:30 p.m. at the Camrose Public Library  
Bring your own instrument or rent one from the library!

## Every Wednesday

### Cercle de Conversation en Français

6:00 p.m. at the Camrose

Public Library

Speakers of all levels welcome!

## Drop In Times with

### Carmen

1:00 - 3:00 p.m.

Carmen has half hour sessions available for students to simply drop in. Her office is in the Learning Commons.

## D&D Club

4:00 - 5:00 p.m.

At the Camrose Public Library

## Every Thursday

### Mindfulness

### Meditation

12:10 - 12:40 p.m. in the

Learning Commons

## Go VIKINGS!

8:00 p.m. Men's Game

### Friday, October 26

#### Vikings Volleyball

vs. King's Eagles

6:00 p.m. Women's Game

8:00 p.m. Men's Game

### Saturday, October 27

#### Vikings Basketball

vs. Concordia Rustlers

6:00 p.m. Women's Game

### Friday, November 2

#### Vikings Volleyball

vs. GPRC Wolves

6:00 p.m. Women's Game

8:00 p.m. Men's Game

### Vikings Hockey

vs. Portage College

7:30 p.m.

### Saturday, November 3

#### Vikings Volleyball

vs. GPRC Wolves

1:00 p.m. Women's Game

3:00 p.m. Men's Game

### Friday, November 9

#### Vikings Basketball

vs. NAIT Oaks

6:00 p.m. Women's Game

8:00 p.m. Men's Game

### Vikings Hockey

vs. MacEwan Griffins

7:30 p.m.

### Saturday, November 10

#### Vikings Volleyball

vs. NAIT Oaks

6:00 p.m. Women's Game

8:00 p.m. Men's Game



## Spooky Sudoku!

7	8		4
4		2	9
1	5	6	4
6			4
7	2		5
8			2
	7	8	1
	3		7
9			6
2		6	3

6	7	4	5	
1	3			2
2	5	9	3	4
	9	7	2	8
7		5		6
3		6	4	9
2		6	8	4
4				7
				2
		5	8	3



# the Daglightale

only five more  
weeks of suffering  
left y'all

Vol III, Issue V ~ Nov. 5, 2018

## Discussing the History of Indigenous Healthcare and Metis Week

Isabella Bourque  
Daglightale Staff Writer

On Oct. 22, 2018, the Workshops in Building Capacity for Reconciliation held the second workshop of the school year. The night was focused on Indigenous Healthcare and the secretive (and maybe not so secretive) ways in which healthcare institutions around the country have been degrading and exploiting Indigenous peoples for decades (and still do today).

The speaking panel of the night consisted of: Elder Clifford Cardinal (Whitefish-Goodfish Lake), Gary Geddes (Author *Medicine Unhunted*), Tibetha Kemble (Director, Indigenous Health Initiatives U of A), Dr. Cara Bablitz (MD, Indigenous Wellness Clinic), and Natasha Gougeon (RN, Indigenous Wellness Clinic). Cardinal and Geddes talked about the horrific realities that many Indigenous peoples have faced with Indian hospitals that were set up to segregate Indigenous Peoples from other Canadians for health care.

Indigenous people have been forced against their will to be used for top-secret experiments for years on end. Some, like Mary Theresa Morris, who was held captive in a hospital for 17 years of experimentation (after just simply walking into the hospital, not being unusually unhealthy in any way),



University of Alberta Augustana Website/Special to The Daglightale

Dr. Kisha Supernant (pictured) will be hosting a Lunch and Learn on "Reconciling the Past for the Future: Unsettling Metis as Mixed in the Archeological Record" on Nov. 15 at 12 p.m. in the Wahkohtowin Lodge.

have stories that need to be told. Eugenics (sterilization without consent) was also practiced on many patients.

Kemble, Bablitz, and Gougeon talked about the modern side of healthcare. Bablitz and Gougeon expressed their work with the Indigenous Wellness Clinic, located in Edmonton, which is set up for Indigenous peoples. The Clinic blends western and Indigenous health practice, and uses healing methodologies within the medicine wheel (spiritual health, mental health, physical health, emotional health). Not only do they treat Indigenous peoples here, they also advocate for patients who have to seek further

medical attention outside the Clinic. The Indigenous Wellness Clinic is also used as a space where people can come to hang out for the day; it is a place for some to seek shelter and a hot meal on cold days. The Clinic is focussed on providing Indigenous peoples with positive experiences in healthcare as opposed to the mistreatment they have experienced in the past, as well as today, in non-Indigenous centres.

Kemble talked about her role in educating medical doctors about how to care for Indigenous patients from an understanding of their own cultures. She has done work in responding to the TRC in ways to

help ensure that there are more Indigenous health professionals, and that all practitioners (Indigenous and non-Indigenous) work with the knowledge of the past so as to not repeat these horrible things in the future. One way they are doing this is by having mandatory classes on Indigenous history and current issues for all students in the faculty of medicine and dentistry at the University of Alberta.

Upcoming events for  
Metis Week:

**Nov. 14** – Edmonton  
Metis Dancers 6:00pm  
in the Cargill Theatre  
in the Jeanne and Peter

Lougheed Performing  
Arts Centre. Free public  
performance – everyone  
welcome!

**Nov. 15** – Lunch and  
Learn with Dr. Kisha  
Supernant "Reconciling  
the Past for the Future:  
Unsettling Metis as Mixed  
in the Archeological Record" (If students register with the Alumni Office, you will get a free lunch of hamburger soup and bannock!)

Hamburger soup and  
bannock for lunch in the  
Cafeteria.

**Nov. 16** – Bannock and  
Jam in the Forum and  
Metis Crafts 11:30 a.m. -  
1 p.m.

### Editor's Apology

Addressing an  
error made on our  
previous issue.

Pg. 2

### Movember

Not shaving for  
men's mental  
health.

Pg. 4

### ASA Grants & Awards

Everything the  
ASA has to offer!

Pg. 4

### NaNoWriMo

Will you write a  
novel this November?

Pg. 5

### Familiar Faces

How do you get  
info about what's  
going on around  
campus?

Pg. 6

**Nov. 5, 2018**

**Meet the Team!**

**Amielle Christopherson**  
Co-Editor  
**Nathalie Hewa Dewage**  
Co-Editor

**Isabella Bourque**  
ASO Columnist  
**Aliza Graham**  
Writer  
**Meghan Jobson**  
Writer  
**Natalia McGill**  
Sex & Diversity Columnist  
**Hien Nguyen**  
Writer  
**Kirandeep Singh**  
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Instagram: @thedagligtale



We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Words

## An Apology



**Amielle  
Christopherson**  
Co-Editor

In the Oct. 22, 2018 issue of The Dagligtale, the story "Appropriation is Not a Costume: A Reminder" included two individual pieces of writing under one headline with no clear way to distinguish where one ended and the other began. It also credited all three authors at the beginning of the piece, rather than crediting each author with their individual material. The opinions presented in the articles were not consistently shared by all the authors credit-

ed, and was therefore disingenuous to their individual beliefs.

This confusion meant the importance of each article and their messages were diluted and muddled. By making readers question what they were reading, it did not allow for them to reflect on the points being made. It also brought into question the reputations of our writers, which was wholly unfair and unjust and opened them to hateful and hurtful comments from many at this school. Instead of offering clear, concise articles with strong views, readers weren't sure what the messages were meant to be, which defeated the original purpose of those articles.

As the person who did the layout, I made a decision for which I did not see such consequences. I apologize profusely for the confusion and hurt that

resulted from that decision to publish the joint articles. The Dagligtale is focused on making sure that all voices are heard equally and that decision hurt the people we're trying to uphold. The Dagligtale will be working on new policies within the coming weeks to work more closely with our writers and photographers to make sure an issue like this does not happen again. We're looking at ways to improve our communication, both as editors and with our staff, to make sure all articles are published with the appropriate respect they deserve.

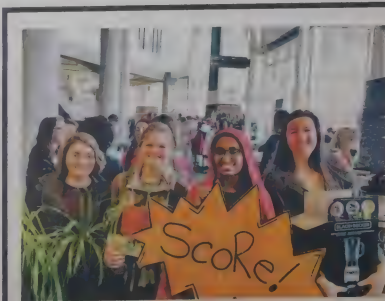
The full articles in their untouched forms can be found on our website at:

[www.dagligtalenews.ca/2018/10/23/how-racist-will-your-halloween-not-be-and](http://www.dagligtalenews.ca/2018/10/23/how-racist-will-your-halloween-not-be-and)  
[www.dagligtalenews.ca/2018/11/03/sex-diversity](http://www.dagligtalenews.ca/2018/11/03/sex-diversity)



*Sarah Laflamme/The Dagligtale*

Students from the Diversity Working Group got together in the Forum Oct. 29 to discuss the impact of cultural and LGBTQ+ appropriation, especially during the Halloween season



*Crishia Dela Paz/  
The Dagligtale*

'Score' is an annual event that takes place in the forum Oct. 25 where students and members of the community can grab clothes, books, and other things that are graciously donated over the course of the year. The event promotes the idea of reducing, reusing, and recycling products while giving students an opportunity to get things they may need for free.

# ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

The biggest update I have is about the ongoing Dean Search. Myself and VP of Communications, Alex Ho, are the two student representatives on the Dean Search Committee. With interviews coming up, we are wanting to collect as much student feedback as possible even though the majority of the process is done confidentially. We have created a Google Form that students can access through our Facebook page. We will be collecting feedback until the end of the month so please take five minutes to give us some feedback for us to keep in mind during this process. Our Facebook page is: [www.facebook.com/uofa.asa](http://www.facebook.com/uofa.asa)

Another thing to keep in mind is the Remembrance Day ceremony that will be happening Nov. 9 in the Chapel in Faith and Life from 11-11:30 a.m.

I'm also happy to say that I will be rolling out another 3/11 feedback survey. Like last year, it will be available to students in January. I think it is incredibly important for us to continue gathering student feedback on the new calendar, so please keep this at the back of your minds as we would love to get as many student responses as possible.

Our AGM is coming up this month

as well and will be taking place Nov. 28 at 5:30 p.m. in the Wahkohtowin Lodge. If you have any questions, comments or concerns you would like to bring up to any of your representatives, this is the place to do it. Even if you are just curious about what we have been up to this semester, we will be going over that as well. It's great to see students out at this event and we would love to see you all there.

Another thing to keep in mind is that Wellness Week will be coming up from Nov. 26-30. More details will be coming soon so keep an eye out for that on our social media pages!

Finally, I want to congratulate the Sexual Violence Awareness Committee on running a very successful week. This committee put in countless hours of time into the planning and execution of Sexual Violence Awareness week and I hope students were able to attend the various events and engage with the displays around campus. The discussion around consent and sexual violence is something we as an organization feel is heavily important to continue and I know this committee has plans for more events and campaigns to come.

As a survivor myself, it was amazing to see the Augustana community come together and engage with a topic that for many people is stigma-

tized and difficult to speak on. This week has left me feeling braver, and more supported than I have ever felt before and I hope it was the same for many other.

I hope midterm season is going well for everyone, and always remember to take time for yourself. We're all human and we all need a break, don't feel bad for taking one.

## REMEMBRANCE DAY CEREMONY



November 9th | 11:30 AM - 12:00 PM | Chapel  
Everyone Welcome!

*Let Us Forget*

AUGUSTANA



Submitted by the ASA/The Dagligtale

Alex Ho, ASA VP of Communications, and Taylor Johnson, ASA President, stand with the more than 80 bags of food that Augustana students collected during the annual Trick-for-Eats event Oct. 31. During the Halloween festivities, students dressed up and walked around Camrose, asking for non perishable food items to be donated to the Camrose Food Bank.



Sarah Laflamme/The Dagligtale

On Oct. 31, Augustana professor Tom Terzin invited students and the general public to the Classroom Building to see his collection of "Creepy Crawlers and Micro Monsters". Guests of all ages were able to look at a huge variety of tarantulas, beetles, giant moths, centipedes and many more.



# November Opens Discussion About Men's Health

Kirandeep Singh  
Daglighte Staff Writer

Around this time of year, you will see a trend where people let their facial hair grow. Why? It is November; the growing of facial hair—specifically the moustache—to bring awareness to men's health matters, such as testicular cancer, prostate cancer, men's mental health, and suicide prevention. A person who grows a moustache to show their support is often called a "Mo Bro" or "Mo Sis." November is an international, annual event that occurs during the entire month of November.

The Movember Foundation is a charity that leads in creating change in men's health issues.

They challenge the status quo and aim to create an environment where men are able to be open about their health and have resources that can help them get through the problems they face.

Mental health is a large focus of the organization as many lives are lost to suicide because of the lack of focus on men's mental health. The company encourages men to talk and seek help from someone they trust when they are struggling mentally or physically.

November is important as it encourages men to reach out and aims to increase cancer awareness, early treatment, and reduce the rate of preventable deaths.

Participating in Movember helps bring awareness to the cause and helps show support for men who

struggle with health issues. To get involved, people can grow moustaches, raise funds for Movember, and have events to get people talking and raise money together. The money goes into researching and funding men's health projects around the world. Donations can be made to the foundations website online any time during the year.

For more information on Movember, how to participate and where to donate, visit [www.ca.movember.com](http://www.ca.movember.com). Also keep an eye out for Movember fundraising with the Augustana Vikings in the coming weeks!

For mental health resources in Camrose, don't hesitate to reach out to the Camrose Open Door (780-679-6803), Camrose Men-

tal Health (780-679-1764), or Canadian Mental Health Association (780-672-2570).

## Why is Movember important?

- 1 in 7 Canadian men will be diagnosed with prostate cancer in their lifetime
- Testicular cancer is the most commonly diagnosed cancer in young Canadian men
- Each year, more than 2,900 men die by suicide in Canada
- In Canada, 3 out of 4 deaths by suicide are men
- Suicide is the second leading cause of death among Canadian males aged 15-44 years

## Find Funding Options for Activities with Your Student' Association

Hien Nguyen  
Daglighte Staff Writer

Along with scholarships, grants and awards have always been a kind of motivation for students in every stage of their learning journey. After a long time working hard to prove yourself, receiving an award or getting a grant can help acknowledge your hard efforts. How can you get one? The answer is being an early bird. Let's take a glance at the Augustana Student Association (ASA) website so they can lead you to what you want.

### Grants

If you are on your way to pursue grants, there are some good news for you. The Students' Association provides annual funds for

those who can demonstrate their potential in academic performance, educational, or other extracurricular activities.

There are four specific criteria the ASA Grant Committee will consider funding for you:

- Your activity should have a positive impact on students' experience through extracurricular, education endeavors, or through student initiatives.

- Each university has distinguishable images. What do you think about our Augustana Campus reputation as a part of Alberta? Describe how the activity influences the university's image as an outstanding institution.

- How the activity allows Augustana students to

maximize their university experience.

- Finally, why do you believe that this activity will be a chance for students to better themselves and the wider community?

### Am I eligible?

The ASA requires applicants to meet all these following conditions when considering their applications:

- Being enrolled as a student at the University of Alberta, Augustana Campus

- You must prove your commitment to finance the activity. How long will it take you to run this activity? Are you able to keep things on track?

- You are required to show a cost breakdown and financial need. What is your plan after receiving this grant?

How will you spend this amount efficiently?

- You must have only applied once per granting session.

What is expected?

- You must provide proof of enrollment or registration for the endeavor prior to receiving any grant funding.

- Successful applicants shall only receive funding after providing a report on the endeavor. You have worked hard because you know success does not come overnight. Now it is the time to convince them that you are the deserved one.

- All reports must be submitted to the committee chairperson no later than 30 days after the endeavor has concluded.

Don't forget the Grants

deadlines:

November 23, 2018  
February 8, 2019  
March 1, 2019

### Awards

Every year, the Student Association provides several financial awards. The Financial Need award is \$2,000 and administered by the university. The Lone Parent Bursary is up to \$2,000, depending on the number of applicants. There are also four Leadership Awards worth \$500 each available. These are given out annually at the Spring Leadership Reception. Anyone who makes efforts and contribution to the Augustana Community is eligible to compete for their slots. Recipients are chosen by a committee.

ASA Sponsored Leadership Awards

Award categories include Betty Osterud Award - Faculty, Betty Osterud Award - Staff, Heather Huber Memorial Award - Student, Best New Club, Most Improved Club, and Best Overall Club. They are given out at the same time as other awards in the Leadership Reception in April.

Please notice that Applications must be handed into the ASA Main Office located in the Forum Lower Level, L1-010. For more specific information, contact the ASA email [augsas@ualberta.ca](mailto:augsas@ualberta.ca).

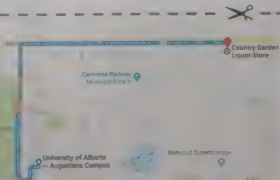
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# Author's Visit to Camrose Illustrates Importance of WW2 History

Kirandeep Singh  
Daglightale Staff Writer

Author, journalist, and broadcaster Ted Barris will be visiting the Bailey Theatre to speak about the importance of World War II history through his book *The Dam Busters: Canadian Airmen and the Secret Raid Against Nazi Germany*.

The *Dam Busters* is a story that goes back to 1943, the middle of the war. The allies had little success in attempting to turn the tide against the Nazis and the spread of fascism and the occupation of the most of Europe. The Prime Minister was looking to give people of the troops and their people a sense of hope in winning the war. The dams were a form of hydro-electricity for the Nazis and a man

named Barnes Wallis stepped up with the plan of a bouncing bomb to attack the dams in order to slow down the Nazis.' The story is about the bizarre plan to attack the dams.

It is important to look at these stories one at a time to get a sense of who participated, what happened, and who these people were. They were volunteers, men who trained in Canada who left their civilian jobs; they were farmers, students, professionals, labourers; they were all kinds of people who stepped up and managed to change the tide of the war with this operation. "I think it's important to remember these people because they were ordinary," Barris said. "They weren't extraordinary war heroes, they were essentially average Canadians who realized the threat of what was

happening in Europe and volunteered for the army, the navy, and the air force to change what was happening in Europe and the rest of the world."

The greatest difficulty Barris faced was the missing records of the 14 Canadians who died.

"Thirty Canadians were involved and half of them were killed," Barris explained, "You can't do interviews with those 14 men but you can trace the records." Barris traced the diaries, flight logs, letters, and photographs of the people who did not return and tried to reconstruct their stories.

People can make themselves more aware about the importance of history by going online and exchanging information on social media.

Reading would be most effective as

nonfiction writers like Barris give sources to deliver the stories so the reader can tell where the material is derived from. Barris hopes to leave his audience with the images of the people and the stories of who they were, where they came from, and what they did. He aims to make the men from the war come alive, both the ones who survived and the ones who did not.

Barris will be visiting the Bailey Theatre Friday on Nov. 9 at 7:30 p.m. Tickets will be \$10 at the door and will include refreshments and snacks.

"I hope that people will consider coming to listen and watch and to ask questions," said Barris, before adding, "and perhaps purchase a few books to get a clearer picture of who these Canadians were."

## Camrose Open Door a Valuable Resource for Youth

Aliza Graham  
Daglightale Staff Writer

The Camrose Open Door is a regional non-profit organization that is funded in various ways including government contracts, government grants, private grants, donations and fundraising. Youth from throughout the central region of Alberta, who are between the ages of 11 and 24, can come to the Open Door in times of need for support and outreach services. A team of passionate and dedicated directors, youth support workers, volunteer workers, and practicum students work to provide support 24/7 to those in need. It also has a 24 hour emergency helpline. Youth support services aim to help youth to grow and transition into successful adults. With the help of the Open Door, youth in need have a chance at a brighter future and the support they need in order to become contributing

members of society.

The Open Door offers support, effective services, and a safe place for youth in need. Homeless youth may be couchsurfing, staying in abandoned places, or unsafe environments and the Open Door can help provide them with a safe place to stay. They have an emergency shelter, as well as offering transitional suites to those who need help adjusting to the transition from living in a shelter to living independently in a community. There are many possibilities for why a youth is homeless, such as family violence/abuse, addiction, mental health, or neglect. Sometimes youth come to the Open Door when they need a break from their home life and seek a safe place.

The services offered are client centered, solution focused, and individualized to meet the specific needs of clients. To the Open Door, there is no specific definition

of a youth 'in need'; there are many reasons why a young person might come to the Open Door for help. The Open Door is there for any youth that requires assistance in any part of their life. Some possibilities of a youth 'in need' include those who need help with a place to live, help finding a job, help with transportation, or help dealing with parents/caregivers or family situations. Perhaps they just need someone to talk to, or a place to come to during the day, or they are hungry and need food. In times of need, youth can come by the Open Door office for something to eat. The Open Door outreach services include employment and school support, as well as referrals to assist in all areas of life, these outreach services can be accessed in the community, main office, or through the helpline. Additionally, they have an employment program that

provides job coaching, job searches, and referrals to help youth find employment and support them as they cope with difficult situations. They also help support youth staying in school.

The Open Door offers help for those youths who need a referral to a doctor, or mental health assistance. For youths and families, there are counseling services available which are free of charge. A Behavioral Health Consultant from the Camrose Primary Care Network (PCN) is on site to help with mental health, substance abuse and the health needs of youth. With the Youth Hub, the PCN and the Open Door partnered in order to offer help to youth who need healthcare and social support. The services are youth and family oriented, providing easy access to primary care, addiction and mental health support and social services. An outreach navigator can help youth in

need to find the right assistance. The Open Door also has a trained therapy dog named Moose, who is at the office and provides support to youth.

In addition, the Open Door has a Library Drop-In group every Wednesday at 6:00pm, which focuses on encouraging discussion and learning about topics and issues including bullying, self-esteem, and family violence. The group encourages youth to participate in activities and discussions that help develop their self-confidence.

A great way to support the Open Door is with grocery gift cards to help buy food for the shelter and for the outreach at the Open Door office. Clients living independently may come to the Open Door for assistance with purchasing food. Gift cards for clothing, houseware, activity passes, and single serving food items are also helpful.

## NaNoWriMo a Thrilling Opportunity for Budding Novelists

Kirandeep Singh  
Daglightale Staff Writer

Interested in writing a book but lack the time to properly commit? National Novel Writing Month (also known as NaNoWriMo) provides writers the motivation to write and finish a book within a month. NaNoWriMo takes place in the month of November and helps writers stay on track at no cost. The organization believes in the transformational power of creativity. They offer encouragement, structure, and help writers achieve their goals through their online platform.

Writers begin working towards starting and finishing a 50,000 novel, from Novem-

ber 1st to November 30th. Writers cannot write their novel on the site but are welcome to share an excerpt and synopsis. They are able to update their word count to keep track of their progress until the uploading date.

Starting Nov. 20, writers are allowed to upload their full piece for submission until the end of the month where the NaNoWriMo team will begin to select a winner. More information can be found on their website ([www.nanowrimo.org](http://www.nanowrimo.org)).

Not interested in writing a long piece of creative writing? Augustana finally has a creative writing club called the Live Poets' Society. The purpose of the club is to promote an appreciation for the literary arts by

providing a safe space for literary creation, including development and performance. As well, it encourages helpful collaboration between authors. The club welcomes all sorts of creativity, including but not limited to: short fiction, long fiction, poetry, slam poetry, and spoken word. The Live Poets' Society gathers every Monday from 6:30 pm to 8:00 pm in the theatre building across from the Jeanne and Peter Loughheed Performing Arts Centre.

More information can be found on the club's Facebook page ([www.facebook.com/groups/ausguslamma](http://www.facebook.com/groups/ausguslamma)) or from the club president, Isabella Bourque. Contact Isabella at [ausguslamma@gmail.com](mailto:ausguslamma@gmail.com).

# Camrose Book Club a Good Way to Meet Like-Minded Lit Friends

Kelly Higgins  
Special to the Daglightale

Libraries and book clubs go together like mac and cheese. It just makes so much sense that one would go with the other and you would be hard pressed to find a public library that does not offer some form of book club to its community. Book clubs do not just happen in the library, of course, and they can be found in living rooms, pubs, cafes, and parks around the world. They are a way for people to get together, enjoy each other's company, maybe have a few drinks, and if they get around to it, talk about a book.

There are so many great book club ideas out there, and all you really need is a friend or two to start a successful club. Clubs can have a theme, think Jane Austen, graphic novels, Pulitzer Prize winners, harlequin romances, or you can just wing it and read whatever you feel like that month.

There are Cookbook Clubs, where members choose a recipe from the same cookbook and

bring their dish to the next meeting (or just a bottle of wine if the recipe does not work out). Silent Book Clubs where introverts and wannabe introverts gather to read their own individual books together, but silently; or article clubs, where the books are scrapped and members just read and discuss an interesting published article. The real beauty of book clubs is how fluid they can be, they can be one thing one month, and then something completely different the next. It is really anything your group wants it to be.

A few summers ago, 20-something staff at the Camrose Public Library were looking at different extra-curricular groups and activities to do in Camrose. Besides sports groups, very little was offered in the way of free group activities during the summertime, and fewer aimed at younger adults in their 20's. Even the library, which offers a plethora of adult programming (which you should check out, obviously) slows things down in the summer and only a small handful of these programs

are aimed at young adults. From this somewhat dismal discovery The Plot Matures was born, a book club for people in their 20's. The first meeting was held on a Tuesday night at the library, a couple chairs were set out, and a single plate of cookies was provided, in the hopes that one or two people would come. Instead, 20 people showed up! A wonderful mix of people from different backgrounds who were looking for a way to connect with like-minded people and read some good books while they were at it.

Fast forward a couple of years to the present day, and with the exception of an assortment of different members, the book club has essentially stayed the same, attracting a lovely variety of people to get together once a month to hang out, chat about books (and movies, podcasts, pop culture etc.), and eat delicious treats. Many club members are new to the city and looking to make connections, some want motivation to read, others come because their

friends do, and some may just be coming for the free fro-yo...but, no judgement :)

A book for the following month is chosen at the end of each meeting, and copies are put on hold at the library so participants can come pick them up at their convenience. There is no theme in choosing titles, but the group has recently delved in to the likes of non-fiction and science fiction with some favourite titles this year being *The Year of the Flood* by Margaret Atwood, *Lab Girl* by Hope Jahren, and *Enders Game* by Orson Scott Card. New members are always welcome to the club and people are encouraged to come to a meeting even if you have not read the book!

This month's title is *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sundberg. The next meeting is Tuesday Nov. 27 at 7:00 p.m. at Twisted Frozen Yogurt. If you would like more information you can join the Facebook group 'The Plot Matures: A Book Club for 20 Somethings' or e-mail kelly@pri.ab.ca.

## How Do You Get Information About What's Happening Around Town/Campus?

Kirandeep Singh  
Daglightale Staff Writer



"Definitely social media. Technology is the best. Sometimes Chillabit and Snapchat."  
- Glenn Abalayan



"Usually friends and other people. The newsletter we get in our emails as well."  
- Owen Murray



"I don't know anything that's happening around campus."  
- Cassel Scholz



"Alex Ho, because he has a lot of information about what's going on. Instagram and facebook are also informative."  
- Emily Hagel



## UNITea an Option for Students to Find Support, Resources in Comfortable Spaces

Meghan Jobson  
Daglightale Staff Writer

Unitea is a program on campus that encourages conversation between peers. The idea isn't to treat it as a peer support network, but encourages students to simply talk to one another if they need it.

The hosts have resources to help direct students if they need and help them understand where they can go for help. This program isn't intended to be a form of counselling or therapy, however, it can help

students get on the right track to exploring their options.

If you would like to sign up for a tea time with a host, you can find signups on the Augustana website under Services, Health, Wellness and Accessibility, and then under the health services drop down menu. There you can book a tea time, select Augustana, and book your time. If you can't find it, you can follow the following link: [www.uaiberta.ca/augustana/services/health/health-services/unitea](http://www.uaiberta.ca/augustana/services/health/health-services/unitea).



# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓ Campus Horoscopes ♈ ♉ ♊ ♋ ♌ ♍ ♎ ♏ ♐ ♑ ♒ ♓

### Aquarius (Jan 21 - Feb 19)

Exaggerating is your favourite past time. You call them white lies, we call it pathological lying.

### Pisces (Feb 20 - Mar 20)

Trying to use reason and logic with you, Pisces, is like trying to nail a screw into a rock with a pillow. What actual world are you living in?

### Aries (Mar 21 - Apr 20)

The ram horns are actually a metaphor for how strong headed you are, but not in an endearing way. It's more like in a, "Jesus Christ why can't Aries ever just accept they are wrong and that things don't work out" kind of way.

### Taurus (Apr 21 - May 21)

I know your significant other says it's cute when you're moody, but the rest of us are sick of it. You're not edgy or cool because you're "brooding", this isn't Tumblr. This is real life.

### Gemini (May 22 - June 21)

We all love Geminis because they're outgoing and fun, or at least that's what we tell them. Sure they're talkative and busting out knee slapping jokes, but is anyone really listening to them? No.

### Cancer (June 22 - July 23)

You scattered mess. You don't know what's going on, we don't know what's going on with you. Stop trying to help everyone and help yourself. Jesus.

### Leo (July 24 - Aug 23)

Leo, you are never satisfied. The entire country could bow at your feet and you'd still complain that the rest of the world isn't validating you.

### Virgo (Aug 24 - Sep 23)

Quick Virgo, look over there - something isn't absolutely 110% perfect! Wait. What. Why are you crying?

### Libra (Sep 24 - Oct 23)

It would be nice if you could make a decision without first calling your mom, your best friend, your grandma, your dad, and emailing your Social Science professor.

### Scorpio (Oct 24 - Nov 22)

My cat wants to walk across the keyboard. I'm taking it as a sign that the stars are speaking through her. Here's what she says: Hjl'43d-f5a'ddf410-o089/mn. If anyone can figure that out, it's you.

### Sagittarius (Nov 23 - Dec 21)

It's great that you're "soooo adventurous", but taking 20 selfies in Mexico and then posting them throughout the next 12 months doesn't convince anyone that you're well travelled.

### Capricorn (Dec 22 - Jan 20)

Fake it til you make it is your motto, and that's great. Except you are never going to actually make it.

## Ask Amber

### Your sassy, satirical self-help guru

It seems Halloween brought a sudden surge of confidence and reassurance to the campus, because nobody sent in any questions for me. Which is weird because I've overheard some pretty tasty drama that I would love to dip into. But I digress. Instead, I begrudgingly give you to you a list of tips that should get you through No Nut November.

#### 1. "Abstinence is KEY"

Just like George W. Bush said. Refrain from any type of sexual interaction with pornography, yourself, your FWB, your girlfriend, boyfriend, or significant other. This will lessen the chance of orgasm, and is the first step to surviving this weird ass meme. As a bonus, perhaps a full month of abstinence will help you begin to repent for your sins of premarital sex.

#### 2. Distract. Distract, Distract

Avoid doing anything that has to potential to drag you into the position to break your No-Nut streak. Distract yourself with fun hobbies, or actually going to class. Try some self care techniques. Be careful of what you choose to distract you though, because you can find temptation anywhere.

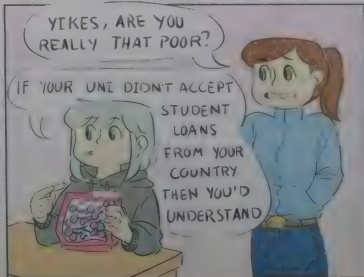
#### 3. Think of the Finish Line

Think of the finish line. Where December 1st finally comes, and you do too. Just remember to maybe do a few target practices before you go anywhere near your real target because you don't want to disappoint them 54 seconds in.



## Education is a Trick (Not a Treat)

An Original Comic by Sadie Sherman



# Camrose Happenings!

## Monday, November 5

### Diversity Healing Circle

6:00 p.m.  
Augustana Forum  
A healing circle for minority groups on campus. All welcome!

## Wednesday, November 7

### Flu Shot!

11:30 a.m. - 2:30 p.m.  
Faith and Life Lounge  
Bring your Alberta healthcare!

## Thursday, November 8

### WW2 History

7:30 p.m.  
Bailey Theatre  
Screening of 'The Dam Busters'

## Friday, November 9

### WW2 History

7:30 p.m.  
Bailey Theatre  
Book talk by Ted Barris. Tickets are \$10.

## Telemetry - Contemporary Dance

7:30 p.m.  
Lougheed Centre  
Tickets are \$35 for students and can be purchased at the Lougheed Box Office or

online at camroslive.ca.

## Thursday, November 15

### Harry Potters Trivia Night

6:00 p.m. - 8:00 p.m.  
Fox & Fable  
Tickets are \$15. Register with teams of four people.

## Thursday, November 15

### Lighting of the Real Tree

4:00 p.m. - 7:30 p.m.  
Downtown Camrose  
Join the camrose community to light up a tree!

## Friday, November 16

### A Taste of Camrose County

6:00 p.m.  
Bailey Theatre  
Tickets are \$100 at the Bailey Box Office.

## Friday, November 16

### Luke McMaster - Icons of Soul

8:00 p.m.  
Lougheed Centre  
Tickets are \$32 and can be purchased at the Lougheed Box Office or online at camroslive.ca.

## Friday, November 23 -

## Sunday, November 25

### ATP The Grinch

5:00 p.m.  
Lougheed Centre  
Free event. Donations welcome!

## Friday, November 23

### Midnight Madness

5:00 p.m.  
Downtown Camrose  
Get your christmas shopping started ... or done!  
Huge discounts at local stores.

## Saturday, November 17

### Sunday, November 18

### The Ed Sullivan Show

8:00 pm on Saturday  
2:00 pm on Tuesday  
Enjoy music from the 50s, 60s and 70s! Tickets \$30.

## Weekly Events:

### Every Monday

### Spanish Circle

3:00 - 4:00 p.m. at the Camrose Public Library  
Speakers of all levels welcome!

### Got Ukelele

1:30 - 2:30 p.m. at the Camrose Public Library

# INFLUENZA:

Hospitalized **more**  
than **1,600** Albertans  
in six months

## AUGUSTANA

Faith & Life Lounge

Wednesday, November 7, 2018

11:30 AM - 2:30 PM

Bring your Alberta Health Care Card



Bring your own instrument or rent one from the library!

## Every Wednesday

### Cercle de Conversation en Française

6:00 p.m. at the Camrose Public Library  
Speakers of all levels welcome!

### Drop In Times with Carmen

1:00 - 3:00 p.m.  
Carmen has half hour

sessions available for students to simply drop in. Her office is in the Learning Commons.

## D&D Club

4:00 - 5:00 p.m.  
At the Camrose Public Library

## Every Thursday

### Mindfulness Meditation

12:10 - 12:40 p.m. in the Learning Commons

## Go VIKINGS!

## Friday, November 9

### Vikings Basketball

vs. NAIT  
6:00 p.m. Women's Game  
8:00 p.m. Men's Game

### Vikings Hockey

vs. NAIT  
7:30 p.m.

## Saturday, November 10

### Vikings Volleyball

vs. NAIT  
6:00 p.m. Women's Game  
8:00 p.m. Men's Game

## Friday, November 23 Friday, November 30

### Vikings Hockey

vs. NAIT  
7:30 p.m. Men's Game

### Vikings basketball

vs. The King's basketball  
6:00 p.m. Women's Game  
8:00 p.m. Men's Game



## Sudoku for the Soul

	9	3	1		5	6	4	
7								5
5		1	2		9	3		7
2								3
	3	6	9		7	5	2	
9								1
3		2	4		8	1		9
6								4
	4	7	3		2	8	5	

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
			8				7	9

# the Dagligtale

Vol III, Issue VI ~ Nov. 19, 2018

## Vikings Basketball Team Dominating ACAC as Winter Break Nears

Amielle Christopherson  
Dagligtale Co-Editor

After an impressive start to the season, which included a seven game winning streak, the Augustana Vikings women's basketball team is at the top of the Alberta Colleges Athletic Conference (ACAC) table with 16 points, four points ahead of second place NAIT Ooks in the North Division and overall leader by four points in the ACAC. They've also nabbed a top 10 spot in the Canadian Collegiate Athletic Association (CCAA), moving into ninth place this week after they split the weekend with the NAIT Ooks.

Coach Robyn Fleckenstein is proud of her players and the results they've achieved so far this season. When asked if she's surprised by how well her team has been doing so far, she replied, "I suppose so, yes, very pleasantly." Fleckenstein commended her players on their off-season training and coming into the season ready to play their best. "I knew we had a lot of players who put in a ton of time in the off season, and that they were very ready to have a competitive season, but I have been so thrilled to see their collective growth was also affected. They push each other and teach each other and it's a great atmosphere.

One of the things Fleckenstein has talked to her players about is keeping calm under pressure, something that has improved from last

season to this year.

"We played in a lot of close games last season, so we have spent a lot of time in the past two years talking about how to stay cool in those situations," she said. "The athletes have also really bought in to a detail oriented focus, which allows them to hold each other accountable for little things. This has helped them grow on their own terms."

Although the group is thrilled with their first and ninth place positions, Fleckenstein noted that "this group is very eyes-on-the-prize," and that they're "focused on a continuing path of growth and improvement so that we can be the best versions of ourselves in March for playoffs." In order to make it a strong overall season and give themselves the best opportunity possible during March playoffs, Fleckenstein commented that the goal for the team is to take it one game at a time. "Each win comes in sequence and it's important to not look ahead when the real opportunity for success is in this day, whether it's a practice or a game, we want to compete and improve during each opportunity," she said.

When asked if she knows how the Augustana campus is reacting to the news that they have the best team in the league, Fleckenstein said she's unsure, but added that "I would also say that we have one of the best crowds/gyms in the conference. There's nothing better than a home game with our



Sean Mascaluk for the Augustana Vikings/Special to The Dagligtale  
The Augustana Vikings women's basketball team has had a stellar first half to their season as they lead the ACAC division with 16 points and have made the CCAA top 10 with a ninth place ranking.

fans who really buy in to the atmosphere," she said, adding, "We appreciate those fans so much, but if getting the word out would get us an even more packed house we would be thrilled and grateful!"

It's not the first time coaches and athletes have commented that Augustana Vikings fans are some of the best (and loudest!) in the conference and how much they appreciate the

energy they bring to the gym, something they very much appreciate. Feedback from fans has been that they're enjoying the pace the women's team is paying at, according to Fleckenstein. "The athletes do a great job of pushing the tempo, and they love to shoot the three," she said. "We have some very smart players who play a clever game so there is lots of feedback about watching

great ball movement and selfless play."

The Vikings are looking to finish off the first half of the season with two last wins against the King's University Eagles and their last home game of the season is Nov. 30 at 6 p.m. in the Augustana gym and the women's team would love to see a gym full of Vikings fans to help end 2018 on a high note.

### ASA Update

Lots of important dates coming up to check out.

Pg. 3

### Cultural Explosion

The Augustana community had several great events to honour and learn more about the variety of cultures and backgrounds of the people on campus.

Pg. 4

### Aquatic Update

Yes, Camrose has a swimming pool. No, it's not functional.

Pg. 5

### CPL Happenings

Check out all the wintery events taking place at the local library!

Pg. 6



# THE DAGLIGTALE

Nov. 19, 2018

## Meet the Team!

**Amielle Christopherson**  
Co-Editor  
**Nathalie Hewa Dewage**  
Co-Editor

**Isabella Bourque**  
ASO Columnist  
**Aliza Graham**  
Writer

**Natalia McGill**  
Sex & Diversity Columnist  
**Hien Nguyen**  
Writer

**Kirandeep Singh**  
Writer

**Crishia Dela Paz**  
Photographer  
**Sarah Laflamme**  
Photographer

**Sadie Sherman**  
Cartoonist

# The Editors' Wonderings

## Life is Chaos and Chaos is Life and Everything's on Fire



**Amielle  
Christopherson**  
Co-Editor

The most common conversation I've been having lately is, "We should definitely get together soon and catch up! What's your week look like?...oh, what about next week?...what about before you head home for Christmas?" because life is nonstop chaos?? and we're all just running around?? and every morning there somehow ends up being 34 new emails we need to answer RIGHT NOW?? and we bought a gym pass that we're now expected to USE?? and something about mental health and eight hours of sleep???

It all feels like A Lot™ and like

we're all hanging on just to make it to the winter break, which is when we're telling ourselves we'll "catch up" and "get it all done" and y'know what? It's a lie.

Because the chaos never really goes away, it just ebbs and flows and it mutates and looks different as time goes on and we find new and better ways of handling and managing it. Mostly because the chaos is actually just life and life is just chaos and thank you for coming to my philosophical TedTalk.

I'm kind of kidding but not really. For example, the other day, I spent half an hour catching up and talking to someone I hadn't really seen in weeks because we've both been so busy. It was a serendipitous meeting in a stairwell, and while it wasn't sitting down and having coffee, it was nice. It was taking an opportunity life presented and making the most out of it.

That's not to say that planning to meet up two weeks from now

for coffee is a bad thing, it's not. But also realizing that we can and should take the moments when they're offered. Sometimes we can get so caught up in the list of things we need to do or the places we need to be or the goals we've set for ourselves that we don't realize we haven't just stopped and breathed and existed for awhile.

It also means taking a step back and re-evaluating because not everything needs to be constant chaos. Yes, we're in university. Yes, there's a lot of pressure. Yes, we need to make it count. But we also need to make sure we're here at the end of it all to enjoy what we've accomplished and who we've accomplished those things with.

So for everyone who feels like they've forgotten what their friends look like or that they're just barely hanging on until the winter break: you've got this. Take the days as they come and do what you can and you're going to be just fine.

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We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.



**Sarah Laflamme**  
**The Dagligtale**

Students from the classes of Kathleen Corcoran and Harold Wiens performed Nov. 1 for their Liederabend (Song Evening) concert. Roger Admiral performed on piano with the singers as they filled the chapel in Faith and Life with a variety of songs.



# ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

As the Dean Selection process has now entered the open stages of the interview process, the two candidates who have been selected as finalists will be on our campus on Nov. 19 and 20. They will be doing public presentations that will be open to students, staff and faculty. They will be happening in the Chapel on Monday and Tuesday from 12:30 - 1:30 p.m. both days. It is incredibly important that students attend this event and engage with the candidates as one of these candidates could potentially be the Dean of this campus and Faculty for the next five years.

During the open process of the Dean Selection, it is the practice of the Office of the Provost to provide one paper copy of each candidate's CV (resume) for review on site in the Dean's Office. CVs are maintained as confidential documents through this process. Please feel welcome to visit the Dean's Office between 8:30 am and 4:30 pm to review these documents if you are interested. We are located on the second floor of the Forum, Office 2-066.

Again, myself and Alex Ho are the two student representatives on the Dean Selection Committee and we

would both really appreciate your feedback on the candidates so we can make the most informed decision when the time comes. If you have any questions or concerns about these presentations or what they will be doing while they are here on campus please don't hesitate to contact myself at asapres@ualberta.ca or Alex at asavpcom@ualberta.ca.

The ASA will also be having our Fall AGM meeting on Nov. 28 at 5:30 p.m. If you are at all curious about what your representatives have been up to this term, or you have any comments or questions you would like to bring up, this is the place to do it. We will also be having a discussion around Substance Use on Campus and it would be great to get a lot of students out so we can collect feedback to provide to administration on what students would like to see. Please bring your friends and I look forward to seeing you there!

Wellness Week is also right around the corner! It will be happening from Nov. 26 - 30.

The confirmed schedule of events is listed below and an updated one will be posted soon, so keep a look out for that!

**Monday, Nov. 26**

• Knitting Workshop from 12 - 1:45 pm

**Tuesday, Nov. 27**

- Salad Bar on Tuesday from 11:30 - 1 p.m.
- Beading Session with ASO from 1 - 4 p.m. at North Fireplace

**Wednesday, Nov. 28**

- Norwegian Breakfast from 8 a.m. to 2 p.m. hosted by the Nordic Club
- Booster Juice at 2 p.m. in the Forum

**Thursday, Nov. 29**

- Dog Walk with Mary Cairns from

11:30 to noon meet in the quad

- Dog Therapy from noon to 2 p.m. with Saint John's Ambulance
- UASU Get out the Vote Thurs All Day in the Forum
- Bob Ross Paint Along Night 6 - 7 p.m. in the Ravine Studio Room 030

**Week Long (Mon-Fri)**

Students will have free admission to the Fitness Centre. Passes can be picked up in the ASA Office.



*Sarah Laflamme/The Dagligtale*

Students showed off a variety of talents at the annual Augustana's Got Talent Nov. 3. The winners of this year's event were Daniel Wiltzen and Racquel Deveau who sang songs by Twenty One Pilots, Lady Gaga and Rhianna.

**FOX & FABLE**  
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Wednesday-Sunday

**BOARD GAMES**  
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**ALBERTA CRAFT BEER**

**NEW HOURS**  
 Wed-Thur: 11:30am - 10pm  
 Fri-Sat: 11:30am - 11pm  
 Sunday: 11:30am - 3pm  
 Monday & Tuesday: Closed

**DOWNTOWN CAMROSE**  
 4937-49 Street  
 (A Block from Main)

**EVENTS**

- Nov 23: Maddy K live & Midnight Madness Sale
- Dec 14: Open Mic Night
- D&D every Wednesday
- X-Wing twice a month

www.foxandfable.ca

**10% STUDENT DISCOUNT**



Sarah Laflamme/The Dagligtale

African drummers and dancers perform in Faith & Life Nov. 2 during the One Night in Africa event hosted by the Afri-Youth Club. The annual event celebrates African culture by serving a variety of food and Afri-Youth members wearing traditional dress from their home countries.

## Annual One Night in Africa Fundraiser a Cultural Delight

Hien Nguyen  
Dagligtale Staff Writer

On Nov. 2, the Augustana Afri-Youth Club held One Night in Africa for the fourth time. Organized annually, One Night in Africa is a fundraising event for two charities: Operation Smile and the Edmonton African Centre.

Mr. Mursal, the Operation Smile Representative, began the event with a rousing speech. Founded in 1982 by Dr. William "Bill" P. Magee, Operation Smile has become an international medical charity that helps improve the living conditions of both children and young adults. They bring smiles and hope to those who are born with cleft lip, cleft palate and other facial deformities by providing more than 220,000 free

surgical procedures in over 60 countries.

Along with Operation Smile, the Edmonton African Centre is creating a welcoming environment where the African community can receive support in economic and cultural aspects to fully integrate into Canadian society.

When someone arrives in a new country, one of the very first experiences are costume and food. This is what makes One Night in Africa worth attending. Not only do guests have a chance to hear Oyiza Ayira - the President of the Afriyouth club - introduce African countries, but guests can also see their traditional clothing. Three, two, one, boom! and the models appear with impressive outfits, representing different African countries

such as Ghana, Cameroon, and Morocco. One example being the "Kente cloth", a traditional garment of Ghana, whose patterns have a unique symbolic meaning. It is hard to take your eyes off those handsome and beautiful models!

Let's take a glance and see if this menu can make your stomach growl: lamb steak, beef stew, and spiced chicken together with jollof rice. Delicious, isn't it?

Absolutely, because Africa is not only the land of gold but also the heaven of food. This event gave guests a chance to taste different flavors in dishes from all around Africa. What made it even more amazing was eating while enjoying the *Kekeli* dancers and drummers. To the well-rounded, punchy bass sound of drums, the dancers moved

vigorously. It wouldn't be exaggerating to say that they heated the room up with their energy!

The night ended with a surprise dance tutorial where all attendees were taught how to dance in an African way.

One Night in Africa was not a very long event, but with great planning and preparation, it brought more value to the fund-raising. It gave everybody an unforgettable chance to come, see, and understand a part of African culture and society.

**How do you feel about this event?**

"I like the dancers and the decoration is really nice and it looks like they put a lot of effort into it".

- Eni Okelana, student

"I am very excited with the success of this event. It involves a lot of planning, meeting people, and creating a relationship during the way to get things we needed.

"It landmarks about our culture and it is nice to see people in Camrose are interested and willing to learn from African, not just from the media or other social institution.

"It also insists on African students not to stay away, they can express their African heritage and not feel judged or that they are less than other non-African, or they are outcast in Canada. It's nice to know that Augustana gives students an opportunity to express their culture and heritage without any bias, isolation, and judgment."

- Oyiza Ayira

## Métis Week Celebrations Honour Traditions, Ancestry

Isabella Bourque  
Dagligtale Staff Writer

Métis week started off with a performance from the Edmonton Métis Cultural Dancers and a Workshop in Building Capacity for Reconciliation on Nov. 14 in the Cargill Theatre in the Jeanne and Peter Lougheed Performing Arts Centre.

The dance group consists of Lyle Donald and his family from Edmonton. They performed various Métis dances such as: The Wheel of Four, The Métis Sash dance, Drops of Brandy dance, The Broom dance, and The Red River Jig.

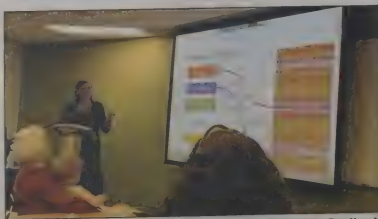
The dancers wore traditional ribbon shirts and the women wore long and fluffy skirts. Donald emceed the performance and before each dance began, he told us the origin of how the dance came about, and what they represented.

Many of the dances borrow aspects from European dances or are an amalgamation of different cultural dances stemming from Europe.

He talked about how Métis people are starting to lose their culture from being so urbanized. Because Métis isn't just a culture comprised of one type of heritage, it is made up of French, Irish, Scottish, and First Nations, there is a fear of losing what it really means to be Métis.

Donald expressed that it is so important for Métis people to hold on to their heritage, and the traditions that come with it, for fear of losing knowledge and culture in such a modern society.

Métis dances (and any and all traditional practices of First Nations groups) were banned by the government in 1895 up until 1951 to aid them in assimilating Indig-



Isabella Bourque/The Dagligtale

Dr. Kisha Supernant hosted a Lunch and Learn Nov. 15 that discussed Métis archeology and tracing Métis ancestors during Métis Week activities.

enous peoples into being more European, which was part of the government's mandate.

Donald is currently writing a book about Métis dancing and getting the

communities to learn and retain their traditional dances, so they won't lose them again.

Continued on pg. 5



# Aquatic Centre Upgrades Will Bring First Class Facility to Camrose

Aliza Graham  
Dagligtale Staff Writer

The Camrose Aquatic Centre is currently under construction and is planned to reopen in 2020. The entire facility will be closed for approximately fourteen months while the remaining construction takes place. The plan has been in the making since August 2017, and was recently put into motion in the fall of 2018. This renovation and expansion plan is considered a major revitalization project. Supporters who contributed to the design include the seniors who do drop-in groups, the swim club, synchro club, triathlon club, Special Olympics, lifesaving group, and the general public.

This updated design was taken to user groups (swim clubs), lifeguards and operations, staff, maintenance, and council to get feedback on the practicality of the design. This feedback helped determine what the public saw as important features that should be part of the new design. For example, during this feedback it was determined that a steam room was the preferred choice over a sauna, and so a steam room will be implemented in this plan.

The final design will include an addition to the existing building that will have an eight lane competition fitness lane pool that will be deep enough for swimmers to dive in from the pool deck in the shallow end. There will be diving blocks with sliding rails, a recreational diving board, integrated steps for easy access, and anchors for future play features.

A brand new water slide will also be implemented, along with an in-ground twenty-person hot tub, two meeting/party rooms that have pool

and outdoor access, and a brand new outdoor water splash park.

The renovations include a brand new leisure pool tank with a lazy river, as well as a very shallow play area, spray feature, and a mid-size teach pool for children. A shallow pool will be used for water therapy and education. The change rooms will be fully updated with new tile, paint, fixtures, seating and showers. There will also be larger staff change rooms.

The renovations are recreating the space, for example the old meeting place and small family change room will be converted into a fully family change room. In the front lobby, there will be new tile and paint with a large welcoming desk and general cosmetic upgrades to the hall areas.

There will be new pool filtration, and water treatment systems for all pools, new heating, new air conditioning, new ventilation systems, and upgraded fire and security alarm systems. The final design includes improvements and new features that will make the Camrose Aquatic Centre a more enjoyable experience overall, with new and improved recreational and practical features.

The new design of the Camrose Aquatic Centre is an important improvement as it will make for more exciting recreational and competitive swimming, and the renovations will have a positive impact on overall swimming experience. For more information on what programs are offered through Red Cross during these renovations, visit the City of Camrose website.

For information on how the construction is going, contact Ryan Poole the General Manager of Community Services with the City of Camrose Aquatic Centre.



*City of Camrose Website/Special to The Dagligtale*  
The Camrose Aquatic Centre has been shut down since early fall as renovations are underway to fully upgrade the facility.

Renovation updates are also available online on the City of Camrose's

website: [www.camrose.ca/en/living-here/](http://www.camrose.ca/en/living-here/)

## Métis Week Celebrations

continued from pg. 4

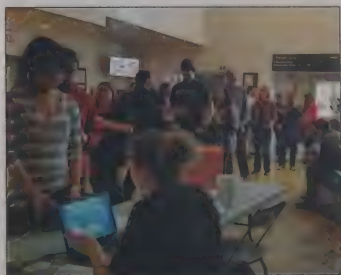
After we watched the dancers, we got to try some jigging ourselves! It had been years since I jigged so I took part in some of the dancing and learned some new steps. After the family taught us how to do some basic steps, we were out of breath and ready to get on to the workshop portion. In groups, the workshop participants discussed various questions and topics around things like monuments, arts and performance in relation to reconciliation and Indigenous practices.

The Lunch and Learn on Nov. 15 starred a conversation by Dr. Kisha Supernant about Métis archeology and the tracing of our Métis ancestors. The participants of the lunch and learn got to have some fabulous hamburger soup and bannock while they listened to Dr. Supernant's work on the archeological analysis of her past

family members in areas like Alberta and Saskatchewan.

The talk was interesting because with her research, Dr. Supernant was able to see where families had lived, how many cabins could have been in the area, and what kind of life the Métis people lived so long ago. She even showed us some preserved beading that her and her graduate student had found upon digging at a site. She told us that normally, they would find thousands of loose beads around the digging sites of the former Métis homes, but that it was a one in a million chance that they found an actual pattern of a partially beaded flower amongst the ruins.

Finally, the Aboriginal Students' Office had a table set up for Métis crafts and bannock on Friday, Nov. 16 to close out Métis week. The crafts were finger-weaving your own keychain sash and making a mini Métis flag. And then, of course, eating bannock, mmm.



*Crishia Dela Paz/The Dagligtale*

Students, staff and guests all lined up on Nov. 7 to get their flu shot in Faith and Life. Nurses said they were busy from 11:30-2:30 p.m. as those in the Augustana community were vaccinated against influenza. For those who missed getting a flu shot, they are available free of charge at Shopper's Drug Mart and Wal-Mart.

## What's a feature from North Campus that you'd like to see at Augustana?

Kirandeep Singh  
Daglightale Staff Writer



It'd be cool if we could use our One Cards to pay for things on campus [...] at Monica's or at the caf if we wanted to eat there that day. Different meal plan types like North Campus so it's not so expensive if off campus students wanted to buy in. I also think our courses need to be planned more with North Campus so students actually have the ability to transfer and not lose all their credits. As well as more 100 level intro classes for sciences like chem and physiology.

- Devon Baranowski



Partnerships with a bar or coupons for bars would be pretty cool. Also having more group events where the whole school gets involved to bring people who live on campus and live off campus together.

- Joel Macgillivray



"A designated smoking area and the ability to drink on campus."

- Charles Uwadia

## Winter Happenings at the Camrose Public Library

Nicole Bannick  
Special to the Daglightale

The geese have flown south, and days are cooler. The snow has begun to fall, and is sticking this time. Night comes earlier, and the Northern Lights are more easily seen in the sky. It will soon be the time of year that children and adults around the world have been waiting for: Winter holiday season! Whether you observe Christmas, Kwanzaa, Hanukkah, Yule, Diwali, or any number of other winter cultural or religious celebrations, you will be sure to find something at the library and in the community of Camrose this winter.

Camrose Public Library, as laid out in our Plan of Service, values inclusion regardless of heritage, education, beliefs, race, religion, sexual orientation, gender identity, physical or mental capabilities, or income, and we strive to hold and take part in events that promote this value. You will find on our shelves and in our programming, global celebration stories from many different cultures including Christian, Judaic, African American, Muslim, Indigenous Canadian, Chinese, and Japanese traditions.

Camrose Public Library has a yearly event which brings people together to celebrate the gifts and merry-making of the holiday season. We invite everyone to join us for our annual Family Christmas Party on Saturday, December 8 from 10:00 AM to 12:00 PM. The party is again being planned and facilitated by

Community Service Learning students from U of A Augustana Campus, and they have some wonderful things in store for you. We are having a sustainable party again this year, with card making, tree ornaments, and pinecone Christmas tree crafts. Embellish Hand Bell Choir will kick off the event with some performances, and a Jolly Man in Red will make an appearance as well. The event is free of charge and open to all, regardless of age or family structure.

While you are here for the Christmas party, make sure to stop by and have a look at our Giving Tree, which will be set up in the Adult Fiction Section. This is our third year of setting up the tree, which gives library users a simple way to pay it forward this holiday season. Pull a tag off the tree and take it to the circulation desk to pay the fine printed on it. Once it is paid, library staff will phone the cardholder to let them know that they have received a gift from another library user. There will be tags in a wide range of prices, from \$0.25 to \$50.00 or more, so it is an easy way for library users, even the youngest of patrons, to make someone smile this holiday season!

*Nicole Bannick is the Program Coordinator of the Camrose Public Library. Outside of work, she enjoys time with her family, Christmas baking, teasing her Mum about lutefisk, and fighting with her siblings for the last piece of lefse.*



Submitted by the Science Club/The Daglightale

The Science Club hosted the second annual Bike For Diabetes fundraiser Nov. 16. The event had a great turnout from staff and students alike, with the men's volleyball team earning themselves Booster Juice for the longest combined riding time. The event raised around \$600, with Jane Yurdley's team raising the most money, to keep her biking for 2.5 hours. A huge thank you from the Science Club to all those who came out to bike and support the cause!

# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ Campus Horoscopes ♎ ♏ ♐ ♑ ♒ ♓

### Aquarius (Jan 21 - Feb 19)

Repeat after me: Multi-Level Marketing is a Pyramid Scheme. Don't let your "bestie" convince you otherwise. They're an idiot.

### Pisces (Feb 20 - Mar 20)

Start thinking about changing your major to Drama, Pisces...because this week your friend group is ALL about it.

### Aries (Mar 21 - Apr 20)

The planets are aligning to tell me that you will come into a great deal of money soon. However, these planets are aligning in a different universe, so I am assuming that this money will go to the version of you in that universe. Guess you're still broke.

### Taurus (Apr 21 - May 21)

The twinkling stars (some alive, some dead) are telling me that, like them, you will soon meet your end. Is it the end of the semester, the end of the chocolate milk at supper, or an untimely expiration? Stay tuned.

### Gemini (May 22 - June 21)

Stop relying on stars and moons to make decisions for you. These horoscopes are a crock and you know it. No excuses anymore.

### Cancer (June 22 - July 23)

You will soon come upon someone who is also coming upon you. You will both ignore each other. Maybe if you two could gain some social skills this horoscope could be relevant.

### Leo (July 24 - Aug 23)

The earth is rotating on its axis again. Waiting for a reply back from NASA as to whether or not this could be vital to your immediate situation.

### Virgo (Aug 24 - Sep 23)

The rain may be gone, but nothing is clear. In fact, I think it got a tad foggy. Oh, now it's frozen. Better just stay home, Virgo, we have no idea what's in your future.

### Libra (Sep 24 - Oct 23)

You know how when you go to McDonald's and you get the same thing every time? Think about it. Do you really want to create a future like that for yourself?

### Scorpio (Oct 24 - Nov 22)

Your Jupiter house is about to collide with Saturn, and the sixth moon in your star chart is sending waves to the North Star, who told the Milky Way, who told Aurora Borealis that you're going to have to make a big decision soon. Hopefully that message reached you in time.

### Sagittarius (Nov 23 - Dec 21)

You are in a good position to exist right now, Sagittarius...for now.

### Capricorn (Dec 22 - Jan 20)

You will soon come upon someone who is also coming upon you. You will both ignore each other. Maybe if you two could gain some social skills this horoscope could be relevant.

## Ask Amber

Your sassy, satirical self-help guru

Hi Amber,

I have a guy friend that I made a few months ago. We really clicked and became fast friends and I adore him, I really do. But recently he has been more and more inclined to interact with me in a romantic way. I mistook a lot of his behaviour for us just being fast and close friends. Amber, not only do I newly identify as bisexual, but I have feelings for a girl here (which I haven't shared with anyone). How do I tell him I'm uncomfortable with not only his

advances but his feelings, and let him off easy telling him I'm taken and that I thought HE was gay?

Love,  
Gay & Gayer

Hi Gay & Gayer,

Yuck. Well, first things first, congrats on the gay. Honestly? Play dumb. Pretend you don't even understand what he's trying to do and then in a few weeks when his frustration wears his patience thin, he will tell you he likes you. It is then you use that opportunity to say, "Oh my GOSH! I thought you were GAY, kinda like ME!?!?" (Trust me, saying you're bisexual will only make him think that he still has a chance with you). That



can go a lot of ways so have plan A, B, C, D, and E ready to go at a moment's notice. I have no advice on what those plans should be, but one of them includes a getaway car and some cash.

Best,  
Amber

## Weekly Chores

An Original Comic by Sadie Sherman





# Camrose Happenings!

## Tuesday, November 20

### Bake Sale!

12:00 p.m. - 2:00 p.m.

Augustana Forum

Hosted by the Augustana Chemistry Club

## Wednesday, November 21

### Fair Trade and Local Made Sale

9:30 a.m. - 4:00 p.m.

Augustana Forum

## Thursday, November 22

### Student Success Workshop

1:00 p.m.

Roger Epp Room.

Practical Ways to Manage Your Stress.

## Thursday, November 22

### Infinite Improv

7:30 p.m.

Bailey Theatre

Tickets are \$10 at the box office or online.

## Friday, November 23 -

### Sunday, November 25

#### ATP The Grinch

5:00 p.m.

Lougheed Centre

Free event.

## Friday, November 23

### Midnight Madness

5:00 p.m.

Downtown Camrose

Get your christmas shopping started ... or done!

Huge discounts at local stores.

## Saturday, November 24

### Grateful Grannies

#### Christmas Market

12:00 p.m. - 3:00 p.m.

Bailey Theatre

Tickets are \$5 per person.

Children and students enter for free.

## Thursday, November 29

### Bob Ross Paint Along

6:00 p.m. - 7:00 p.m.

Ravine Studio Room 030

Register by emailing

augfinearts@gmail.com

## Thursday, November 29

### Acting Auditions

4:00 p.m. - 7:00 p.m.

Theatre Building

Auditions for the 2018

winter production. Contact

Professor Kevin Sutley for more information.

## Thursday, November 29

### Les Miserables School

Edition

2:00 p.m.

Lougheed Centre

Adult \$25.25+gst. Student

\$15 +gst.

## Wednesday, November 28

### Writing Master Class

with Katherena

Vermette

3:00 p.m. - 4:00 p.m.

North Campus

Free to attend. RSVP to

clccomm@ualberta.ca.

## Friday, November 30

### A Christmas Carol

7:30 p.m.

Bailey Theatre

Tickets \$25 (show only)

\$55 (dinner & show) at the

box office or online.

## Tuesday, December 4

### Student Success

#### Workshop

1:00 p.m.

Learning Commons.

Keep Calm and Ace Your

Finals!

## Saturday, December 08

### ATP Christmas Show

of Snow White

7:00 p.m.

Lougheed Centre

Adult \$14 +gst. Seniors,

Students and Children \$10

+gst.

## Thursday, December 20

### Movie: Ready Player

One

7:30 p.m.

Bailey Theatre

Tickets \$5 at the Bailey

Box Office or online.

## Weekly Events:

### Every Monday

#### Spanish Circle

3:00 - 4:00 p.m.

Camrose Public Library

Speakers of all levels

welcome!

### Got Ukelele

1:30 - 2:30 p.m.

Camrose Public Library

Bring your own instrument

or rent one from the library!

## Every Wednesday

### Cercle de

#### Conversation en

#### Française

6:00 p.m.

Camrose Public Library

Speakers of all levels welcome!

## Drop In Times with

### Carmen

1:00 - 3:00 p.m.

Carmen has half hour

sessions available for

students to simply drop

in. Her office is in the

Learning Commons.

## D&D Club

4:00 - 5:00 p.m.

Camrose Public Library

## Every Thursday

### Mindfulness

#### Meditation

12:10 - 12:40 p.m.

Learning Commons

## Go VIKINGS!

## Friday, November 23

### Vikings Hockey

at home!

7:00 p.m. - 9:00 p.m.

## Thursday, November 29

### Vikings Shave Off

for November

11:00 a.m.

South 10th & 42nd

Age: 12 and over

## Friday, November 30

### Vikings basketball

vs. The Lions basketball

6:30 p.m. Women's Game

8:00 p.m. Men's Game

## Friday, November 30

### Great Shave Off

7:00 p.m. and 9:00 p.m.

Sign up at the fitness

center!



## Sudoku for the Soul

8	9	2	
	1		7 8
		8	5
8	2	7	
6 1 2		9 8 4	
7	6	3	
1	2		
2 7	3		
	5	7	1

	5	3	8	1
	9	5 4		
6		7		
	6			2
	9 1		4 6	
5			7	
		6		3
		4 1	9	
8	3	9	2	

# the Daglightale

Vol III, Issue VI ~ Dec. 3, 2018

## ASA AGM Discusses Transparency, Accountability and Funding

Amielle Christopherson  
Daglightale Co-Editor

For just over two hours on Nov. 28, the many members of the Augustana Students' Association (ASA) presented updates and information on what they have been up to over the Fall 2018 semester.

One of the major highlights from the evening came from VP Finance, Nnenna Achebe. She announced that, when the ASA had their financials looked at in May 2018, they were told there was a surplus. Which is a good thing, even though the ASA is a not-for-profit. Achebe explained that this surplus means that the ASA can afford to cover some gaps that may arise if expenses are higher than anticipated or if student enrollment and thus ASA fees) drop.

She discussed the ASA's budget and how it's been allotted over the school year, with the main portion of it going towards administration payments (salaries, office supplies (paper, ink, etc.) and other such admin costs).

Achebe pointed out the the ASA spends almost \$49,000 on entertainment and events, which include, but are not limited to: First and Last Class Bashes, Beers and Bands, Formal, and the end-of-the-year BBQ. She added that most of those events don't bring in enough revenue to cover what they cost. Through ticket and beer sales, those events bring in about half of that amount.

This could be a problem as the next provincial election looms closer. The United Conservative Party (UCP) has a platform point surrounding student unionism.



Amielle Christopherson/The Daglightale

Members of the Augustana Students' Association (ASA) gave information on what they have been doing over this semester and what their plans are for Winter 2019 during the ASA's AGM on Nov. 28. Discussion at the end of the evening covered ideas for the new substance policy and reactions to the 3-11 calendar.

The way things work now, students automatically pay student union fees. What the UCP has planned is opt-in fees rather than opt-out.

Both Achebe and ASA President, Taylor Johnson, mentioned how troubling this would be for the ASA should this become a reality.

"This is incredibly troubling for us because if we lose even 20% of the student fees, that's thousands of dollars of our budget that we would be losing," said Johnson in an e-mail. "This would mean we would be losing services, events, and a lot more. By losing these services and events, it would be incredibly hard to get ourselves out there enough to make students want to actually opt-in. Ultimately, this could result in the [ASA] essentially falling apart."

Roughly 80% of the ASA's current budget is from student fees, which means the ASA is already looking for other options to pad their funding.

The Finance Committee is already looking into contacting local and Edmonton

based businesses to advertise with the ASA to help cover costs and any losses they may see due to lack of fees.

Johnson and VP Life, Jenna Matzner are both on a substance review committee, which is looking at how to implement new policies at Augustana for tobacco, marijuana, and alcohol.

The current recommendations to Academic Council have been that there be:

- restricted use of all three on campus
  - designated spaces for both tobacco and cannabis on campus but they will not be the same spaces
  - some type of unenclosed shelter that could be used on campus for those who smoke
  - a "no party rule" in residences, which means that alcohol would be allowed in dorms, but no open liquor in the halls or common rooms and there would be a restricted number of people allowed to be in a room with open liquor.
- Johnson noted that there would most likely be more restrictions in place to start

with and the university would see how the first semester of the new regulations go. Changes would be made based on how that goes.

Johnson also discussed 3-11 feedback and the survey which will be coming out sometime in January.

For this year's survey, Johnson requested some assistance from professors who work with surveys in their classes to ensure they cover a wider range of questions, opinions, and considerations.

For last year's survey, Johnson and her committee put together all the questions and filed through all the responses submitted by students and presented it to faculty.

Her hope is that, as she consulted with professors to make it a stronger survey, when the results are collected and presented to faculty, they will take those responses and the feedback more seriously.

VP Academic Naomi Mahdere mentioned that the ASA will also be looking into getting the data back from the USRIs that students submit.

Although that is data the ASA should already be receiving, they have not been which means it is harder to track if professors are taking concerns seriously and if they are actually making changes to their classes.

Madhere commented that she knows change takes time, but "even though things change slowly, how can we make sure those changes are still happening?"

Putting that data together (as to what kinds of assignments are given, if the exams are take home or in the gym, lots of group work, etc.) would help students be able to make better decisions in the future when it comes to which courses they will be taking.

For those who have more opinions or suggestions, all members of the ASA welcome e-mails or comments in person.

For more information on the ASA AGM, look for the story on The Daglightale's website at [www.daglightalenews.ca](http://www.daglightalenews.ca).

### Editorials

Taking a hard look at Augustana's racism problem.

### Choose Your Own Programming

Students can now receive some funding to plan and host events.

### Our Gay Apparel

Giving support to those who don't have any this holi-gay season.

### Winter Rec Library

Soon you'll be able to check skis and skates out of the Library.

# THE DAGLIGHTALE

Dec. 3, 2018

## Meet the Team!

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We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a travelling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

# The Editors' Wintry Words

## Slow and steady makes new policies work



**Amielle Christopherson**  
Co-Editor

During the ASA AGM week, I found myself making suggestions I would have hated hearing when I was 17 or 18.

The floor had been opened to discuss suggestions for the new substance policies coming to campus next semester and I put forward the idea that, if residences are going to allow alcohol, it would be an idea to keep First Year Dorms alcohol free.

I made this suggestion for two reasons:

1. Some first years aren't legal when they come to Augustana and that way it makes it easier to know that people aren't consuming alcohol illegally.

2. First year is already rife with all sorts of new experiences, that including alcohol in dorms during that period may not be the best idea.

Jennae Matzner, VP Student Life, came up with a very good counter point that students come to university expecting to have more freedom and can often find the restrictions on campus to be infuriating.

And I get it! I so completely understand that students want to have those freedoms to do "what they want" on campus. I was once an 18-year-old first year and snuck alcohol into my alcohol free residence (I was in Ontario at the time) and felt that the rules were too unbearable and that I knew better.

The thing is, eight years later, I understand where my school's administration was coming from and why they had the rules they did. It was less about trying to keep me "in line" and more about protecting their back. Because, as responsible as university students believe they are (and yes! Some of us are very responsible!), there's always that

chance that something could go too far and something could go seriously wrong. Students always think it'll happen another year or to other students until it doesn't and having policies in place actually means administrations are looking out for the worst possible outcome.

That sounds morbid and like an overreaction, but it's the reality of what people in positions of power are looking at.

Does that mean that policies should stay the same for decades on end? No and that's why Academic Council is taking a look at the substance policy, because times demand change and change is a good and necessary part of life.

But that doesn't mean swinging from one extreme to another is the way to go, either. Finding some point in between, where change moves forward without disrupting the whole institution should always be the goal. As changes are made and people get comfortable, more changes can be made. Which isn't always what people want to hear.

## A Reply to Racism



**Nathalie Hewa Dewage**  
Co-Editor

Augustana has a problem. A problem with minority groups. If you think about it, you could say Augustana has always had this problem - a small town and Lutheran roots don't exactly foster diversity. But that isn't all of it. The real issue is that it's been a 100 years and we're still acting like we're in 1910 and Augustana is still a tiny, Christian, mostly white college.

This year, Augustana has seen its largest percentage of international students ever - a whopping 15%. But just last week, there was an incident involving ResLife and the cafeteria that very much echoed a black face

incident that occurred on campus not too long ago.

The lack of tact and disrespect that led up to this incident (which involved a series of racist posters distributed across the cafeteria - posters that evoked centuries of colonizing sentiments about people of colour being compared to animals) was astounding. And bizarre. One has to wonder why a 15% international student population was not enough to make the parties responsible think twice about going through with it.

The posters weren't necessarily done in bad faith, but impacts are always bigger than intentions. To many students, it felt like a stab at their very existence on campus; as if their school was mocking them; as if it were a crime for them to be dissatisfied with the food they paid to eat.

The fallout from this incident went well beyond the walls of the cafeteria. Students began to gather, they began to

share stories of their mistreatment and discrimination, most of it from Augustana staff - the very people they'd expected respect and protection from. The one thing these students had in common? They were all minority groups.

The events that transpired eventually led to a healing circle and an official apology from the university. But while all of this went on, many students began to realise something. Something people like us have known for a long time. Something that I, too, have been forced to acknowledge: you can only find solidarity from people like yourself.

These students banded together to demand change. They organised and attended meeting after meeting of the Diversity Working Group, and came together to support and heal one another in a way that no one else would. They did their part. Now we have to ask ourselves: when is Augustana going to take care of its problem?





# ASA News You Can Use: From the President to You

Taylor Johnson  
ASA President

Right now things are starting to slow down for the ASA as the term is winding down. Wellness Week just came to an end, and I was incredibly pleased with how successful it was. I hope the events of this week allowed students to take a break and focus on their own wellness, even just for a moment.

I would like to give a big thank you to our VP Com, Alex Ho, and the Awareness Committee for all the work they put into the week to make it successful.

Another exciting thing on the radar is about substance use on campus. I am a member of a working group on campus that is looking at creating a new policy surrounding the three legal substances: tobacco, cannabis, and alcohol. This working group has made recommendations to the Academic Council to allow for restricted use of all three substances

on campus.

Obviously, this is a huge change to our campus and it would really shake the culture we have here. Some recommendations we have put forward are designated smoking areas on campus for tobacco and cannabis.

These designated areas would be separate from each other, and one possible location of this is the gazebo in the Ravine but nothing has been decided yet.

Something we have gotten a lot of feedback on in the ASA is the location of the smoking spot in front of First Year Dorms. This location has also been recommended to be moved.

In regards to alcohol, the group has also recommended restricted use in dorms. We have looked at placing limits on the number of people in rooms at a time to ensure that a "party culture" doesn't run rampant. Essentially, alcohol would be allowed in dorm rooms but would not be allowed in hallways or common

areas/lounges.

This policy is hopefully going to be drafted and ready to roll out in the new year with the ability to make changes and modify things as we see fit. It is always easier to place more restrictions to begin with and take away as seen fit than add restrictions afterwards. We are always looking

for feedback on this, especially from students, so if you ever want to chat about this please don't hesitate to visit me in the office or send me an email at [asapres@ualberta.ca](mailto:asapres@ualberta.ca).

Best of luck on all your final assignments and final exams and I hope you all have a wonderful and relaxing winter break!

## Study Fuel for students



Daily in the Forum during Exams

ASA

## Drum Circles, Beading a Great Way to Relieve Stress

Isabella Bourque  
ASO Columnist

The ASO held their monthly drum circle Nov. 22 which was led by Michael Fraser of Cold Lake First Nation. The participants watched a film about the Blackfoot Sundance and honouring culture. We then played a few songs and drummed our end of term stresses away (temporarily, at least).

I asked Abby Lee, a frequent drummer who attends ASO drum circle, on why she likes to drum.

"It's my meditation ... I don't know, it calms me," she said, adding that her favourite song is The Charging Buffalo Song and "is [her] power song." (BTW - the Charging Buffalo song is killer! Super intense and fun to do).

A lot of the students who participate in our drum circle got to make their own drums

from the drum making workshop that the ASO puts on every year (also led by Fraser). For many of our students, in addition to connecting with culture, drumming is a chance to get away from the stress of classes. Believe it or not, pounding on our drums and singing along is very soothing and empowering.

On Nov. 27, the ASO held a beading session in the forum for Wellness Week. It was a lot of people's first time beading - which is super exciting!

Students at this session made earrings, keychains, and bracelets. Elder Myrna also shared stories and teachings while showing newcomers how to bead.

We had a few newcomers this beading session, like Alex Ho. I asked Ho how his first beading experience was and he replied by saying, "It was such an amaz-

ing experience! It was really therapeutic and helped with my mental health."

When asked if he would continue beading or participating in other ASO events, he assured me that he will indeed continue on his beading endeavors and is very excited to participate in other creative Indigenous activities.

Following the beading session, we had our ASO community meal and another beading activity for the Indigenous students in the ASO (if you can't tell, we love beading). Tacos in a bag was our community meal (...mmm) and we learned to bead popsockets!

Aurora Tupechka, also a first time beader, set out on the adventurous task of beading a popsocket for her phone as her very first project. Tupechka also said that her first time beading was,




Isabella Bourque/The Daglightale

Students gathered together to do some beading during an ASO Wellness Week event Nov. 27 in the Forum.

"extremely therapeutic" and she said, "I enjoyed that we could do it together - it was a nice community activity. It made us come together in the ASO." Moral of the story: drumming and beading are really good stress relievers!

We were also joined

by alumni, Gavin Wilkes, who shared with us what he is doing now that he has graduated. It was really nice to catch up with him! It is always so exciting when former students visit (Psst. It was Wilkes's first time beading too!).



**NOW OPEN** 7 Days a Week

**CODFADDER'S FISH N' CHIPS**

UPCOMING EVENTS

DEC 7 - HIPHOP SHOW YEGMG - OG JONAH ENTERTAINMENT

DEC 14 - DJ ROCKO, YHN CREW & K-BLITZ SHOW

DEC 31 - NEW YEAR'S DINNER & DANCE

call 780-679-2245 & follow us on Facebook

5017 51 Street Downtown Camrose

Retro Arcade

Billiards

Karaoke

# Neighbor Aid Provides Camrose Residents with Assistance

Kirandeep Singh  
Daglightle Staff Writer

Neighbor Aid is the non-profit volunteer organization meant to help people in need. It is run by the churches in Camrose, providing outreach to the community. Their name stems off the idea that they are helping as neighbours who are there for each other. They help provide services like soup kitchens, specialty medical transportation, food banks, food for kids, emergency housing and feeding, some financial aid to qualifying individuals, and referrals to agencies and services.

The food bank runs from 9 a.m. to 4 p.m., Monday to Friday. People who

require food assistance need to bring the names of all the individuals in the household, source of income, the reason they require food assistance, proof of residence, and personal ID. From there, they are given a hamper per month that will be based on how Neighbor Aid assesses those individuals' needs.

Donations to the Camrose Neighbor Aid Center can be dropped off at 4524 54 Street, behind the museum building. Neighbor Aid also runs a Morning Bread service that runs on Monday from 9 a.m. to noon at the Camrose Community Church. They run breakfast clubs for children at schools as well. They encourage people to volunteer and help others

in need of assistance.

They accept donations of non-perishable foods such as pasta and sauce, canned fish or meat, peanut butter, powdered milk, soup, canned fruit or vegetables, granola bars, and baby food. They also accept non-food items such as baby diapers, feminine hygiene products, toiletries, soap, shampoo, and deodorant. Neighbor Aid can be contacted at 780-679-3220 or through their email nbaid@cablenet-lynx.net. More information can be found on their website [www.neighboraid.ca](http://www.neighboraid.ca).

The Alberta Students' Union also tries to help students in need of food. They understand that food is hard for students to afford. They understand

the struggle of finances and try to offer the best solutions they can. North Campus has a food bank for students where they also accept donations. Monetary donations are encouraged as they offer flexibility to purchase what's most in need. They offer hamper services which student can request in their times of need. Students then give an interview to register for statistical purposes and then they submit a request. Students can request a hamper once every two weeks. More information can be found by contacting the campus food bank at 780-492-8677, by email at [foodbank@ualberta.ca](mailto:foodbank@ualberta.ca), or their website <https://campusfoodbank.com>.

## Student Led Programming Opens Up Possibilities for Projects

Hien Nguyen  
Daglightle Staff Writer

As a student, studying is important, but it is not everything. You build your future on relationships you establish today, the skills you practice, and the activities you get involved in. Free your mind for a while and create something different by joining Augustana's new Student Led Programming.

A brand-new program I talked to Sarah McCrae, our Student Experience Coordinator, to learn more about the Student Led Programming. This program was created to promote students' ideas of planning an event themselves.

"It was thought that students know what they want, how to have fun and how to recruit their friends to do things," said McCrae. "We want to encourage and support them as best we can."

### Funding opportunities

There are three levels of programming and their funding. The nice thing is that you can use Residence Service's supplies.

Level one is for a smaller fun social event and is funded \$20. You can plan this event with five to 15 people.

"We want a group with more than just your friends, so more people can come," said McCrae. "The more you and your friends open to people, the larger the number of participants you

will get. Your group can organize a movie night, board games with snacks, cookie baking, etc."

Level two is \$40. It is a little bigger and can flexibly be attended by a group of 10 to 20 students. Examples are a Bob Ross Paint night, a Henna party, or Pumpkin Carving.

Level three is a bigger deal and can be up to \$60-\$100. Your event must be open to at least 30 students.

Here, you have a chance to share your skills and cultural experiences, such as teaching your friends how to cook your lovely dishes, host a coffee house in dorms, bring in pet therapy, etc.

"It's not just like you get money to make food for your

friends," explained McCrae. "It's how you teach things to other people, share what you know, and make the community from it."

### Your idea is worth it!

Whatever comes to mind may turn into an unforgettable moment, so do not hesitate to share your ideas. Begin with questions such as: what is your event, when will it start, and where? Then give more details about other supplies you may need. If you want a cookie night, have you had baking supplies? For henna, do you need more materials?

Talk to your RAs to see if they can help with these supplies and products. Think about how many

people can participate in your event and ways to promote it. Will you post your event on social media, put some leaflets around dorms, or chat with others in the cafeteria? Try your best to convince people why your event is worth attending, and the value it brings to your community. I'm quite sure they would love to attend an event like this!

### How can I get more information?

Now, the Student Led Programming is not on the campus website yet. The best way to seek for help is team up with your RAs or stop by the daily RA office hours from 5:30 - 8:30 p.m. in the First Year Dorms East 101 office.



Supplied by ResLife/Special to The Daglightle

On Nov. 16, ResLife hosted a 24 hour gaming marathon to raise money for the Stollery Children's Hospital in Edmonton. There were six TVs with multiple consoles for video games, a bunch of board games, and they even ran a game of Werewolf for anyone who wanted to join.

It was free for everyone and money was raised via a raffle, with prizes donated by students and local businesses. A Super Smash Bros tournament with a \$5 dollar entry was also held with prizes for first, second, and third place. In total, they raised \$565. It was awesome to see the community rally together to have fun and support ResLife while giving what they could to the hospital.



Sarah Laflamme/The Daglightle

On Nov. 29, students gathered in a Ravine Studio Room to paint away some of their stresses with Bob Ross during an ASA Wellness Week event. The event was well attended by many students, all who had the chance to paint along with a YouTube video of legendary Bob Ross and take some time to decompress.

# The World Needs More Love Letters, Write Yours at the Public Library

Shannon Stolee  
Special to The Daglightle

"It's funny; in this era of e-mail and voice mail and all those things that even I did not grow up with, a plain old paper letter takes on amazing intimacy."

— Elizabeth Kostova

"Tis the season for warm wishes and glad tidings, and Camrose Public Library is set to help with holiday cheer and good words. While much of the world is celebrating a happy season, it can be a tough time for many people who may be living with familial and social isolation. Sending a quick note to someone who could use a kind word can make a huge difference in someone's day, if even for a moment.

Unlike a phone conversation, which can go sideways, a letter gives you a chance to practice what you want to say and make sure it conveys your intended meaning (no fear of missing the email UNDO window of time either!)

Writing down your thoughts onto paper gives opportunity to alleviate stress, loneliness and anxiety, especially when you are far away from friends and family, and of course, letters and cards are beautiful, cherished gifts. Once Grandma gets your letter, you will become the favourite grandchild immediately!

National Letter Writing Week falls on the second week of January every year, and we are celebrating early so our letters can reach their destinations in time for the observance. Every afternoon from 4:00 to 6:00 p.m. Dec. 3 through Dec. 7, we will have everything you need to write a letter; a writing station will be set up on the main floor of the library with pens, paper, envelopes and postcards. Stamps will be available for purchase at the circulation desk, and we will have a "mailbox" set out that you can drop your letter in once it's stamped. We will deliver all the letters to the post office daily.

On Dec. 7 we will have a Letter Cafe set up downstairs at 1:00 p.m. with snacks and a card making class starting at 4:00 p.m.

No desire to share a love letter with someone you know? We have other

letter writing options available for you, too.

## Amnesty International Canada's Write For Rights Letter Writing Campaign

Each year around International Human Rights Day (Dec.10), Amnesty International encourages people to write a letter on behalf of someone who has been imprisoned for expressing their opinion. Ten of these prisoners of conscience are highlighted each year. Amnesty International has done all the hard work and lets you know exactly what to do. The library has the profiles of all ten prisoners, letter writing tips and the addresses for the government offices and prisons. Plus the paper and envelopes! #WriteforRights #WHRD #W4R2018 For more information go to [www.writeathon.ca](http://www.writeathon.ca).

## Write to the Troops

Our Canadian Armed Forces appreciate letters from Canada while they are stationed overseas. Go to [www.forces.gc.ca/en/write-to-the-troops/mailling-instructions.page](http://www.forces.gc.ca/en/write-to-the-troops/mailling-instructions.page) and scroll down to find Canadians Sending Letters for "Any Canadian Armed Forces Member". There you will find Addresses for Overseas Operations. All overseas operations have Canadian addresses, so no extra international postage is required.

## More Love Letters

Described as a "serious gang of inspired heart-on-sleevers writing, leaving and mailing love letters to those in need," over 250,000 love letters have been delivered to people in need of comfort. Go to [www.more-loveletters.com](http://www.more-loveletters.com) for more information. Most people profiled here are in the U.S. or overseas, so letter will need extra postage.

We will leave you with one final note. If you need an excuse to procrastinate on your next assignment, we can't think of anything better than writing a letter. As Ernest Hemingway said:

"Or don't you like to write letters? I do because it's such a swell way to keep from working and yet feel you've done something."

Shannon Stolee is the adult programmer at Camrose Public Library. Her New Year's Resolution for 2019 is to write more letters.

# Holi-days and Tidings of Joy

Natalia McGill  
Daglightle Staff Writer

Just hear those gay bells jingle-ing, ring-ting, tingle-ing, too! Happy Festivities everyone.

I wanted to write a short blurb about this holiday season, and touch on the pressures and struggles that many of our sexually and gender-diverse comrades have to deal with during this time of year and how to be sensitive to those issues as an ally and as a part of the community.

Holidays are a magical time, full of love and generosity, and all sorts of warm fuzzy feelings; but this isn't a reality for everyone. Please remember that a lot of people in our community have lost the support of family and friends simply for coming out and trying to be who they are.

At a time when everyone raves about family love, giving back, and the warmth and kindness of the holidays, we have members of our LGBTQIA+ community who no longer have a family to go to, or who no longer have connections with loved ones with whom they once built incredible holiday memories.

It is important to be sensitive to these experiences and try to mitigate the amount of pain and hurt we can cause by being aware of people's reactions and body language when

talking about or taking action with the holiday spirit in our hearts and minds.

As a bonus, if you can, try to offer support to someone you know suffers through a difficult time during the holidays. Offer a day of non-festive related (or related, if they are okay with it) activities to do with them. Offer an open ear, mind, and/or heart to them if they need it. And most importantly, do not try to push anything on them.

Stay safe and be well friends.

## UPCOMING EVENTS WITH CAMROSE PRIDE

**Pizza and Movie Night - Dec.10, 6:00 p.m.**

Contact Camrose Pride for the address.

**Queer Like Me Youth Art Project + Art Exhibit (Funded by CPA) Ages 12-24**

Will begin in January  
Details to come next issue. Register with Nikki Featherstone [nkmfeatherstone@gmail.com](mailto:nkmfeatherstone@gmail.com). Contact Camrose Pride for more information

## UPCOMING EVENTS IN EDMONTON AND AREA

**A Christmas Drag Spectacular - Dec.15, 7:30 p.m. @ Chic-Hog-O's**  
**Drag Dinner Theatre - Dec. 27, 6:00 p.m. @ Yellowhead Brewery**  
**Fruit Loop Winter Bash - Jan. 13, 8:00 p.m. @ The Denizen**



**OPEN FOR LUNCH  
& SUPPER!  
Wednesday-Sunday**

**BOARD GAMES**

**BOOKS**

**FOOD**

**COFFEE**

**ALBERTA CRAFT BEER**

## EVENTS

- Dec 15: Craft Beer Tasting
- Open table 7pm every Wed
- X-Wing Dec 6 & 20
- NEW YEAR'S EVE AT THE FOX & FABLE: Get tickets on our website now!



**Fox & Fable**  
BOOK & GAME CAFE

## NEW HOURS

Wed-Thur: 11:30am - 10pm  
Fri-Sat: 11:30am - 11pm  
Sunday: 11:30am - 3pm  
Monday & Tuesday: Closed

**Closed December 24-27**

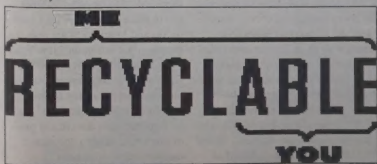
**DOWNTOWN CAMROSE**  
4937-49 Street  
(A Block from Main)



[www.foxandfable.ca](http://www.foxandfable.ca)



**10% STUDENT DISCOUNT**







During Wellness Week, which is organized for a week at the end of the semester by the ASA, students can take advantage of things such as free fruit and granola bars, free Booster Juice, therapy dogs, meditation sessions, how-to sessions (such as learning to bead) and a variety of other events and freebies meant to help students take some time away from their deadlines and to-do lists and decompress.

## Wellness Week Helps Students Decompress and Destress

Kirandeep Singh  
Dagblatte Staff Writer

Each semester, the Augustana Students' Association (ASA) hosts a week long event referred to as Wellness Week. The goal is to improve the mental health of students and help them destress at the end of the busy semester. Wellness Week is extremely important as it helps students take some time to wind down with the stress of final exams approaching. This year, Wellness Week was run by Alex Ho, the VP of Communications on the ASA.

The ASA advertised Wellness Week through posters, email newsletters, and through the Facebook event page. Students were encouraged to participate and get involved.

Over the week, all sorts of different events took place. Students had the opportunity to grab food and drinks on various days throughout the week. There were fruits, a salad bar, snacks, Norwegian breakfast, and Booster Juice! Volunteers helped hand out the goodies the best they could even though they went quickly.



The ASA Facebook Page/Special to The Dagblatte

Events to help students manage adult life also took place. A financial blueprint program helped students manage money and work on budgeting their finances. Other benefits promoted self-care, such as free admission to the Fitness Centre for the whole week.

Practices designed to calm and ease like beading, knitting, and a dog walk also took place. Although there were not many participants for these practices, the people who joined were concentrated and learned new skills that can be forms of

peaceful meditation.

The University of Alberta also promotes an app called WellTrack that uses interactive self-help therapy to help students with their mental health. A person needs to sign in with their school email to get full access. The app offers mood assessments, modules to help students get through their mental health issues, and guides students to resources that are available at Augustana or in Camrose where they can seek help. The app is available on the App Store and on Google Play.

## Winter Rec Library: A Great Way to Ski and Skate with Augustana

Amielle Christopherson  
Dagblatte Co-Editor

Those walking through the Forum Nov. 27 would have seen a table set up in front of the Wellness Week motivational posters. Manned by Augustana Advancement staff, Assistant Director Bree Urkow and Communications Coordinator Sydney Tancowny, the two were helping spread the word about and collect donations for this year's Giving Tuesday project.

Giving Tuesday is a follow up to the spending that happens during Black Friday and Cyber Monday, often putting funds towards community and social justice projects. This year, Augustana Advancement was collecting donations for a Winter Rec Library.

According to Jadene Mah, the Athletic Services Coordinator, this project was encouraged by Dean Allen Berger almost three years ago. The idea is that the Winter Rec Library will be a borrowing program comprised of skates and cross country skis made available to Augustana students, "in part with the hope that we could promote an active outdoor life during the winter for our international students," said Mah in an e-mail.

Mah, Nordic Legend, Les Par-

sons, pushed the project forward and contacted Head Librarian Nancy Goebel, whom Mah said "was on board immediately!", and Feisal Kirumira, as an International Student Advisor. Almost three years later, with much support from ED of Student Life, Randal Nickel, the project is starting to take off.

The parties involved with making this project a reality are the Augustana Library, the Augustana Vikings' Nordic Club Team, Campus Recreation - Student Life, Augustana Advancement, and Dean of Students' Office.

During Giving Tuesday, the group was looking to raise \$4,000 for the project, which already includes a \$2,000 matching gift. They have also already received an additional grant of \$7,000 from the Dean of Students' Office to make this project a reality.

Although the bulk of the fundraising effort was done through Giving Tuesday on Nov. 27, the Winter Rec Library is still accepting gifts. Those who are interested in donating can visit the Office of Advancement (L-34D AG01 Founders Hall) or do so online, indicating the gift is for the Augustana Innovation Fund (Giving Tuesday-Winter Rec Library).

All fundraised monies will



Sarah Laflamme/The Dagblatte

Bree Urkow and Sydney Tancowny were in the Forum Nov. 27 for Giving Tuesday, a concept brought on after the large shopping done during Black Friday and Cyber Monday. For this year's Giving Tuesday, the two, who work with Augustana Advancement, were raising funds for a new Winter Rec Library, where students would be able to check out skis and skates during the winter months.

go towards costs of the project, which includes purchasing skis and skates and storage cabinets.

The group is looking to purchase 20 complete sets of cross country skis and 10 pairs of boots to go along with them and an undecided number of hockey style skates.

Although ski donations are not being accepted, skates can be donated, as long as they're hockey skates in good conditions. The sizes most needed are men's 8, 9, and 10. Those can be dropped off at

the Augustana Fitness Centre with name and contact information.

To go along with the equipment, there will also be programming put in place. There will be Learn to Ski and Learn to Skate programs rolled out in the New Year. "Programming will include instruction and encouragement from the Nordic and hockey teams," said Mah, adding that, "the 'learn to' opportunities are critical parts of our larger plan to encourage campus rec involvement."



# Procrastination Station

## ♈ ♉ ♊ ♋ ♌ ♍ Campus Horoscopes ♎ ♏ ♐ ♑ ♒ ♓

### Aquarius (Jan 21 - Feb 19)

It's nice to finally see you in a good mood. Venus is telling you to chill out on the holiday spirit, but Mars and myself are fully supportive of the extra festive attitude.

### Pisces (Feb 20 - Mar 20)

Write poems for all your friends as gifts. Again.

### Aries (Mar 21 - Apr 20)

You spent too much on presents. Now you're crying and your tears are frozen because it's cold out and wow you need to get it together.

### Taurus (Apr 21 - May 21)

Who needs Christmas presents when you need winter tires? Sorry friends and family. This Taurus is way too practical.

### Gemini (May 22 - June 21)

How you even have money to spend on anyone after you blew it all on yourself is BEYOND what the stars and planets can understand. Have you ever thought of a budget?

### Cancer (June 22 - July 23)

You've been thinking about Christmas presents lately and, unfortunately, your income to friend ratio is out of whack. You cannot afford to buy EVERYONE a Christmas gift, plus your family and your pets. You're insane.

### Leo (July 24 - Aug 23)

Your heart is so full this season. I know you will use your kindness and generosity to give to those in need. But how much do you want to bet that you FORGOT about yourself, your SO, and your mom?

### Virgo (Aug 24 - Sep 23)

I can see you debating how much money to spend on that someone special. All the planets see you, too. We think it's a terrible idea.

### Libra (Sep 24 - Oct 23)

The stars and your friends and family love you during the holidays, because of how thoughtful and frugal you are. You have never messed a holiday up. (Yet?)

### Scorpio (Oct 24 - Nov 22)

You are overthinking what to buy everyone, and how much to spend. You are such a ray of light that nobody in your life will be offended if you don't buy them a Christmas present. Except me.

### Sagittarius (Nov 23 - Dec 21)

You promised yourself and everyone that 1) you wouldn't go on another trip and 2) you'd finally be able to give everyone you want something they want. I hope you can deliver?

### Capricorn (Dec 22 - Jan 20)

You little hoarder you. You've been hoarding all kinds of goodies and tucking away extra pennies all year so you can treat your friends and family this holiday season. I hope you left something for yourself.

## Ask Amber

### Your sassy, satirical self-help guru



So you haven't gone to class for an entire semester. You've magically been granted extensions for every single one of your assignments. Now you need to learn several classes worth of content in a few days. You've checked out because the holidays are coming and you are emotionally and physically exhausting from doing...whatever you've been doing. You're not too sure. Congrats! You're me. Here's your handy dandy guide to surviving Christmas exams with no preparation.

**Step One:** Immediately waste two hours Googling "how to study a semester's worth of course content in 48 hours". Hint? The answers are the same as they were *last* semester when you did this.

**Step Two:** Waste another three hours trying to take a power nap so you can "really focus on the work" for the next 12 hours.

**Step Three:** You were actually just on Reddit all three of those hours, so now you need to make a Tim Horton's run to buy coffee and food to keep you going. Might as well bring your friends.

**Step Four:** Realize you have a final essay due the same date as your final exam, and now you have to study AND write an essay.

**Step Five:** Stress cry. You haven't even started studying or writing anything. You deserve this cry break.

**Step Six:** Ask for an essay extension and pray to the Gods above that they will help you.

**Step Seven:** Leave Tim Horton's while doing some deep breathing exercises and repeating, "C's get degrees" to yourself. C's may get degrees, but they can also get you on academic probation.

**Step Eight:** Check to see if the drop deadline has passed even though you know it has. Try dropping it anyways?

**Step Nine:** You've wasted eight hours and you have 40 hours left. You've gone numb. You have tunnel vision. The next 40 hours are a blur of studying, writing, coffee, eye rubbing, deep sighs, and silent tears.

**Step Ten:** It's two weeks later. You somehow got a 75 in the class. Promise yourself you won't do this again (you will and when you do, refer back to this article).

## Enjoy Your -40 Degree Holidays!

An Original Comic by Sadie Sherman



